



4. **Cross, M. P.**, Acevedo, A. M., Leger, K. A., & Pressman, S. D. (2022). How and why could smiling influence physical health? *Health Psychology Review*, *17*(2), 321-343. doi:10.1080/17437199.2022.2052740
5. **Cross, M. P.**, Hunter, J. F., \*Smith, J. R., Twidwell, R., & Pressman, S. D. (2022). Comparing, differentiating, and applying affective facial coding techniques for the assessment of positive emotion. *Journal of Positive Psychology*. doi:10.1080/17439760.2022.2036796
6. Jenkins, B. N., **Cross, M. P.**, Donaldson, C., Pressman, S. D., Fortier, M. A., Kain, Z. N., Cohen, S., Martin, L., & Farkas, G. (2021). The subcomponents of affect scale (SAS): Validating a widely used affect scale. *Psychology & Health*. doi:10.1080/08870446.2021.2000612
7. **Cross, M. P.**, Gheorma, L., & Pressman, S. D. (2019). Contrasting experimentally device-manipulated and device-free smiles. *Frontiers in Psychology (Emotion Science)*, *10*, 2297. doi:10.3389/fpsyg.2019.02297
8. Urban, E. J., Cochran, K. J., Acevedo, A. M., **Cross, M. P.**, Pressman, S. D., & Loftus, E. F. (2019). Misremembering pain: A memory blindness approach to adding a better end. *Memory & Cognition*, *47*(5), 954-967. doi.org/10.3758/s13421-019-00913-9
9. \*Kim, G., **Cross, M. P.**, & Pressman, S. D. (2019). The connections between personality traits, pain threshold, and pain tolerance. *The UCI Undergraduate Research Journal*, *XXII*.
10. **Cross, M. P.** & Pressman, S. D. (2018). Say cheese? The connections between positive facial expressions in student identification photographs and health care seeking behavior. *Journal of Health Psychology*, *25*(13-14), 2511-2519. doi:10.1177/1359105318790066
11. Pressman, S. D. & **Cross, M. P.** (2018). Moving beyond a one-size-fits-all view of positive affect in health research. *Current Directions in Psychological Science*, *27*(5), 339-344. doi.org/10.1177/0963721418760214
12. **Cross, M. P.**, \*Hofschneider, L., \*Grimm, M., & Pressman, S. D. (2018). Subjective well-being and physical health. In E. Diener, S. Oishi, and L. Tay (Eds.), *Handbook of Well-Being*. Salt Lake City, UT: DEF Publishers. doi:nobascholar.com
13. Jenkins, B. N., Hunter, J. F., **Cross, M. P.**, Acevedo, A. M., & Pressman, S. D. (2018). When is affect variability bad for health? The association between affect variability and immune response to the influenza vaccination. *Journal of Psychosomatic Research*, *104*, 41-47. doi:10.1016/j.jpsychores.2017.11.002
14. Hunter, J., F., **Cross, M. P.**, & Pressman, S. D. (2018). The associations between positive affect and health: Findings and future directions. In C.R. Snyder, S. J. Lopez, L. M. Edwards, and S. C. Marques (Eds.), *The Oxford Handbook of Positive Psychology*, 3<sup>rd</sup> Edition.

15. **Cross, M. P.**, & Pressman, S. D. (2017). Understanding the connections between positive affect and health. In C. L. Cooper and J. C. Quick (Eds.), *The Wiley Handbook of Stress and Health: A Guide to Research and Practice*.
16. Pressman, S. D., Kraft, T. L., & **Cross, M. P.** (2015). It's good to do good and receive good: The impact of a "pay it forward" style kindness intervention on giver and receiver well-being. *Journal of Positive Psychology, 10*(4), 293-302.  
doi:10.1080/17439760.2014.965269

### **Manuscripts Under Review**

1. Delgadillo, D. R., Borelli, J. L., Mayer, E., Labus, J., **Cross, M. P.**, & Pressman, S. D. Biological, environmental, and psychological stress and the human gut microbiome in healthy adults. *Scientific Reports*.

### **Manuscripts in Preparation**

1. **Cross, M. P.**, Acevedo, A. M., & Pressman, S. D. The psychological and physiological effects of experimentally induced smiling during physical pain.
2. **Cross, M. P.**, Luu, J., & Pressman, S. D. Facial feedback research has an adherence problem.

### **GRANTS AND FELLOWSHIPS**

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Teaching Materials Grant (\$200) Schreyer New Faculty Colleagues Group The Pennsylvania State University	2020
Dean's Dissertation Writing Fellowship (\$12,885) School of Social Ecology University of California, Irvine	2019
Multidisciplinary Design Program (\$2,000) Undergraduate Research Opportunities Program University of California, Irvine <i>Awarded to projects that provide an environment for undergraduate students to develop the multidisciplinary skills and knowledge that will propel them into further studies or careers in fields that explore the connections between different disciplines</i>	2017
La Verne Noyes Fellowship (\$3,000) University of California, Irvine <i>Awarded to an academically superior graduate student who is a direct descendant of a World War I U.S. Navy or Army veteran</i>	2016

## **HONORS AND AWARDS**

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- Teaching Excellence Award 2023  
 College of Health and Human Development  
 The Pennsylvania State University  
*Recognizes hard work, dedication, and outstanding performance in undergraduate teaching and learning*
- Nominee for the George W. Atherton Award for Excellence in Teaching 2022  
 The Pennsylvania State University  
*Presented each year to six faculty members across the university who have demonstrated excellence in undergraduate teaching*
- Outstanding Mentoring Award (\$200) 2014, 2015, 2016, 2017, 2019  
 School of Social Ecology  
 University of California, Irvine
- Carol Kupers Whalen Graduate Research Award (\$1,000) 2018  
 Department of Psychological Science  
 University of California, Irvine  
*Awarded to a graduate student who is conducting innovative research on a fundamental question in health psychology and contributes to the department beyond his or her own work*
- Dissertation Research Award (\$1,000) 2017  
 American Psychological Association
- Dissertation Data Collection Stipend (\$1,000) 2017  
 School of Social Ecology  
 University of California, Irvine
- Alison Clarke-Stewart Excellence in Research Award (\$500) 2015  
 Department of Psychological Science  
 University of California, Irvine  
*Awarded to the graduate student who submitted the best second year project; given to a paper that was creative, original, theoretically and practically strong, and reflected a large amount of independent work by the student*
- Graduate Research Fellowship Program Honorable Mention 2015  
 National Science Foundation

## **TEACHING EXPERIENCE**

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### **Instructor at University of Pittsburgh**

Mean ratings are from student course evaluations. Synchronous courses were in-person unless otherwise noted.

#### *Synchronous Courses*

<b>Course</b>	<b>Number of Sections</b>	<b>Average Rating</b>	<b>Course Enrollment</b>
Research Methods Lecture	1	Not yet available	59-60 students
Research Methods Lab	1	Not yet available	23 students

### **Instructor at The Pennsylvania State University**

Mean ratings are from student course evaluations. Synchronous courses were in-person unless otherwise noted. Student evaluations changed from a 7 point scale to a 5 point scale in fall of 2023, so classes on this new scale are included as separate rows.

#### *Synchronous Courses*

<b>Course</b>	<b>Number of Sections</b>	<b>Average Rating</b>	<b>Course Enrollment</b>
Research and Applications in Biobehavioral Health	4 (1 hybrid section)	6.74 out of 7	34-39 students
Research and Applications in Biobehavioral Health	1	5 out of 5	35 students
Interdisciplinary Integration in Biobehavioral Health	3	6.44 out of 7	82-110 students
Introduction to Biobehavioral Health	1 (virtual)	6.52 out of 7	125 students

#### *Asynchronous Online Courses*

<b>Course</b>	<b>Number of Sections</b>	<b>Average Rating</b>	<b>Course Enrollment</b>
Values and Ethics in Biobehavioral Health Research and Practice	10	6.30 out of 7	18-26 students
Values and Ethics in Biobehavioral Health Research and Practice	1	4.4 out of 5	24 students
Introduction to Biobehavioral Health	7	6.56 out of 7	33-39 students
Biobehavioral Aspects of Stress	6	6.15 out of 7	29-40 students

Biobehavioral Aspects of Stress	1	4.86 out of 5	36 students
Gender and Biobehavioral Health	6	6.24 out of 7	16-36 students
Gender and Biobehavioral Health	1	4.75 out of 5	40 students
Diversity and Health	3	6.55 out of 7	16-39 students

### **Instructor at the University of California, Irvine**

Mean ratings are from student course evaluations. All courses were in-person.

### ***Synchronous Courses***

Course	Number of Sections	Average Rating	Course Enrollment
Human Stress	2	6.07 out of 7	230-252 students
Health Psychology	1	8.5 out of 9	39 students

### **CONFERENCE PRESENTATIONS**

*\*Denotes an undergraduate student I directly supervised in research*

### **Invited Academic Talks**

1. **Cross, M. P.** (March, 2019). *Careers in teaching psychosomatic medicine*. 77<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Vancouver, Canada.

### **Submitted/Reviewed Academic Talks**

1. Jenkins, B. N., Ong, L., Boehm, J., Hunter, J., **Cross, M. P.**, Acevedo, A., Pressman, S. D., Richardson, M., & Conner, T. (March, 2020). *When is affect variability bad? Examining the associations between affect variability and mental, physiological, and physical health outcomes*. Paper to be presented at the 78<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Long Beach, CA. *Conference cancelled*.
2. Jenkins, B. N., **Cross, M. P.**, Goldstein, A., Kraft-Feil, T. L., Rasmussen, H., Scheier, M. F., & Pressman, S. D. (March, 2019). *The stress buffering effect of positive affect on sleep: Considering arousal level of positive affect*. Paper presentation at the 77<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Vancouver, Canada.
3. Jenkins, B. N., Hunter, J. F., **Cross, M. P.**, Acevedo, A. M., & Pressman, S. D. (April, 2018). *Mean positive affect moderates the association between positive affect variability and immune response to the influenza vaccination*. Paper presentation at the Positive Emotion Preconference at the 5<sup>th</sup> Annual Meeting of the Society for Affective Science, Los Angeles, CA.

4. Pressman, S. D., Acevedo, A. M., **Cross, M. P.**, Hunter, J. F., & Jenkins, B. N. (April, 2018). *Keep calm and fight pain: How arousal matters in the positive affect-pain connection*. Paper presentation at the 5<sup>th</sup> Annual Meeting of the Society for Affective Science Annual Conference, Los Angeles, CA.
5. **Cross, M. P.**, & Pressman, S. D. (March, 2018). *The case for including facial expressions in affect and health research*. Paper presentation at the 76<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Louisville, KY.
6. **Cross, M. P.**, Kraft, T. L., & Pressman, S. D. (April, 2016). *The impact of a “pay it forward” style kindness intervention on giver and receiver wellbeing*. Paper presentation at the 96<sup>th</sup> Annual Convention of the Western Psychological Association, Long Beach, CA.
7. Pressman, S. D., & **Cross, M. P.** (March, 2016). *Say cheese! The association between smiles in student identification photographs and frequency of health care center visits*. Paper presentation at the Positive Emotion Preconference at the 3<sup>rd</sup> Annual Meeting of the Society for Affective Science, Chicago, IL.
8. **Cross, M.**, Brooks, K., & Robles, T. (April, 2012). *We get by with a little help from our friends: The relationship between types of social support and emotion*. Paper presentation at the Berkeley Interdisciplinary Research Conference at UCB, Berkeley, CA.

### **Chaired Symposia**

1. **Cross, M. P.** (March, 2024). Positive factors in aging populations. 81<sup>st</sup> Annual Scientific Meeting of the American Psychosomatic Society, Brighton, United Kingdom.
2. **Cross, M. P.** (March, 2019). HIV. 77<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Vancouver, Canada.
3. **Cross, M. P.** (March, 2018). Pain and physical symptoms. 76<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Louisville, KY.

### **Poster Presentations**

1. Delgadillo, D. R., Borelli, J. L., Mayer, E. A., Labus, J. S., **Cross, M. P.**, & Pressman, S. D. (May, 2024). Biological, environmental, and psychological stress and the human gut microbiome in healthy adults. Poster presentation at Digestive Disease Week, Washington, D.C.
2. \*Khan, A., Olah, M., \*Palmer, S., \*Smith, J., \*Resendiz, E., **Cross, M. P.**, & Pressman, S. D. (April, 2019). The relationship between personality and facial expression adherence. Poster presentation at the 99<sup>th</sup> Annual Convention of the Western Psychological Association, Pasadena, CA.

3. \*Kim, G. J., \*Singh, T., \*Hollas, K., \*Tran, T., \*Chen, S., \*Corona, R., **Cross, M. P.**, & Pressman, S. D. (May, 2018). *An analysis of Cyberball as an effective social exclusion tool*. Poster presentation at the 30<sup>th</sup> Annual Convention of the Association for Psychological Science, San Francisco, CA.
4. \*Dominguez Ortega, D., \*Zheng, Z., \*Chen, S., \*Singh, T., \*Galstyan, E., \*Gheorma, L., **Cross, M. P.**, & Pressman, S. D. (April, 2017). *A comparison of manipulated and natural smile facial muscle activation*. Poster presentation at the 97<sup>th</sup> Annual Convention of the Western Psychological Association, Sacramento, CA.
5. **Cross, M. P.**, Acevedo, A. M, Hunter, J. F., & Pressman, S. D. (March, 2017). *Smile while your heart is breaking? The protective cardiovascular effects of smiling during social exclusion*. Poster presentation at the 75<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Sevilla, Spain.
6. Hunter, J. F., Hooker, E., Acevedo, A. M., **Cross, M. P.**, \*Wong, E. & Pressman, S. D. (March, 2017). *Is your smartphone a digital security blanket? How phone use and availability influences salivary alpha amylase and exclusion reports during social stress*. Poster presentation at the 75<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Sevilla, Spain.
7. Acevedo, A. M., Leger, K., \*Shader, J., Hunter, J. F., **Cross, M. P.**, & Pressman, S. D. (March, 2017). *Keep calm and carry on: Low arousal positive affect is associated with higher parasympathetic function and no sympathetic activation during responses to pain*. Poster presentation at the 75<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Sevilla, Spain.
8. \*Dominguez Ortega, D., \*Singh, T., \*Zhang, S., \*Koh, S. E., \*Carcano, A., \*Gheorma, L., **Cross, M. P.**, & Pressman, S. D. (March, 2017). *Using psychophysiological methods to understand the effects of different positive facial expression manipulations*. Poster presentation at the 38<sup>th</sup> Annual Meeting of the Society for Behavioral Medicine, San Diego, CA.
9. \*Hofschneider, L., \*Grimm, M., \*Wang, H. D., \*King, K., \*Ochiai, K., \*Ong, P., **Cross, M. P.**, & Pressman, S. D. (March, 2017). *Do loneliness and self-esteem alter the influence of self-affirmation on stress recovery?* Poster presentation at the 38<sup>th</sup> Annual Meeting of the Society for Behavioral Medicine, San Diego, CA.
10. Urban, E. J., Cochran, K. J., Acevedo, A., **Cross, M. P.**, Pressman, S. D., & Loftus, E. F. (January, 2017). *Underestimating pain: Memory blindness for a self-reported painful experience*. Poster presentation at the 18<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, San Antonio, TX.
11. Chase, D., **Cross, M. P.**, & Pressman, S. D. (April, 2016). *Do personality traits predict health care seeking behaviors in college students?* Poster presentation at the 96<sup>th</sup> Annual Convention of the Western Psychological Association, Long Beach, CA.



12. \*Gheorma, L., \*Carcano, A., \*Koh, S., \*Nguy, C. T., \*Ortega, D. D., \*Shader, J., **Cross, M. P.**, Pressman, S. D. (April, 2016). *The smile stick: The validation of a new method of smile inducement*. Poster presentation at the 96<sup>th</sup> Annual Convention of the Western Psychological Association, Long Beach, CA.
13. Limas, I., Villarreal, B. J., **Cross, M. P.**, & Heckhausen, J. (April, 2016). *Academic stress, motivation, and mental and physical health in university students*. Poster presentation at the 96<sup>th</sup> Annual Convention of the Western Psychological Association, Long Beach, CA.
14. **Cross, M. P.**, & Pressman, S. D. (March, 2016). *Does a smile a day keep the doctor away? The connections between facial expressions in student identification photographs and health care center visitation*. Poster presentation at the 74<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Denver, CO.
15. **Cross, M. P.**, \*Gheorma, L., \*Hofschneider, L., \*Grimm, M., & Pressman, S. D. (January, 2016). *Does a smile a day keep the doctor away? The connections between facial expressions in student identification photographs and health care center visitation*. Poster presentation at the 17<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, San Diego, CA.
16. \*Smirnova, M., \*McKenna, C., \*Faraci, D. C., **Cross, M. P.**, Pressman, S. D., & Ditto, P. H. (January, 2016). *The influence of smiling on cheating*. Poster presentation at the 17<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, San Diego, CA.
17. \*Faraci, D. C., \*McKenna, C., \*Smirnova, M., **Cross, M. P.**, Pressman, S. D., & Ditto, P. H. (January, 2016). *The influence of smiling on moral decision making*. Poster presentation at the 17<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, San Diego, CA.
18. \*McKenna, C. \*Smirnova, M., \*Faraci, D. C., **Cross, M. P.**, Pressman, S. D., & Ditto, P. H. (January, 2016). *The influence of smiling on evaluating moral foundation transgressions*. Poster presentation at the 17<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, San Diego, CA.
19. **Cross, M. P.**, \*Faraci, D. C., \*Milligan, S., \*Gheorma, L., & Pressman, S. D. (March, 2015). *Fake smiles = worse health: The connection between smile type in student photos and physical health*. Poster presentation at the 73<sup>rd</sup> Annual Scientific Meeting of the American Psychosomatic Society, Savannah, GA.
20. \*Faraci, D. C., \*Milligan, S., \*Gheorma, L., **Cross, M. P.**, & Pressman, S. D. (February, 2015). *The connections between smile intensity in student ID photos and health*. Poster presentation at the 16<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, Long Beach, CA.

21. **Cross, M. P.**, Kraft, T. L., & Pressman, S. D. (February, 2015). *It's good to do good and receive good: The impact of a "pay it forward" style intervention on giver and receiver wellbeing.* Poster presentation at the 16<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, Long Beach, CA.
22. **Cross, M. P.**, Kraft, T. L., & Pressman, S. D. (February, 2015). *It's good to do good and receive good: The impact of a "pay it forward" style intervention on giver and receiver wellbeing.* Poster presentation at the Happiness and Well-being Pre-Conference, Society for Personality & Social Psychology, Long Beach, CA.
23. **Cross, M. P.**, \*Estevez Cores, S. M., \*Bower, A. H., & Pressman, S. D. (March, 2014). *What types of social relationship variables are associated with respiratory sinus arrhythmia?* Poster presentation at the 72<sup>nd</sup> Annual Scientific Meeting of the American Psychosomatic Society in San Francisco, CA.
24. Leger, K. A., **Cross, M. P.**, & Pressman, S. D. (March, 2014). *The relationship between self-rated health, heart rate, and heart rate variability in healthy young adults.* Poster presentation at the 72<sup>nd</sup> Annual Scientific Meeting of the American Psychosomatic Society in San Francisco, CA.
25. **Cross, M.**, Brooks, K., & Robles, T. (May, 2012). *We get by with a little help from our friends: The relationship between types of social support and emotion.* Poster presentation at the Psychology Undergraduate Research Conference at UCLA, Los Angeles, CA.
26. **Cross, M.**, Frazier, M., Galligan, M., Vishnevsky, R., Thom, E., & Sandhofer, C. (2011, May). *Examining the relationship between word learning and experience within categories.* Poster presentation at the Psychology Undergraduate Research Conference at UCLA, Los Angeles, CA.
27. **Cross, M.**, Frazier, M., Galligan, M., Vishnevsky, R., Thom, E., & Sandhofer, C. (May, 2011). *Examining the relationship between word learning and experience within categories.* Poster presentation at the Symposium on Cognitive and Language Development at California State University Los Angeles, Los Angeles, CA.

## **PROFESSIONAL SERVICE**

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|---|----------------|
| Co-Chair of the American Psychosomatic Society<br>Psychosocial Wellbeing and Health Special Interest Group<br><i>Responsible for conference programming on the topic of<br/>         psychosocial wellbeing and health</i>        | 2023 – present |
| American Psychosomatic Society Emerging Leaders<br>Committee<br><i>Responsible for promoting the development of early career<br/>         members and trainees as scholars and leaders in psychosomatic<br/>         medicine</i> | 2017 – 2020    |

American Psychosomatic Society Program Committee Member 2017 – 2019  
*Responsible for developing the academic portions of the Annual Meeting*

Mentor for the International Medicine Education and Development Club at the University of California, Irvine 2018 – 2019  
*Served as a mentor for two undergraduate students who were interested in careers in the health sciences*

### **Ad Hoc Reviewer**

*Applied Psychology: Health and Well-Being*  
*Behavior Research Methods*  
*Frontiers in Psychology: Cultural Psychology*  
*Frontiers in Psychology: Personality and Social Psychology*  
*Health Psychology*  
*International Journal of Applied Positive Psychology*  
*International Journal of Behavioral Medicine*  
*International Journal of Wellbeing*  
*Journal of Health Psychology*  
*Journal of Multidisciplinary Healthcare*  
*Perspectives on Psychological Science*  
*Teaching and Teacher Education*

### **DEPARTMENTAL SERVICE**

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#### **The Pennsylvania State University**

Honors Advising Team 2022 – 2024  
 Department of Biobehavioral Health

World Campus Committee 2019 – 2024  
 Department of Biobehavioral Health

Teaching Faculty Search Committee Member 2022 – 2023  
 Department of Biobehavioral Health

Experiential Programs Admissions Committee 2020 – 2022  
 Department of Biobehavioral Health

World Campus Faculty Search Committee Member 2021  
 Department of Biobehavioral Health

Global Health Admissions Committee 2019 – 2020  
 Department of Biobehavioral Health

**University of California, Irvine**

Clinical Neuropsychology and Aging Faculty Search Committee Member 2018  
Department of Psychological Science

NSF GRFP Internal Review Committee 2018  
School of Social Ecology

Graduate Recruitment Chair 2016 – 2017  
Department of Psychological Science  
*Responsible for coordinating the interview weekend for potential future graduate students*

Social Chair 2014 – 2016  
Department of Psychological Science  
*Responsible for planning community-building events for faculty and graduate students*

**UNIVERSITY SERVICE**

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Speaker for “Engaging Disciplinarity: A Writing Speaker Series” 2022  
Title of talk: “Writing in the Health Sciences: Evaluating the Legitimacy of Sources and the Role of Popular Media”  
Co-presenter: Dr. Beth Edwards  
The Writing Center @ Penn State Learning

Schreyer Honors College Selection Committee 2019 – 2020  
The Pennsylvania State University

**PROFESSIONAL DEVELOPMENT**

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***Certificates Completed***

Mental Health First Aid 2022  
*A national program to teach the skills to respond to the signs of mental illness and substance abuse*

Foundations for Online Teaching Certificate 2021  
Pennsylvania State University  
*Four-course online certificate to help develop essential competence in online teaching*

***Courses Completed***

<p>“Excellence in Academic Advising”          Pennsylvania State University  <i>Designed to provide faculty with a solid foundation for best practices in academic advising</i></p>	2022
<p>“Teaching the International Student”          Pennsylvania State University  <i>Designed to help faculty in preparing to work with international students in an online environment</i></p>	2021
<p>“Supporting World Campus Students in Distress”          Pennsylvania State University  <i>Designed to help faculty effectively address concerns about student behavior and care</i></p>	2021
<p>“Serving the Military and Veteran Student”          Pennsylvania State University  <i>Designed to help faculty learn about military and veteran students and how best to support them in our classes</i></p>	2021
<p>“Supporting Accessibility for Online Learners”          Pennsylvania State University  <i>Focused on processes that support student accessibility to online learning</i></p>	2020
<p>“Teaching the Adult Learner”          Pennsylvania State University  <i>Provided a basic understanding of the adult learner and assisted with effective teaching methodologies</i></p>	2020
<p>“Introduction to World Campus”          Pennsylvania State University  <i>Designed to provide an introductory look at the process by which a World Campus program and course are developed</i></p>	2020
<p>“Introduction to Canvas”          Pennsylvania State University  <i>Designed to build faculty competency in using many features of Canvas</i></p>	2019
<p>“Essentials of Online Teaching”          Pennsylvania State University  <i>Designed to provide a solid foundation to practice effective online teaching</i></p>	2019

## **PROFESSIONAL AFFILIATIONS**

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American Psychosomatic Society	2013 – present
American Psychological Association Division 2, Society for the Teaching of Psychology Division 38, Health Psychology	2017 – 2022

## **PRESS/NEWS COVERAGE**

### ***Podcast Interviews***

“It’s Not All in Your Head: The Immune System and Mental Health Connection.” *Therapeutic Perspective*. October 21, 2021. <https://therapeuticperspective.com/podcast/episode-25-its-not-all-in-your-head-the-immune-system-and-mental-health-connection/>

“The Science of Smiling with Dr. Marie Cross.” *The Science of Light Podcast*. June 9, 2021. <https://www.yogiscopes.com/podcast/16>

### ***Blogs***

McCarthy, J. (2023, September 3). Smiling: A possible ingredient in creative thinking? *Psychology Today*. <https://www.psychologytoday.com/us/blog/the-innovator-next-door/202308/smiling-a-possible-ingredient-in-creative-thinking>