

VAL KUTCHKO

Academic Advisor & Lecturer • val.kutchko@pitt.edu

EDUCATION

- University of Michigan (U-M), Ann Arbor, MI** 2019
M.S. Gender & Feminist Psychology, *Joint with Psychology, Women's & Gender Studies depts.*
- University of Kansas, Lawrence, KS** 2016
B.G.S. double major in Psychology and Human Sexuality, *Magna Cum Laude*

TEACHING EXPERIENCE

Instructor, Psychology Dept; Office of Undergraduate Research • University of Pittsburgh

Courses taught:

- Psychology of Gender (Spring & Fall 2023)
- First Approaches to Research (Fall 2023)

Instructor, Psychology and Women's & Gender Studies • University of Michigan

Courses taught:

- Intro to Women's & Gender Studies (GSI Fall 2018; GSM Fall 2019 & Spring 2020)
- Gender & Health (GSI; Spring 2019)
- Psychology of Women & Gender (GSI; Spring 2018)
- Psychology of Human Sexuality (GSI; Fall 2017)

Graduate Student Mentor (GSM)

- Supervised and mentored 10-person graduate teaching team in addition to teaching duties.
- Co-created syllabi and curricula in coordination with faculty.
- Built and maintained Canvas sites; Set up gradebook and assignment rubrics; Wrote exams, quizzes, and developed assignments; Recorded and uploaded lectures.
- Ensured proactive, transparent communication between students, administrators, and instructors.

Graduate Student Instructor (GSI)

- Average rating of 4.8/5.0 across 131 student evaluations on all four areas: Teaching ability; Clarity of instruction; Preparedness; and Respect for students.
- Lectured and facilitated discussion for in-person and virtual classes of up to 300 students.
- Supported students through regular office hours, contacting academic advisors as needed, and providing regular feedback regarding student performance.
- Advanced students' knowledge of psychology and gender studies, strengthened critical thinking skills, and developed students' reading comprehension and writing abilities.

RESEARCH LAB INVOLVEMENT

Psychological Research on Gender, Research Methods, Sex, & Sexuality Lab 2018-2020
Researcher. PI: L. Monique Ward, Depts of Psychology, U-M

Psychological Research on Gender, Research Methods, Sex, & Sexuality Lab 2018-2020
Member. PI: Sara I. McClelland, Depts. of Psychology and Women's & Gender Studies, U-M

van Anders Social Neuroendocrinology Lab 2016-2018
Researcher. PI: Sari M. van Anders, Depts. of Psychology and Women's & Gender Studies, U-M

Gender, Sexuality, & Violence Lab 2014-2016
Undergraduate Researcher. PI: Charlene M. Muehlenhard, Dept. of Psychology, University of Kansas

PUBLICATIONS

van Anders, S. M., Schudson, Z., Abed, E., Beischel, W., Dibble, E., Gunther, O., **Kutchko, V. J.**, & E. Silver. (2017). Biological Sex, Gender, & Public Policy. *Policy Insights from the Behavioral & Brain Sciences*, 4(2), 194-201.

MANUSCRIPTS IN PREPARATION

Kutchko, V. J., Gormezano, A. M., Chadwick, S. B., & van Anders, S. M. (under review). Multifaceted sexual fantasy: How does fantasy nurturance, eroticism, and target relate to satisfaction, affect, and arousal? Target journal: *Archives of Sexual Behavior*.

ACADEMIC PRESENTATIONS

Papp, L. J., **Kutchko, V. J.**, Aguinaldo, E. R., & Ward, L. M. (June, 2020). *Is "Manning Up" Bringing Boys Down? Boys' Media Use, Gender Beliefs, and Well-Being*. Oral presentation at the annual conference of the Society for the Psychological Study of Social Issues in Denver, CO.

Kutchko, V. J., Chadwick, S. B., Gormezano, A. M., & van Anders, S. M. (November 2018). *Sexual Fantasy: How Nurturance and Eroticism Relate to Affect and Arousal*. Oral presentation at the annual conference of the Society for the Scientific Study of Sexuality in Montreal, Canada.

Kutchko, V. J., Chadwick, S. B., & van Anders, S. M. (July 2018). *Multifaceted Experiences of Sexual Fantasy*. Poster presentation at the annual conference of the International Academy of Sex Research (IASR) in Madrid, Spain.

Kutchko, V. J., & S. M. van Anders (2018). *Sexual Fantasy: Content and Function*. Oral presentation for the Gender & Feminist Psychology Brown Bag at the University of Michigan, Ann Arbor, MI.

He, L., **Kutchko, V. J.**, Rowley, S., & Stubbs, A. (2016). *Psychophysiological Measures of Cognitive Dissonance: Attitudes Toward Lesbians and Gay Men*. Poster presentation at the Symposium for Undergraduate Psychology Engagement & Research (SUPER) at the University of Kansas, Lawrence, KS.

Kutchko, V. J. & Muehlenhard, C. L. (2016). *Bystanders' Reactions to Sexually Coercive Situations: Challenges for Bystander Intervention Programs*. Oral presentation at the annual conference for Gender & Sexuality in Kansas at Wichita State University, Wichita, KS.

Kutchko, V. J., & Muehlenhard, C. L. (2015). *Bystanders to Sexual Coercion: Real Life Experiences*. Oral presentation at the annual conference of the Society for the Scientific Study of Sexuality (SSSS) in Albuquerque, New Mexico.

INVITED LECTURES & PANELS

- Kutchko, V. J.** (April 2022). Topic: Sexual assault, aggression, and consent. Presented to students in PSY 0184: Psychology of Gender, University of Pittsburgh. (Instructor: Melinda Ciccocioppo).
Panelist for "Sexual Citizenship and the Latinx/Latine Community, *La Casa* community organization, Ann Arbor, MI. (June 2020).
- Kutchko, V. J.** (April, 2020). Topic: The power of hormones in gender affirmation. Presented to students in Women's Studies/American Culture 240: Introduction to Women's Studies, University of Michigan. (Instructor: Dr. Allison Alexy).
- Kutchko, V. J.** (November, 2019). Topic: The politics of desirability. Presented to students in Women's Studies/American Culture 240: Introduction to Women's Studies, University of Michigan. (Instructor: Dr. Maria Cotera).
Panelist for "The Ethics and Politics of Re-Entering the Public Sphere After Sexual Misconduct," Rackham Interdisciplinary Workshop, Race, Gender, and Feminist Philosophy Working Group, University of Michigan, Ann Arbor, MI. (April 2019).
- Kutchko, V. J.** (February, 2019). Topic: Violence against women and its effects on women's health. Presented to students in Women's Studies/Nursing 220: Perspectives in Women's Health, University of Michigan. (Instructors: Drs. Lee Roosevelt & Joanne Bailey).
- Kutchko, V. J.** (October, 2018). Topic: The politics of desirability. Presented to students in Women's Studies/American Culture 240: Introduction to Women's Studies, University of Michigan. (Instructor: Dr. LaKisha Simmons).
- Kutchko, V. J.** (April, 2018). Topic: Power, gender, and space. Presented to students in Psychology /Women's Studies 291: Psychology of Women and Gender, University of Michigan. (Instructor: Dr. Sara McClelland).
- Kutchko, V. J.** (November, 2017). Topic: Psychology of sexual fantasy. Presented to students in Psychology/Women's Studies 225: Psychology of Human Sexuality, University of Michigan. (Instructor: Dr. Terri Conley).
- Kutchko, V. J.** (April, 2016). Topic: Sex and gender in human development . Presented to students in Psychology 218: Human Development, Johnson County Community College. (Instructor: Dawn DeJarnette, M.A.).
- Kutchko, V. J.** (March, 2016). Topic: Developing research topics and study design. Presented to Sociology 220: Sociology of Families, University of Kansas. (Instructor: Dr. Pooya Naderi).

HONORS AND AWARDS

Women's Studies Summer Research Grant, University of Michigan; \$2000	2018
Women's Studies Summer Research Grant, University of Michigan; \$2500	2017
Women's Studies Conference Travel Grant, University of Michigan; \$640	2017
Rackham Regent's Fellowship, University of Michigan; \$4000	2016-2017
Departmental Honors in Psychology, University of Kansas	2016
Departmental Honors in Human Sexuality, University of Kansas	2016
Center for Undergraduate Research Research Award, University of Kansas; \$1000	2015