# SOPHIA CHOUKAS-BRADLEY, Ph.D.

Curriculum Vitae *Updated May 2023* 

University of Pittsburgh Department of Psychology Sennott Square, 210 S. Bouquet St.

Pittsburgh, PA 15260

Email: scb.1@pitt.edu; schoukas@gmail.com Website: <u>www.sophiachoukasbradley.com</u> Lab: Teen and Young Adult Lab (TAYA Lab)

Twitter: @TAYA Lab

#### **EDUCATION & TRAINING**

# University of Pittsburgh, Department of Psychiatry, Pittsburgh, PA

Western Psychiatric Hospital, University of Pittsburgh Medical Center

2016–2017 <u>T32 Postdoctoral Fellowship:</u> Clinical Research Training for

Psychologists (MH018269-30, PI: Goldstein)

2015–2016 <u>Pre-Doctoral Clinical Internship</u>

# University of North Carolina, Department of Psychology & Neuroscience, Chapel Hill, NC

2016 Ph.D. in Clinical Psychology

2011 <u>M.A. in Psychology</u>

# Brown University, Providence, RI

2008 A.B. in Psychology, magna cum laude, Honors in Psychology

#### **POSITIONS & LICENSURE**

#### University of Pittsburgh, Pittsburgh, PA

Department of Psychology: Developmental, Clinical, & Social Programs

2022-Present
2020-2022
2017-2020
Assistant Professor
Assistant Professor
Assistant Professor

Gender, Sexuality, & Women's Studies Program

2017-Present <u>Affiliated Faculty Member</u>

# University of Delaware, Newark, DE

Department of Psychological & Brain Sciences: Clinical Science Program

2020-2022 <u>Assistant Professor</u>

# Licensed Psychologist in Pennsylvania

2018-Present License #PS018622

### **AWARDS & HONORS**

# Selected research awards & honors

2021	<b>Women's Studies Faculty Research Award,</b> University of Delaware Department of Women & Gender Studies (one awarded)
2020	APS Rising Star, Association for Psychological Science
2018	<b>APA Division 7 Early Career Grant in Developmental Psychology,</b> American Psychological Association (one awarded)
2017	Full Member, International Academy of Sex Research

		Sophia Choukas-Bradley, Ph.D. • May 2023
2015		<b>Martin S. Wallach Award</b> , for outstanding doctoral candidate in clinical psychology, University of North Carolina at Chapel Hill
2008		<b>Muriel Fen Sher Award</b> , awarded to one undergraduate student for outstanding work in psychology, Brown University
2008		<b>Davids Book Prize</b> , awarded to one undergraduate student for promise in clinical psychology, Brown University
<u>Teach</u>	<u>ing an</u>	d service awards & honors
2023		<b>Psychology Department Faculty Excellence in Teaching Award</b> , University of Pittsburgh (inaugural award, one awarded)
2015		<b>SSCP Outstanding Student Teacher Award</b> , Society for a Science of Clinical Psychology
2014		<b>Psi Chi Teaching Award</b> , University of North Carolina Department of Psychology
2014		<b>Rosa Swanson Award</b> , for creating a supportive professional environment, University of North Carolina Department of Psychology
2012-	-2014	<b>Three Letters of Commendation for Excellence in Teaching,</b> for student evaluations in top 10% of instructors and faculty, University of North Carolina
Selected fellowships & honors received by graduate students in Choukas-Bradley lab		
2023	Acade	my for Eating Disorders Early Career SIG Research Award: Savannah Roberts
2023	Natio	nal Science Foundation Graduate Research Fellowship: Claire Stout
2021	Natio	nal Science Foundation Graduate Research Fellowship: Savannah Roberts
2020	APAG	S/Psi Chi Junior Scientist Fellowship: Savannah Roberts
2020	Natio	nal Science Foundation Graduate Research Fellowship: Anne Maheux

#### **GRANT SUPPORT**

#### **Current grant support**

#### Susan Crown Exchange & Pivotal Ventures

"Development and evaluation of digital wellness resources for adolescents"

2019 **APAGS/Psi Chi Junior Scientist Fellowship**: Anne Maheux

\$416,666 (direct costs awarded to University of Pittsburgh with Choukas-Bradley as PI) 1/2023 - 12/2025

# Role: Principal Investigator at University of Pittsburgh Site (25% effort)

(Part of a center grant awarded to Harvard Graduate School of Education, PIs Emily Weinstein & Carrie James)

# **UPMC Competitive Medical Research Fund**

"Identifying the impact of social media on dating and adolescent relationship abuse" \$30,000; 7/2023 - 6/2025

**Role: Co-Investigator** 

PI: Maya Ragavan, University of Pittsburgh Department of Pediatrics

# Pitt Momentum Funds: Scaling Grant (two awarded across university)

"Examining psychosocial correlates of loneliness and perceived isolation among marginalized youth" \$394,645 (total costs); 6/2023 - 6/2025

PI: César Escobar-Viera, University of Pittsburgh Department of Psychiatry

**Role: Co-Investigator** (2.5% cost-shared effort)

#### National Institutes of Health R03 – HD 105784

"Psychosocial Predictors of Condom Use Among Adolescents: A Meta-Analysis"

\$152,000 (total costs); 7/2022-6/2024

PI: Laura Widman, North Carolina State University Department of Psychology

**Role: Consultant** 

#### National Institutes of Health R21 - MH 125256

"Social Media as a Predictor of Proximal Risk in Youth Suicide Attempters"

\$435,948 (total costs); 2/2022-1/2024

PI: Jamie Zelazny, University of Pittsburgh School of Nursing

**Role: Co-Investigator** (1.5% effort)

# CTSI Research Initiative for Special Populations; University of Pittsburgh Clinical and Translational

Science Institute (CTSI), via NIH UL1 TR001857

"Sexual and Gender Minority Stress in Daily Life"

\$25,000 (direct costs); 9/2022-8/2023

PIs: Aidan Wright (faculty advisor) & Sienna Nielsen (graduate student PI), University of Pittsburgh Department of Psychology

Role: Co-Investigator (5% cost-shared effort)

# Susan Crown Exchange

"HX [Human Experience]: Intervention Development to Support Adolescents' Positive Social Media Use"

\$147,869 (direct costs); 6/2022-5/2023

PIs: Emily Weinstein and Carrie James, Harvard University Graduate School of Education

**Role: Co-Investigator** 

#### National Institutes of Health R01 - MH124866

"Neural Sensitivity to Social Evaluation and Daily Online and In-Person Social Experience with Peers: Predicting Fluctuations in Suicidality, Self-Harm, and Depressive Symptoms in Adolescent Girls" \$4,128,586 (total costs); 8/2021 – 7/2026

MPIs: Jennifer Silk, University of Pittsburgh Department of Psychology; Cecile Ladouceur, University of Pittsburgh Department of Psychiatry

**Role: Co-Investigator** (10% effort)

# **Recently completed grant support** (during faculty years)

#### Lesbian Health Fund Grant

"Psychosocial Factors and Depressive Symptoms Over Time Among Gender Minority Adolescents: A Longitudinal Pilot Study"

30,000 (direct costs; 10,000 from Lesbian Health Fund, with matching funds from University of Pittsburgh First staR Program awarded to Brian Thoma); 11/2021-10/2022

PI: Brian Thoma, University of Pittsburgh Department of Psychiatry

# **Role: Co-Investigator**

<u>Women's Studies Faculty Research Award</u>, University of Delaware Department of Women & Gender Studies and the Mae & Robert Carter Endowment in Women's Studies

"Understanding Gendered Racial Identity Among Black Young Women: Qualitative Interviews Exploring Body Image, Sexuality, & Mental Health"

\$4,972 (direct costs); 9/21 - 5/22

PI: Choukas-Bradley

**Role: Principal Investigator** 

# <u>BRIDGE Center Seed Grant</u>, BRIDGE Center of Carnegie Mellon University and University of Pittsburgh

"TeenBrainOnline: Breaking New Ground in Resolving the Teen Mental Health Crisis"

\$31,800 (direct costs); 2/2021 - 7/2021

PI: Caroline Oppenheimer, RTI

**Role: Co-Investigator** 

# <u>Pitt Innovation Challenge (PInCh)</u>, University of Pittsburgh Clinical and Translational Science Institute (CTSI)

"TeenBrainOnline: Breaking New Ground in Resolving the Teen Mental Health Crisis"

\$25,000 (direct costs); 10/2019 - 10/2020

PI: Caroline Oppenheimer, RTI

**Role: Co-Investigator** 

# Psi Chi Mamie Phipps Clark Diversity Research Grant

"Appearance-Related Math Stereotypes and Math Engagement Among College Men and Women: Assessing the Roles of Explicit and Implicit Stereotypes"

\$1,500; 8/2019-7/2020

PI: Anne Maheux, Graduate student in Choukas-Bradley lab

**Role: Sponsor/Advisor** 

# ETUDES Center Pilot Award (National Institute of Mental Health; ALACRITY Center (P50);

University of Pittsburgh's Center for Enhancing Treatment & Utilization for Depression & Emergent Suicidality [ETUDES])

"Developing and Assessing the Acceptability of a Social Media-Delivered Intervention to Optimize Social Media Use and Reduce Social Isolation Among Rural Sexual and Gender Minority Youth" \$75,000 (direct costs); 8/2019 – 8/2020

PI: César Escobar-Viera, University of Pittsburgh Department of Psychiatry

**Role: Co-Investigator** 

#### APA Division 7 Early Career Research Grant in Developmental Psychology

"Social Media Use and Body Image Concerns Among Adolescent Girls: A Pilot Study Using Eye-Tracking Technology"

\$1,000 (direct costs); 8/2018 - 8/2020

PI: Choukas-Bradley

**Role: Principal Investigator** 

University Research Council Grant: University of Pittsburgh Central Research Development Fund

"Social Media Use and Body Image Concerns: An Eye-Tracking Study of Young Women's Gaze Toward Social Media Images"

\$17,924 (direct costs); 8/2018 - 8/2020

PI: Choukas-Bradley

**Role: Principal Investigator** 

<u>CTSI Research Initiative for Special Populations;</u> University of Pittsburgh Clinical and Translational Science Institute (CTSI), via NIH UL1 TR001857

"The Intersection of LGBT Identity and Bipolar Disorder in Adolescence: Understanding Psychosocial Experiences, Treatment Course, and Risk for Suicide"

\$25,000 (direct costs); 7/2018 - 7/2019

**Role: Principal Investigator** 

# **<u>Previously completed grant support</u>** (during graduate school & post-doctoral fellowship years)

<u>University Research Council Grant for Research in Diversity</u>, University of Pittsburgh Central Research Development Fund

"Weight-Related Behaviors and Body Image Disturbance Disparities in Transgender Adolescents" \$2,300 (direct costs); 7/2017 – 7/2018

PI: Rachel Salk, University of Pittsburgh Department of Psychiatry

**Role: Co-Investigator** 

<u>Doug Kirby Adolescent Sexual Health Research Grant</u>, Rural Center for AIDS/STD Prevention (a joint project of Indiana University, University of Kentucky, and University of Arizona)

"Peer Influences on Adolescents' Development of Sexual Behavior"

\$750 (direct costs); 1/2015-12/2015

PI: Choukas-Bradley

**Role: Principal Investigator** 

Henry David Research Grant, American Psychological Foundation

"Peer Influences on Early Adolescents' Development of Sexual Behavior: An Innovative Experimental Paradigm and Longitudinal Study Design"

\$1,500 (direct costs); 6/2014 - 6/2015

PI: Choukas-Bradley

**Role: Principal Investigator** 

<u>Center for AIDS Research Developmental Award</u>, University of North Carolina Center for AIDS Research (P30 AI50410)

\$20,000 (direct costs); 7/12 – 7/13 PI: Mitch Prinstein; co-PI: Laura Widman

Role: Co-Investigator

#### **ACADEMIC PUBLICATIONS**

#### Summary of publication record

- **83** publications
- 73 publications in peer-reviewed journals
- **56** publications in journals w/impact factor > 3.50
- **15** manuscripts/chapters under review
- **31** h-index
- **51** i10-index
- **3,606** citations

#### Summary of first/senior-authorship record

- **36** first/senior author publications
- **28** first/senior author publications in peer-reviewed journals
- **21** first/senior author publications in journals w/ IF > 3.50
- **8** first/senior author manuscripts/chapters under review
- **15** h-index for first/senior author publications
- **19** i10-index for first/senior author publications
- **865** first/senior author citations

#### **PUBLICATIONS IN PEER-REVIEWED JOURNALS**

♦ Indicates SCB was first or senior author; \*graduate student in SCB lab; \*\*undergraduate or post-baccalaureate trainee in SCB lab; ^ SCB was senior author (i.e., mentored trainee first-author). *Impact factors are reported when* > 3.50.

# 2023, in press, and advanced online peer-reviewed publications (n = 5)

- 73. Bibby, E. S., **Choukas-Bradley, S.,** Widman, L., Turpyn, C., Prinstein, M. J., & Telzer, E. H. (in press). A longitudinal assessment of adolescents' sexual communication with parents, best friends, and dating partners. *Developmental Psychology.* ◆Journal's 2021 impact factor: 4.50
- 72. Jardas, E., \*\*Ladd, B. A., \*Maheux, A. J., **Choukas-Bradley, S.,** Salk, R. H., & Thoma, B. C. (in press). Testing the minority stress model across gender identity, race, and ethnicity among U.S. gender minority adolescents. *Journal of Psychopathology and Clinical Science [formerly Journal of Abnormal Psychology]*. ◆Journal's 2021 impact factor: 7.51
- 71. Hurst, J. L., Widman, L., Brasileiro, J., \*Maheux, A. J., Evans, R., & **Choukas-Bradley, S.** (2023, advanced online publication). Parents' attitudes towards the content of sex education in the USA: Associations with religiosity and political affiliation. *Sex Education.* Advanced online publication. https://doi.org/10.1080/14681811.2022.2162871
- 70. Thoma, B. C., Jardas, E., **Choukas-Bradley, S.**, & Salk, R. H. (2022, advanced online publication). Perceived gender transition progress, gender congruence, and mental health symptoms among transgender adolescents. *Journal of Adolescent Health.* Advanced online publication. https://doi.org/10.1016/j.jadohealth.2022.09.032 ◆Journal's 2021 impact factor: 7.83
- ♦ 69. \*Maheux, A. J., Widman, L., Hurst, J. L., Craig, E., Evans-Paulson, R., & **^Choukas-Bradley**, **S.** (2023). Behavioral measures to assess adolescent sexual communication with partners: A scoping review and call for further studies. *The Journal of Sex Research*, 60: 36-44. https://doi.org/10.1080/00224499.2022.2103072 ◆Journal's 2021 impact factor: 4.45

# 2022 Peer-Reviewed Publications (n = 13)

- ♦ 68. \*\*Ladd, B. A., \*Maheux, A. J., \*Roberts, S. R., & ^Choukas-Bradley, S. (2022). Black adolescents' appearance concerns, depressive symptoms, and self-objectification: Exploring the roles of gender and ethnic-racial identity commitment. Body Image, 43: 314-325. https://doi.org/10.1016/j.bodyim.2022.09.008 ◆Journal's 2021 impact factor: 5.58
- ♦ 67. \*Maheux, A. J., \*Roberts, S. R., Nesi, J., Widman, L., & **^Choukas-Bradley, S.** (2022). Psychometric properties and factor structure of the Appearance-Related Social Media Consciousness Scale among emerging adults. *Body Image, 43:* 63-74. https://doi.org/10.1016/j.bodyim.2022.08.002 ◆Journal's 2021 impact factor: 5.58
- 66. Escobar-Viera C. G., **Choukas-Bradley, S.,** Sidani J., \*Maheux A. J., \*Roberts, S. R., Rollman, B. L. (2022). Examining social media experiences and attitudes toward technology-based interventions for reducing social isolation among LGBTQ youth living in rural United States: An online qualitative study. *Frontiers in Digital Health*, 4: 900695. https://doi.org/10.3389/fdgth.2022.900695
- ♦ 65. **Choukas-Bradley, S.**, \*Roberts, S. R., \*Maheux, A. J., & Nesi, J. (2022). The perfect storm: A developmental–sociocultural framework for the role of social media in adolescent girls' body image concerns and mental health. *Clinical Child and Family Psychology Review, 25:* 681-701. https://doi.org/10.1007/s10567-022-00404-5 ◆Journal's 2021 impact factor: 7.41

- 64. Karim, S., **Choukas-Bradley, S.**, Radovic, A., \*Roberts, S. R., \*Maheux, A. J., & Escobar-Viera, C. G. (2022). Support over social media among socially isolated sexual and gender minority youth in rural U.S. during the COVID-19 pandemic: Opportunities for intervention research. *International Journal of Environmental Research and Public Health, 19:* 15611. https://doi.org/10.3390/ijerph192315611. ◆Journal's 2021 impact factor: 4.61
- 63. Widman, L., \*Maheux, A. J., Craig, E., Evans-Paulson, R., & **Choukas-Bradley, S.** (2022). Sexual communication between adolescent partners: A scoping review and directions for future research. *Journal of Sex Research*, *59:* 984-999. https://doi.org/10.1080/00224499.2022.2099787 ◆Journal's 2021 impact factor: 4.45
- ♦ 62. \*Roberts, S. R., \*Maheux, A. J., Watson, R. J., Puhl, R., & ^Choukas-Bradley, S. (2022). Sexual and gender minority (SGM) adolescents' disordered eating: Understanding general and SGM-specific risk and protective factors. *International Journal of Eating Disorders*, 55: 933-946. https://doi.org/10.1002/eat.23727 ◆Journal's 2021 impact factor: 5.79
- 61. Ma, J., Korpak, A. K., **Choukas-Bradley, S.,** & Macapagal, K. (2022). Patterns of online relationship seeking among transgender and gender diverse adolescents: Advice for others and common inquiries. *Psychology of Sexual Orientation and Gender Diversity, 9*, 287-299. https://doi.org/10.1037/sgd0000482 ◆Journal's 2021 impact factor: 4.62
- ♦ 59. **Choukas-Bradley, S.,** \*Maheux, A. J., \*Roberts, S. R., Hutchinson, E. A., Lu, C., Ladouceur, C. D., & Silk, J. S. (2022). Picture-perfect during a pandemic? Body image concerns and depressive symptoms in U.S. adolescent girls during the COVID-19 lockdown. *Journal of Children and Media, 4: 481-492*. https://doi.org/10.1080/17482798.2022.2039255
- ♦ 58. \*Maheux, A. J., \*Roberts, S. R., Nesi, J., Widman, L., & ^Choukas-Bradley, S. (2022). Longitudinal associations between appearance-related social media consciousness and adolescents' depressive symptoms. *Journal of Adolescence*, 94: 264-269. http://doi.org/10.1002/jad.12009
- 56. Hamilton, J. L., Nesi, J., & **Choukas-Bradley, S.** (2022). Re-examining adolescent social media and socioemotional well-being through the lens of the COVID-19 pandemic: A theoretical review and directions for future research. *Perspectives on Psychological Science, 17:* 662-679. https://doi.org/10.1177/17456916211014189 ◆Journal's 2021 impact factor: 11.62
  - An earlier pre-print version of this manuscript has been read over 65,000 times across ResearchGate and PsyArXiv (https://psyarxiv.com/5stx4/).

# 2021 Peer-Reviewed Publications (n = 15)

- 55. Widman, L., Javidi, H., \*Maheux, A. J., Evans, R., Nesi, J., & **Choukas-Bradley, S.** (2021). Sexual communication in the digital age: Adolescent sexual communication with parents and friends about sexting, pornography, and starting relationships online. *Sexuality & Culture, 25,* 2092-2109. https://doi.org/10.1007/s12119-021-09866-1
- - †First authorship is shared.
- 53. Galla, B. M., **Choukas-Bradley, S.**, Fiore, H. M., & Esposito, M. V. (2021). Values-alignment messaging boosts adolescents' motivation to control social media use. *Child Development, 92,* 1717-1734. https://doi.org/10.1111/cdev.13553 ◆ Journal's 2021 impact factor: 5.66
- 52. Rezeppa, T. L., \*Roberts, S. R., \*Maheux, A. J., **Choukas-Bradley, S.,** Salk, R. H., & Thoma, B. C. (2021). Psychosocial correlates of body image and disordered eating among sexual minority adolescent girls. *Body Image, 39,* 184-193. https://doi.org/10.1016/j.bodyim.2021.08.007. ◆Journal's 2021 impact factor: 5.58
- 51. Evans-Paulson, R., Widman, L., Brasileiro, J., \*Maheux, A. J., & **Choukas-Bradley, S.** (2021). Examining the link between sexual self-concept and sexual communication among adolescents. *Communication Quarterly, 69:* 525-543. https://doi.org/10.1080/01463373.2021.1969585
- ♦ 50. \*Maheux, A. J., Nesi, J., Galla, B. M., \*Roberts, S. R., & ^Choukas-Bradley, S. (2021). #Grateful: Longitudinal associations between adolescents' social media use and gratitude during the COVID-19 pandemic. *Journal of Research on Adolescence*, 31, 734-747. <a href="https://doi.org/10.1111/jora.12650">https://doi.org/10.1111/jora.12650</a> ◆Journal's 2021 impact factor: 3.73
- ♦ 49. \*Roberts, S. R., Salk, R. H., Thoma, B. C., \*\*Romito, M., Levine, M. D., & ^Choukas-Bradley, S. (2021). Disparities in disordered eating between gender minority and cisgender adolescents. International Journal of Eating Disorders, 54, 1135-1146. https://doi.org/10.1002/eat.23494
  • Journal's 2021 impact factor: 5.79
- ♦ 48. \*Maheux, A. J., \*Roberts, S. R., Evans, R., Widman, L., & **^Choukas-Bradley, S.** (2021). Associations between adolescents' pornography consumption and self-objectification, body comparison, and body shame. *Body Image, 37,* 89-93. https://doi.org/10.1016/j.bodyim.2021.01.014 • Journal's 2021 impact factor: 5.58
- 46. Thoma, B. C., Rezeppa, T. L., **Choukas-Bradley, S.,** Salk, R. H., & Marshal, M. P. (2021). Disparities in childhood abuse between transgender and cisgender adolescents. *Pediatrics,* 148, 2: e2020016907. https://doi.org/10.1542/peds.2020-016907. <u>♦ Journal's 2021 impact factor: 5.61</u>
- 45. Nesi, J., **Choukas-Bradley, S.,** \*Maheux, A. J., \*Roberts, S. R., Sanzari, C., Widman, L., & Prinstein, M. J. (2021). Selfie appearance investment and peer feedback concern: Multimethod

- investigation of adolescent selfie practices and adjustment. *Psychology of Popular Media*, 10(4), 488-499. https://doi.org/10.1037/ppm0000342
- ♦ 43. \*Maheux, A. J., \*\*Zhou, Y., Thoma, B. C., Salk, R. H., & **^Choukas-Bradley, S.** (2021). Examining sexual behavior among U.S. transgender adolescents. *Journal of Sex Research, 58,* 1050-1060. https://doi.org/10.1080/00224499.2020.1855408 ◆ Journal's 2021 impact factor: 4.45
- ♦ 42. \*†Maheux, A. J., \*\*†Bryen, C. P., \*\*Carrino, E. A., Stewart, J. L., Widman, L., & ^Choukas-Bradley, S. (2021). Depressive symptoms among mostly heterosexual adolescents. *Journal of Gay & Lesbian Mental Health*, 25, 317-332. https://doi.org/10.1080/19359705.2020.1843583 †First authorship is shared.
- 41. Levenson, J. C., Thoma, B. C., Hamilton, J. L., **Choukas-Bradley, S.**, & Salk, R. H. (2021). Sleep among gender minority adolescents. *SLEEP*, 44, 1-9. https://doi.org.10.1093/sleep/zsaa185 ◆ Journal's 2021 impact factor: 6.31

# 2020 Peer-Reviewed Publications (n = 11)

- 40. Thoma, B. C., & **Choukas-Bradley, S.** (2020). Mental health of transgender adolescents around the globe: A call for comprehensive assessment of gender identity. *JAMA Network Open, 3*, e2023412. https://doi.org/10.1001/jamanetworkopen.2020.23412 ◆ Journal's 2021 impact factor: 13.37
- 39. Widman, L., Evans, R., & **Choukas-Bradley, S.** (2020). More meta-analytical explorations on adolescent sexual health interventions are needed—A reply. *JAMA Pediatrics, 174,* 390-391. https://doi.org/10.1001/jamapediatrics.2019.5894 ◆ Journal's 2021 impact factor: 26.8
- 38. Espinosa-Hernandez, G., **Choukas-Bradley, S.,** van de Bongardt, D., & Van Dulmen, M. (2020). Romantic relationships and sexuality in diverse adolescent populations: Introduction to the special issue. *Journal of Adolescence, 83,* 95-99. https://doi.org/10.1016/j.adolescence.2020.07.002
- ♦ 37. **Choukas-Bradley, S.,** Hipwell, A. E., \*Roberts, S. R., \*Maheux, A. J., & Stepp, S. D. (2020). Developmental trajectories of adolescent girls' borderline personality symptoms and sexual risk behaviors. *Journal of Abnormal Child Psychology [Research on Child and Adolescent Psychopathology]*, 48, 1649–1658. https://doi.org/10.1007/s10802-020-00699-4 ◆Journal's 2021 impact factor: 4.10
- ♦ 36. †Salk, R. H., †Thoma, B. C., & †Choukas-Bradley, S. (2020). The Gender Minority Youth Study: Overview of methods and social media recruitment of a nationwide sample of U.S. cisgender and transgender adolescents. *Archives of Sexual Behavior*, 49, 2601-2610. https://doi.org/10.1007/s10508-020-01695-x. <u>Journal's 2021 impact factor: 4.89</u> †First authorship is shared.
- ♦ 35. **Choukas-Bradley, S.,** Nesi, J., Widman, L., & Galla, B. M. (2020). The Appearance-Related Social Media Consciousness Scale: Development and validation with adolescents. *Body*

- *Image, 33,* 164-174. https://doi.org/10.1016/j.bodyim.2020.02.017 <u>♦ Journal's 2021 impact</u> factor: 5.58
- 34. Fox, K., **Choukas-Bradley, S.,** Salk, R. H., Marshal, M. P., & Thoma, B. C. (2020). Mental health among sexual and gender minority adolescents: Examining interactions with race and ethnicity. *Journal of Consulting and Clinical Psychology, 88,* 402-415. https://doi.org/10.1037/ccp0000486 ◆ Journal's 2021 impact factor: 7.16
- 33. †Javidi, H., \*†Maheux, A. J., Widman, L., Kamke, K., **Choukas-Bradley, S.,** & Peterson, Z. D. (2020). Understanding adolescents' attitudes toward affirmative consent. *Journal of Sex Research, 57*, 1100-1107. https://doi.org/10.1080/00224499.2019.1711009 ◆ Journal's 2021 impact factor: 4.45
  - †First authorship is shared.
- 32. Shensa, A., Sidani, J. E., Escobar-Viera, C. G., Switzer, G. E., Primack, B., & **Choukas-Bradley, S.** (2020). Emotional support from social media and in-person relationships: Associations with depressive symptoms among young adults. *Journal of Affective Disorders, 260,* 38-44. https://doi.org/10.1016/j.jad.2019.08.092 ◆*Journal's 2021 impact factor: 6.53*
- 31. Widman, L., Kamke, K., Evans, R., Stewart, J. L., **Choukas-Bradley, S.,** & Golin, C. E. (2020). Feasibility, acceptability, and preliminary efficacy of an online sexual health program for adolescents. *Journal of Sex Research, 57,* 145-154. https://doi.org/10.1080/00224499.2019.1630800 ◆ Journal's 2021 impact factor: 4.45
- ♦ 30. \*Maheux, A. J., Evans, R., Widman, L., Nesi, J., Prinstein, M. J., & **^Choukas-Bradley, S.** (2020). Popular peer norms and adolescent sexting behavior. *Journal of Adolescence, 78,* 62-66. https://doi.org/10.1016/j.adolescence.2019.12.002

# 2019 Peer-Reviewed Publications (n = 7)

- 29. Thoma, B. C., Salk, R. H., **Choukas-Bradley, S.,** Levine, M. D., Goldstein, T. R., & Marshal, M. P. (2019). Suicidality disparities between transgender and cisgender adolescents. *Pediatrics,* 144, e20191183. https://doi.org/10.1542/peds.2019-1183 ◆Journal's 2021 impact factor: 5.61
- ♦ 28. **Choukas-Bradley, S.,** Sheppard, C. S., Prinstein, M. J., & Abela, J. R. Z. (2019). A cross-cultural examination of peer status and social correlates in the United States and China. *Merrill-Palmer Quarterly, 65,* 423-446. https://doi.org/10.13110/merrpalmquar1982.65.4.0423
- 27. Stewart, J. L., Spivey, L. A., Widman, L., **Choukas-Bradley, S.,** & Prinstein, M. J. (2019). Developmental patterns of sexual identity, romantic attraction, and sexual behavior among adolescents over three years. *Journal of Adolescence, 77,* 90-97. https://doi.org/10.1016/j.adolescence.2019.10.006
- ♦ 26. †Lazarus, S. A., †Choukas-Bradley, S., Beeney, J., Byrd, A., Vine, V., & Stepp, S. D. (2019). Too much too soon? Borderline personality disorder symptoms and romantic relationship functioning in adolescence. *Journal of Abnormal Child Psychology [Research on Child and Adolescent Psychopathology]*, 47, 1995-2005. https://doi.org/10.1007/s10802-019-00570-1.
   Journal's 2021 impact factor: 4.10
  - †First authorship is shared.
- ♦ 25. **Choukas-Bradley, S.,** Nesi, J., Widman, L., & Higgins, M. K. (2019). Camera-ready: Young women's appearance-related social media consciousness. *Psychology of Popular Media*, 8(4),

- 473-481. https://doi.org/10.1037/ppm0000196
- 24. Widman, L., Evans, R., Javidi, H., & **Choukas-Bradley, S.** (2019). Assessment of parent-based interventions for adolescent sexual health: A systematic review and meta-analysis. *JAMA Pediatrics, 73,* 866-877. https://doi.org/10.1001/jamapediatrics.2019.2324 ◆ Journal's 2021 impact factor: 26.8

# 2018 Peer-Reviewed Publications (n = 4)

- 22. Widman, L., Nesi, J., Kamke, K., **Choukas-Bradley, S.,** & Stewart, J. L. (2018). Technology-based interventions to reduce HIV/STIs and unintended pregnancy among youth: A meta-analysis. *Journal of Adolescent Health, 62,* 651-660. https://doi.org/10.1016/j.jadohealth.2018.02.007 ◆ Journal's 2021 impact factor: 7.83
- 21. Nesi, J., **Choukas-Bradley, S.,** & Prinstein, M. J. (2018). Transformation of adolescent peer relations in the social media context: Part 1—A theoretical review and application to dyadic peer relationships. *Clinical Child and Family Psychology Review*, *21*, 267-294. https://doi.org/10.1007/s10567-018-0261-x ◆Journal's 2021 impact factor: 7.41
- 20. Nesi, J., **Choukas-Bradley, S.,** & Prinstein, M. J. (2018). Transformation of adolescent peer relations in the social media context: Part 2—Application to peer group processes and future directions for research. *Clinical Child and Family Psychology Review, 21,* 295-319. https://doi.org/10.1007/s10567-018-0262-9 ◆Journal's 2021 impact factor: 7.41
- 19. Trinh, S., & **Choukas-Bradley, S.** (2018). "No messages needed just pats on the back": Exploring young men's reports of male and female friends' sexual communications. *Psychology of Men and Masculinity, 19,* 430-438. https://doi.org/10.1037/men0000113

# 2011-2017 Peer-Reviewed Publications (n = 18); from graduate school, internship, & post-doctoral years

- 18. Eckstrand, K. L., **Choukas-Bradley, S.,** Mohanty, A., Cross, M., Allen, N. B., Silk, J. S., Jones, N. P., & Forbes, E. (2017). Heightened activity in social reward networks is associated with adolescents' risky sexual behaviors. *Developmental Cognitive Neuroscience, 27,* 1-9. https://doi.org/10.1016/j.dcn.2017.07.004 ◆Journal's 2021 impact factor: 5.81
- 17. Nesi, J., Widman, L., **Choukas-Bradley, S.,** & Prinstein, M. J. (2017). Technology-based communication and the development of interpersonal competencies within adolescent romantic relationships: A preliminary investigation. *Journal of Research on Adolescence, 27*(2), 471-477. <a href="http://dx.doi.org/10.1111/jora.12274">http://dx.doi.org/10.1111/jora.12274</a>.
  - ♦ Journal's 2021 impact factor: 3.73
- 16. Widman, L., **Choukas-Bradley, S.,** Noar, S. M., Nesi, J., & Garrett, K. P. (2016). Parent-adolescent sexual communication and adolescent safer sex behavior: A meta-analysis. *JAMA Pediatrics,* 170(1), 52-61. https://doi.org/10.1001/jamapediatrics.2015.2731 ◆Journal's 2021 impact factor: 26.8
- 15. Higgins, M. K., **Choukas-Bradley, S.**, Crowder, E. E., & Bardone-Cone, A. M. (2016). Examining moderators of the relation between body consciousness during sexual activity and

- disordered eating, *Advances in Eating Disorders*, *4*(1), 31-46, https://doi.org/10.1080/21662630.2015.1081074
- 14. Widman, L., **Choukas-Bradley, S.,** Helms, S. W., & Prinstein, M. J. (2016). Adolescent susceptibility to peer influence in sexual situations. *Journal of Adolescent Health*, *58*(3), 323-329. https://doi.org/10.1016/j.jadohealth.2015.10.253 ◆ Journal's 2021 impact factor: 7.83
- ♦ 13. **Choukas-Bradley, S.,** Giletta, M., Cohen, G. L., & Prinstein, M. J. (2015). Peer influence, peer status, and prosocial behavior: An experimental investigation of peer socialization of adolescents' intentions to volunteer. *Journal of Youth and Adolescence*, 44(12), 2197-2210. https://doi.org/10.1007/s10964-015-0373-2 ◆ Journal's 2021 impact factor: 5.63
- 12. Helms, S. W., Gallagher, M., Calhoun, C. D., **Choukas-Bradley, S.,** Dawson, G. C., & Prinstein, M. J. (2015). Intrinsic religiosity buffers the longitudinal effects of peer victimization on adolescent depressive symptoms. *Journal of Clinical Child and Adolescent Psychology*, 44, 471-479. https://doi.org/10.1080/15374416.2013.865195 ◆ Journal's 2021 impact factor: 5.08
- ♦ 11. **Choukas-Bradley, S.,** Goldberg, S. K., Widman, L., Reese, B. M., & Halpern, C. T. (2015). Demographic and developmental differences in the content and sequence of adolescents' ideal romantic relationship behaviors. *Journal of Adolescence*, *45*, 112-126. https://doi.org/10.1016/j.adolescence.2015.08.019
- 10. Youngstrom, E. A., **Choukas-Bradley, S.,** Calhoun, C. D., & Jensen-Doss, A. (2015). Clinical guide to the evidence-based assessment approach to diagnosis and treatment. *Cognitive and Behavioral Practice*, *22*, 20-35. https://doi.org/10.1016/j.cbpra.2013.12.005
- ♦ 9. **Choukas-Bradley, S.,** Giletta, M., Neblett, E. W., & Prinstein, M. J. (2015). Ethnic differences in associations among popularity, likeability, and trajectories of adolescents' alcohol use and frequency. *Child Development*, 86, 519-535. https://doi.org/10.1111/cdev.12333 ◆Journal's 2021 impact factor: 5.66.
- 8. Helms, S. W., **Choukas-Bradley, S.,** Widman, L., Giletta, M., Cohen, G. L., & Prinstein, M. J. (2014). Adolescents misperceive and are influenced by high-status peers' health risk, deviant, and adaptive behavior. *Developmental Psychology*, *50*, 2697-2714. https://doi.org/10.1037/a0038178 ◆Journal's 2021 impact factor: 4.50
- 7. Reese, B. M., **Choukas-Bradley, S.,** Herring, A. H., & Halpern, C. T. (2014). Correlates of adolescent and young adult sexual initiation patterns. *Perspectives on Sexual and Reproductive Health,* 46, 211-221. https://doi.org/10.1363/46e2214 ◆Journal's 2021 impact factor: 5.71
- ♦ 6. **Choukas-Bradley, S.,** Giletta, M., Widman, L., Cohen, G. L., & Prinstein, M. J. (2014). Experimentally measured susceptibility to peer influence and adolescent sexual behavior trajectories: A preliminary study. *Developmental Psychology*, 50, 2221-2227. https://doi.org/10.1037/a0037300 ◆ Journal's 2021 impact factor: 4.50
- 5. Widman, L., **Choukas-Bradley, S.,** Helms, S. W., Golin, C. E., & Prinstein, M. J. (2014). Sexual communication between early adolescents and their dating partners, parents, and best friends. *Journal of Sex Research,* 51, 731-741. https://doi.org/10.1080/00224499.2013.843148 ◆ Journal's 2021 impact factor: 4.45
- 4. Widman, L., Noar, S. M., **Choukas-Bradley, S.,** & Francis, D. B. (2014). Adolescent sexual health communication and condom use: A meta-analysis. *Health Psychology*, *33*, 1113-1124. https://doi.org/10.1037/hea0000112 ◆ Journal's 2021 impact factor: 5.56

- 3. Rancourt, D., **Choukas-Bradley, S.,** Cohen, G. L., & Prinstein, M. J. (2014). An experimental examination of peers' influence on adolescent girls' intent to engage in maladaptive weight-related behaviors. *International Journal of Eating Disorders*, 47, 437-447. https://doi.org/10.1002/eat.22258 ◆ Journal's 2021 impact factor: 5.79
- 2. Widman, L., Nesi, J., **Choukas-Bradley, S.,** & Prinstein, M. J. (2014). Safe sext: Adolescents' use of technology to communicate about sexual health with dating partners. *Journal of Adolescent Health*, *54*, 612-614. https://doi.org/10.1016/j.jadohealth.2013.12.009 ◆Journal's 2021 impact factor: 7.83
- 1. Prinstein, M. J., **Choukas-Bradley, S.,** Helms, S. W., Brechwald, W. A., & Rancourt, D. (2011). High peer popularity longitudinally predicts adolescent health risk behavior, or does it? An examination of linear and quadratic associations. *Journal of Pediatric Psychology, 36,* 980-990. https://doi.org/10.1093/jpepsy/jsr053 ◆Journal's 2021 impact factor: 3.62

#### **INVITED BOOK CHAPTERS**

- ♦ 7. \*Roberts, S. R., Gordon, A. R., & **^Choukas-Bradley, S.** (accepted for publication). Body image and disordered eating in adolescence. In V. Harrison, S. Adelsheim, & A. Collier (Eds.), *Social Media and Youth Mental Health: A Public Health Perspective.* American Psychiatric Association.
- ♦ 6. **Choukas-Bradley, S.** & Thoma, B. C. (2022). Mental health among LGBT youth. In D. VanderLaan & W. I. Wong (Eds.), *Gender and Sexuality Development.* Springer. https://doi.org/10.1007/978-3-030-84273-4\_18
- 5. Nesi, J., Dredge, R., \*Maheux, A.J., \*Roberts, S.R., Fox, K.A., & **Choukas-Bradley, S.** (in press). Peer experiences via social media. In B. Halpern-Felsher (Ed.), *Encyclopedia of Child and Adolescent Health*. Elsevier.
- ♦ 4. \*Roberts, S. R., \*Maheux, A. J., \*\*Ladd, B. A., & **^Choukas-Bradley, S.** (2022). The role of social media in adolescents' body image and disordered eating. In J. Nesi, E. H. Telzer, & M. J. Prinstein (Eds.), *Handbook of Adolescent Digital Media Use and Mental Health.* Cambridge University Press. https://doi.org/10.1017/9781108976237.014
- ♦ 3. \*Maheux, A. J., & **^Choukas-Bradley, S.** (2021). Sexuality and mental health in emerging adulthood. In E. M. Morgan & M. H. M. van Dulmen (Eds.), *Sexuality in Emerging Adulthood* (pp. 452-470). Oxford University Press.
- ◊ 2. Choukas-Bradley, S. & Nesi, J. (2020). Applying developmental theory to adolescent peer influence processes in the social media context. In N. van Zalk & C. Monks (Eds.), Online Peer Engagement in Adolescence: Positive and Negative Aspects of Online Social Interaction. Abingdon, UK: Routledge. https://doi.org/10.4324/9780429468360
- ♦ 1. **Choukas-Bradley, S.,** & Prinstein, M. J. (2014). Peer relations and the development of psychopathology. In M. Lewis & K. D. Rudolph (Eds.), *Handbook of Developmental Psychopathology* (3rd ed.). New York: Springer.

#### **OTHER INVITED PUBLICATIONS**

♦ 3. **Choukas-Bradley, S.,** \*Kilic, Z., \*Stout, C. D., & \*Roberts, S. R. (2023). Perfect storms and double-edged swords: Recent advances in research on adolescent social media use and mental health. *Advances in Psychiatry and Behavioral Health*. Advanced online publication. <a href="https://doi.org/10.1016/j.ypsc.2023.03.007">https://doi.org/10.1016/j.ypsc.2023.03.007</a>

- 2. American Psychological Association (2023). *Health advisory on social media use in adolescence.*Report written by: McCabe, M. A., Prinstein, M. J., Alvord, M. K., Bounds, D. T., Charmaraman, L., **Choukas-Bradley, S.,** Espelage, D. L., Goodman, J. A., Hamilton, J. L., Nesi, J., Tynes, B. M., Ward, L. M., & Magis-Weinberg, L. https://www.apa.org/topics/social-media-internet/health-advisory-adolescent-social-media-use
- 1. Prinstein, M. J., **Choukas-Bradley, S.,** & Guan, K. (2012). Deciding to apply and successfully gaining admission to graduate schools in psychology. In M. J. Prinstein (Ed.), *The Portable Mentor: Expert Guide to a Successful Career in Psychology* (2nd ed.) New York: Springer.

#### MANUSCRIPTS & CHAPTERS CURRENTLY UNDER REVIEW OR INVITED FOR RESUBMISSION

- ♦ 15. \*Martino, R. M., \*Roberts, S. R., \*Maheux, A. J., \*Stout, C. D., & **^Choukas-Bradley, S.** (manuscript invited for resubmission). The role of feminism and gender in endorsement of hookup culture among emerging adults. *Archives of Sexual Behavior*.
- 14. Field, N., **Choukas-Bradley, S.,** Giletta, M., Cohen, G. L., Telzer, E. H., & Prinstein, M. J. (manuscript under resubmission). Why adolescents conform to high-status peers: Associations among conformity, identity alignment, and self-esteem. *Child Development*.
- ♦ 13. \*Maheux, A. J., Widman, L., Hurst, J. L., & **^Choukas-Bradley, S.** (manuscript invited for resubmission). Profiles of parent–adolescent health-risk communication: Gender differences and associations with health-risk behavior. *Journal of Child and Family Studies*.
- ◊ 12. Choukas-Bradley, S. (book chapter under resubmission). An HX perspective on adolescents' social media use and body image, in a volume edited by Mimi Ito and Carrie James on HX [Human Experiences] perspectives.
- 11. Davis, K., Anderson, M., Yang, C.-C., **Choukas-Bradley, S.,** Bell, B. T., & Slovak, P. (manuscript under review). *Cross-disciplinary perspectives on youth digital well-being research: Identifying notable developments, persistent gaps, and future directions.*
- 10. Landor, A. M., Ramseyer Winter, V. L., Binitie Thurston, I., Chan, J., Craddock, N., \*\*Ladd, B. A., Tylka, T. L., Swami, V., Watson, L. B., & **Choukas-Bradley, S.** (manuscript under review). The sociostructural-intersectional body image (SIBI) framework: Understanding the impact of white supremacy in body image research and practice.
- ♦ 9. **Choukas-Bradley, S.** & \*Maheux, A. (invited book chapter under review). The Appearance-Related Social Media Consciousness Scale. In V. Ramseyer Winter, A. Landor, & T. Tylka (Eds.), *Handbook of Body Image-Related Measures*. Cambridge.
- ♦ 8. \*Roberts, S. R., \*Maheux, A. J., \*\*Bryen, C. P., \*\*Carrino, E. A., Salk, R. H., Thoma, B. C., & **^Choukas-Bradley, S.** (manuscript under review). "Equality for all genders": Transgender and gender diverse adolescents' feminist self-identification and definitions of "feminist."
  - Manuscript received Honorable Mention for the 2023 Annual Prize for Psychological Research on Women and Gender by Students from the Society for the Psychology of Women of the American Psychological Association and the Association for Women in Psychology.
- ♦ 7. **Choukas-Bradley, S.,** \*Maheux, A. J., Aubrey, J. S., Charmaraman, L., Maas, M., Nesi, J., Ward, L. M., & Yang, C.-C. (manuscript under review). Social media use, body image concerns, and disordered eating among adolescents. *Manuscript invited for special supplement of Pediatrics*.
- 6. Aubrey, J. S., Maas, M., **Choukas-Bradley, S.,** Coyne, S., Durham, M. G., Scull, T., van Oosten, J. M. F., & Ward, L. M. (manuscript under review). Representations of gender and sex/sexuality in

- media popular with youth and media created for youth. *Manuscript invited for special supplement of Pediatrics*.
- 5. Yang, C.-C., Calin, A., **Choukas-Bradley, S.,** Manago, A., & Leurs, K. H. A. (manuscript under review). Online self-presentation, identity, and body image: Insights from diverse and marginalized youth. *Manuscript invited for special supplement of Pediatrics*.
- 4. Charmaraman, L., Davis, K., **Choukas-Bradley, S.,** Hernandez, J. M., Nesi, J., & Schueller, S. (manuscript under review). Social media influences on youth wellbeing and social connectedness. *Manuscript invited for special supplement of Pediatrics*.
- ♦ 3. \*Stout, C. D., \*Maheux, A. J., \*Martino, R. M., \*Roberts, S. R., & **^Choukas-Bradley, S.** (manuscript under review). *"Sex would be as boring to me as eating dirt": A mixed methods analysis of reasons young adults do not engage in hookups.*
- 2. Schumacher, E., Chang, Y.-W., \*Maheux, A. J., \*Martino, R. M., **Choukas-Bradley, S.**, Salk, R. H., & Thoma, B. C. (manuscript under review). *Structural stigma and suicidal thoughts and behavior among U.S. sexual minority youth.*
- ♦ 1. \*Maheux, A. J., Laurenceau, J. P., Nesi, J., \*Roberts, S. R., Widman, L., & **^Choukas-Bradley, S.** (manuscript under review). Within-person changes in appearance-related social media consciousness and depressive symptoms are linked over time: A growth curve analysis with adolescents.

#### **CONFERENCE PRESENTATIONS & INVITED TALKS**

#### **EXTERNAL INVITED RESEARCH TALKS & WEBINARS**

(Note: Job talks not listed.)

- **16. Choukas-Bradley, S.,** <u>Invited Speaker at Grand Rounds</u> (2023, April). Wayne State University Department of Pediatrics. *Perfect storms and double-edged swords: Recent advances in research on adolescent social media use and mental health.*
- **15. Choukas-Bradley, S.,** <u>Invited Speaker for Helping Give Away Psychological Science (HGAPS) Seminar Series (</u>2023, April). University of North Carolina Department of Psychology and Neuroscience. *Perfect storms and double-edged swords: Recent advances in research on adolescent social media use and mental health.*
- **14. Choukas-Bradley, S.,** <u>Invited Speaker for Webinar</u> (2023, January). Academy for Eating Disorders Webinar Series: "Social Media, Teen Mental Health, and Eating Disorders." *Picture-perfect? Social media influences on adolescents' body image and disordered eating.*
- **13. Choukas-Bradley, S.,** <u>Invited Speaker for Department of Psychology Close Relationships</u>

  <u>Speaker Series</u> (2022, November). St. Mary's College of Maryland Department of Psychology. *Camera-ready: Social media and gender influences on adolescents' interpersonal relationships*& body image.
- **12. Choukas-Bradley, S.,** <u>Invited Speaker</u> (2022, October). Wayne State University, Merrill Palmer Skillman Institute. *Camera-ready: Social media and gender influences on adolescents' body image and mental health.*
- **11. Choukas-Bradley, S.,** <u>Invited Speaker for Children & Screens Webinar</u> (2022, September). Children & Screens Webinar Series: "Mirror, mirror, in my palm: Girls and media." *Gender and social media influences on adolescent girls' body image and mental health.*

- **10. Choukas-Bradley, S.,** <u>Invited Speaker for International Women's Day Event</u> (2022, March). Yale University Jackson Institute for Global Affairs. *Body-positivity? Understanding social media and cultural influences on young women's body image.*
- **9. Choukas-Bradley, S.,** <u>Invited Speaker for Children & Screens Webinar</u> (2022, March). Children & Screens Webinar Series: "12 to 18: Coming of Age Online." *Highly-visual social media, social comparison, and body image in adolescence.*
- **8. Choukas-Bradley, S.,** <u>Invited Speaker for GenCyber Retreat (for adolescents)</u> (2021, October). George Washington University. *Social media, social comparison, and body image in adolescence.*
- **7. Choukas-Bradley, S.,** <u>Invited Speaker for American Psychological Associations PsycScience Hour</u> (<u>first invited speaker</u>) (2021, November). American Psychological Association Webinar Series. *Teens and screens: What do we know, and what do we not know?*
- **6. Choukas-Bradley, S.,** <u>Invited Speaker for Social & Behavioral Research Group Speaker Series</u> (2021, November). North Carolina State University Department of Psychology. *Camera-ready: Gender, sexuality, and adolescent mental health in the era of social media.*
- **5. Choukas-Bradley, S.,** <u>Invited Speaker for Children & Screens Webinar</u> (2020, November). Children & Screens Webinar Series: "Picture Perfect? Teens, Media, and Social Comparison." *Camera-ready: Social media, body image, and mental health in teens.*
- **4. Choukas-Bradley, S.,** <u>Invited Speaker for Departmental Colloquium</u> (2021, September). Fordham University Department of Psychology. *Camera-ready: Gender, sexuality, and adolescent mental health in the era of social media.*
- **3. Choukas-Bradley, S.,** <u>Invited Speaker for Clinical Psychology Seminar Series</u> (2021, August). University of North Carolina Department of Psychology & Neuroscience. *Camera-ready: Gender, sexuality, and adolescent mental health in the era of social media.*
- **2. Choukas-Bradley, S.,** <u>Invited Speaker for Veritas Forum</u> (2021, April). Veritas Forum (WebinaR): *How do worldview and COVID-19 affect the way we think about mental health?*
- **1. Choukas-Bradley, S.,** <u>Invited Speaker for Annual Convening</u> (2020, July). Character Lab. "Fireside chat" on social media use and teen wellbeing.

#### ORAL CONFERENCE PRESENTATIONS AT NATIONAL & INTERNATIONAL CONFERENCES

- \* graduate student in SCB's lab; \*\* undergrad or post-bac. trainee in SCB's lab; ^ SCB was senior author (i.e., mentored trainee first-author)
- 56. \*Stout, C.D., \*Maheux, A.J., \*Martino, R.M., \*Roberts, S.R., & ^Choukas-Bradley, S. (2023, April). "Sex would be as boring to me as eating dirt": A mixed methods analysis of reasons young adults do not engage in hookups. Oral presentation at the Society for Research on Adolescence Annual Meeting, San Diego, CA.
- 55. Escobar-Viera, C. G., Porta, G., Martina, J., **Choukas-Bradley, S.**, & Rollman, B. L. (2023, April). *REALbot: A chatbot-delivered intervention to reduce perceived isolation among rural-living LGBTQ+ youth: Proof of concept study.* Live Research Spotlight Presentation (selected for special recorded session) at the Society of Behavioral Medicine Annual Meeting, Phoenix, AZ.
- 54. \*Stout, C.D., \*Maheux, A.J., **Choukas-Bradley, S.,** & Nelson, K.M. (2022, November). "Porn helped me figure out that I was gay": A mixed-methods exploration of what adolescent sexual minority

- *males have learned from pornography.* Oral presentation at the Society for the Scientific Study of Sexuality Annual Conference. Vancouver, BC.
- 53. \*Roberts, S. R., \*Maheux, A. J., \*\*Gotkiewicz, E. M. & **^Choukas-Bradley, S.** (2022, November). *The associations between gender and romantic relationships on young adults' body image and disordered eating.* Brief oral presentation at the Society for the Scientific Study of Sexuality Annual Conference, Vancouver, BC.
- 52. \*Roberts, S. R., \*\*Gotkiewicz, E. M., \*Maheux, A. J., & **^Choukas-Bradley, S.** (2022, June). Disordered eating during adolescence and eating adulthood: Synthesizing three studies to highlight appearance-related social media consciousness. Oral paper presentation at the International Conference on Eating Disorders (Academy for Eating Disorders) (virtual conference).
- 51. **Choukas-Bradley, S.,** \*Maheux, A. J., Nesi, J., Galla, B. M., & \*Roberts, S. R. (2022, March). #Grateful: Longitudinal associations between adolescents' social media use and gratitude during the COVID-19 pandemic. In P. Alt (Chair), *The Impact of the COVID-19 Pandemic on Adolescent Emotional Adjustment.* Virtual symposium at the biennial meeting of the Society for Research on Adolescence, New Orleans, LA.
- 50. \*Maheux, A. J., Widman, L., Hurst, J. L., Evans-Paulson, R., Craig, E., & **^Choukas-Bradley,** S., (2022, February). *Behavioral measures to assess adolescent sexual communication with partners: A systematic review and call for further studies.* Data blitz talk at the Sexuality Preconference at the annual conference of the Society for Personality and Social Psychology, San Francisco, CA.
- 49. \*Maheux, A. J. & **^Choukas-Bradley, S.** (2022, February). Appearance-related math stereotypes and adolescent girls' and boys' math outcomes. In \*A. J. Maheux (Chair), *Diversifying STEM across development*. Symposium at the annual conference of the Society for Personality and Social Psychology, San Francisco, CA.
- 48. \*\*Ladd, B. A., \*Maheux, A. J., \*Roberts, S. R., & **^Choukas-Bradley, S.** (2021, November). Appearance concerns, depressive symptoms, and self-objectification among Black adolescents: Exploring the roles of gender and racial identity. Flash talk and poster presented at the Special Interest Group Exposition at the annual meeting for the Association of Behavioral and Cognitive Therapies (virtual conference).
- 47. \*Roberts, S. R., \*Maheux, A. J., & **^Choukas-Bradley, S.** (2021, November). *Disordered eating among sexual assault survivors: The role of self-objectification during sexual activity.* Flash talk and poster presented at the Special Interest Group Exposition at the annual meeting for the Association of Behavioral and Cognitive Therapies (virtual conference).
  - Received the Best Poster Award from the Obesity and Eating Disorders Special Interest Group
- 46. Evans, R., Widman, L., Dodson, C., Scull, T., Javidi, H., \*Maheux, A. J., Nesi, J., & **Choukas-Bradley, S.** (2021, November). *Promoting adolescent sexual health in the digital age through media literacy and sexual communication.* Symposium at the Society for the Scientific Study of Sexuality Conference, San Juan, Puerto Rico.
- 45. \*Roberts, S. R., \*Maheux, A. J., Watson, R. J., Puhl, R., & **^Choukas-Bradley, S.** (2021, November). LGBTQ-specific factors related to sexual and gender minority adolescents' disordered eating. In A. Convertino (Chair), *Disordered eating among sexual and gender minority populations*. Symposium at the annual meeting for the Association of Behavioral and Cognitive Therapies (virtual conference).

- 44. Karim, S., \*Maheux, A. J., \*Roberts, S. R., **Choukas-Bradley, S.,** & Escobar-Viera, C. (2021, October). *Exploring usage of social media sites for combating social isolation among rural sexual and gender minority adolescents.* Roundtable presentation at the annual meeting of the American Public Health Association, Denver, CO.
- 43. \*Roberts, S. R., \*Maheux, A. J., Salk, R., \*\*Romito, M., Thoma, B. C., Levine, M. D., & **^Choukas-Bradley, S.** (2021, June). *Disparities in body image concerns and disordered eating between subgroups of gender minority adolescents*. Paper at the International Conference of Eating Disorders (virtual conference).
  - ♦ Selected for Best Paper category.
- 42. Ma, J., Korpak. K. A., **Choukas-Bradley, S.**, & Macapagal, R. K. (2021, April). *Online relationship seeking among transgender and gender diverse adolescents.* Paper presented at the Midwestern Psychological Association 2021 Meeting.
- 41. \*Maheux, A. J., \*Roberts, S. R., Nesi, J., Galla, B. M., & **^Choukas-Bradley, S.** (2021, April). Quantifiable peer feedback on social media: Differences by gender and associations with depressive symptoms. In S. X. Xiao (Chair), *Gender today: advances in gendered nature of children's and adolescents' peer relationships*. Symposium at biannual meeting of Society for Research in Child Development (virtual conference).
- 40. Galla, B. M., **Choukas-Bradley, S.,** Fiore, H., & Esposito, M. (2021, April). Values-alignment messaging boosts adolescents' motivation to control social media use. In S. Choukas-Bradley (Chair), *New advances in the study of adolescents' social media use: Theoretical and empirical perspectives.* Symposium at biannual meeting of Society for Research in Child Development (virtual conference).
- 39. **Choukas-Bradley, S.,** \*Roberts, S. R., \*Maheux, A. J., & Nesi, J. (2021, April). The perfect storm: A developmental–sociocultural framework for the role of social media in adolescent girls' body image concerns and mental health. In S. Choukas-Bradley (Chair), *New advances in the study of adolescents' social media use: Theoretical and empirical perspectives.* Symposium at biannual meeting of Society for Research in Child Development (virtual conference).
- 38. \*Maheux, A. J., Nesi, J., \*Roberts, S. R., Galla, B. M., & **^Choukas-Bradley, S.** (2021, April). *The new normal: Adolescent social media use and well-being during the COVID-19 pandemic.*Invited talk at the Peer Relations Pre-Conference at the biannual meeting of the Society for Research in Child Development (virtual conference).
- 37. \*Maheux, A. J., \*\*Zhou, Y., Thoma, B. C., Salk, R. H., & **^Choukas-Bradley, S.** (2021, February). *Examining sexual behavior among U.S. transgender adolescents.* Data blitz presentation at the Sexuality Preconference of the Society for Personality and Social Psychology annual convention (virtual conference).
- 36. \*Maheux, A. J., & **^Choukas-Bradley, S.** (2021, February). What's cool about math?: Gender differences in math motivation relating to adolescents' perceptions of friends', popular peers', and unknown peers' math abilities and beliefs. Data blitz presentation at the Gender Preconference of the Society for Personality and Social Psychology annual convention (virtual conference).
- 35. Evans, R., Widman, L., Brasileiro, J., \*Maheux, A., Spiva, S., & **Choukas-Bradley, S.** (2020, November). *Sexual self-concept is related to partner sexual communication self-efficacy and behavior among adolescents.* Brief presentation at the Society for the Scientific Study of Sexuality (virtual conference).

- 34. Levenson, J. C., Thoma, B. C., Hamilton, J. L., **Choukas-Bradley, S.**, & Salk, R. H. (2020, June). *Sleep among transgender and cisgender adolescents*. Presented at the annual meeting of the Associated Professional Sleep Societies (virtual conference).
- 33. **Choukas-Bradley, S.,** Thoma, B. C., Salk, R. H., Goldstein, T. R., Levine, M. D., & Marshal, M. P. (2020, April). Developmental and interpersonal contexts of sexual and gender minority youth: Insights for intervention development. In S. Ford (Chair), *Innovative interventions to improve health outcomes among sexual and gender minority youth: From conceptualizing to testing.* Symposium at annual meeting of Society of Behavioral Medicine, San Francisco, CA (Conference canceled).
- 32. Escobar-Viera, C., Sidani, J., Shensa, A., Shaaban, S., **Choukas-Bradley, S.,** & Rollman, B. (2020, April). Optimizing social media use and reducing social isolation among rural sexual and gender minority adolescents: Study design and preliminary acceptability results. In S. Ford (Chair), *Innovative interventions to improve health outcomes among sexual and gender minority youth: From conceptualizing to testing.* Symposium at annual meeting of Society of Behavioral Medicine, San Francisco, CA (Conference canceled).
- 31. **Choukas-Bradley, S.,** \*\*Romito, M., Salk, R. H., \*Roberts, S. R., Thoma, B. C., & Levine, M. D. (2020, March). Exploring transgender adolescents' body image concerns: Semi-structured interviews with nine gender minority youth. In S. Choukas-Bradley (Chair), *Mental health among transgender adolescents: Elucidating risk and protective factors using multiple methodological approaches.* Symposium at biannual meeting of Society for Research on Adolescence, San Diego, California (Conference canceled).
- 30. \*Roberts, S. R., Salk, R. H., \*\*Romito, M., Thoma, B. C., Levine, M. D., & **^Choukas-Bradley, S.** (2020, March). Disparities in disordered eating between transgender and cisgender adolescents in a nationwide U.S. sample. In S. Choukas-Bradley (Chair), *Mental health among transgender adolescents: Elucidating risk and protective factors using multiple methodological approaches.* Symposium at biannual meeting of Society for Research on Adolescence, San Diego, California (Conference canceled).
- 29. Thoma, B. C., **Choukas-Bradley, S.,** Rezeppa, T., Salk, R. H., & Marshal, M. P. (2020, March). Disparities in childhood emotional, physical, and sexual abuse between transgender and cisgender adolescents in the United States. In S. Choukas-Bradley (Chair), *Mental health among transgender adolescents: Elucidating risk and protective factors using multiple methodological approaches.* Symposium at biannual meeting of Society for Research on Adolescence, San Diego, California (Conference canceled).
- 28. Nesi, J., **Choukas-Bradley, S.,** \*Maheux, A. J., \*Roberts, S. R., Sanzari, C., Widman, L., & Prinstein, M. J. (2020, March). Selfie appearance investment and peer feedback concern: An investigation of adolescent selfie practices and psychosocial adjustment. In M. Zimmer-Gembeck (Chair), *Immersion in social media: Associations of preoccupation, appearance, selfies, and comments with mental and physical health*. Symposium at annual meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
- 27. Widman, L., Javidi, H., **Choukas-Bradley, S.,** & Nesi, J. (2020, March). *Adolescent sexual communication and behavior in the digital age: Sexting, porn, and using social media to meet partners*. Paper presented at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).

- 26. Stewart, J. L., Spivey, L. A., Widman, L., **Choukas-Bradley, S.,** & Prinstein, M. J. (2019, November). *Developmental patterns of sexual identity, romantic attraction, and sexual behavior among adolescents over three years.* Oral presentation at the Society for the Scientific Study of Sexuality conference, Denver, Colorado.
- 25. Javidi, H., \*Maheux, A. J., Widman, L., Kamke, K., **Choukas-Bradley, S.,** & Peterson, Z. D. (2019, November). *Understanding adolescents' attitudes toward affirmative consent.* Brief presentation at the Society for the Scientific Study of Sexuality conference, Denver, Colorado.
- 24. Thoma, B.C., Salk, R.H., **Choukas-Bradley S.**, Goldstein, T.R., Levine, M.D., & Marshal, M.P. (July 2019). Suicidality disparities between transgender and cisgender adolescents: Examining gender identity subgroup differences within a nationwide online survey. Oral presentation at the annual meeting of the International Academy of Sex Research, Mexico City, Mexico.
- 23. Widman, L., Javidi, H., **Choukas-Bradley, S.,** & Nesi, J. (July, 2019). *Adolescent sexual behavior and communication in the digital age: Sexting, porn, and using social media to meet partners.*Brief communication talk at the annual meeting of the International Academy of Sex Research, Mexico City, Mexico.
- 22. **Choukas-Bradley,** S., Nesi, J., & Widman, L. (2019, March). Social media and self-objectification: Examining the implications for adolescents' body image and mental health. In K. Burnell (Chair), *Social media use and adolescent adjustment: Considering quality over quantity.*Symposium at biannual meeting of Society for Research in Child Development, Baltimore, MD.
- 21. **Choukas-Bradley, S.,** Nesi, J., & Widman, L. (2018, October). *Social media self-objectification: Associations with adolescents' body image and mental health.* Flash talk and poster presented at the second Digital Media and Developing Minds conference of Children and Screens, Long Island, NY.
- 20. Giletta, M., **Choukas-Bradley, S.,** Maes, M., Linthicum, R, Card, N.A., & Prinstein, M.J. (2018, September). When and to what extent do peers influence youth behavior? A review and meta-analysis of peer influence effects in childhood and adolescence. In Schultz, S. (Chair), *Meta-analytic approaches to social relationships and interactions in adolescence*. Symposium at the European Association for Research on Adolescence, Ghent, Belgium.
- 19. **Choukas-Bradley, S.,** Nesi, J., Widman, L., & Higgins, M. K. (2018, April). Camera-ready: Young women's appearance-related social media consciousness. In B. Uink (Chair), *Teens and tech: Spill-over of adolescents' digital technology use to offline behaviors and wellbeing.* Symposium at biannual meeting of Society for Research on Adolescence, Minneapolis, MN.
- 18. Nesi, J., & **Choukas-Bradley, S.** (2017, October). Social media as a unique context for adolescent sexual behavior. In C. Catarozoli (Chair), *Sexting and social media: Risk-taking behavior in the 21st century.* Symposium at annual meeting of the American Academy of Child and Adolescent Psychiatry, Washington, DC.
- 17. **Choukas-Bradley, S.,** & Prinstein, M. J. (2017, April). Examining the roles of perceived peer norms and gender in early adolescents' numbers of sexual partners over time. In D. van de Bongardt (Chair), *Early adolescent sexual development in peer contexts: Longitudinal studies on networks, norms, and mechanisms.* Symposium at biannual meeting of Society for Research on Child Development, Austin, TX.

- 16. Rofey, D., **Choukas-Bradley, S.+,** & Sequeira, G.+ (2016, September). *Weight concerns in transgender youth.* Paper presented at TransPride Pittsburgh National Conference, Pittsburgh, PA. +Presenting authors
- 15. **Choukas-Bradley, S.,** Giletta, M., Cohen, G. L., & Prinstein, M. J. (2016, April). An experimental investigation of prosocial peer influence. In M. J. Prinstein (Chair), *Peer influence: Why do adolescents conform and who is most susceptible?* Symposium at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
- 14. Nesi, J., Giletta, M., **Choukas-Bradley, S.,** Cohen, G. L., & Prinstein, M. J. (2016, April). Adolescents' conformity to high status peers predicts increased self-esteem. In M. J. Prinstein (Chair), *Peer influence: Why do adolescents conform and who is most susceptible?* Symposium at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
- 13. Widman, L., **Choukas-Bradley, S.,** Prinstein, M. J. (2015, August). Sex and susceptibility: Predicting youth susceptibility to peer influence in sexual situations with an experimental approach. Paper presented at annual meeting of International Academy of Sex Research, Toronto, Canada.
- 12. Widman, L., **Choukas-Bradley, S.,** & Prinstein, M. J. (2014, November). *Adolescents' susceptibility to peer influence on sexual risk behavior: An experimental approach.* Paper presented at the National Center for AIDS Research Symposium, Providence, Rhode Island.
- 11. Widman, L., Noar, S. M., **Choukas-Bradley, S.,** & Francis, D. (2014, June). *Adolescent sexual health communication and condom use: A meta-analysis.* Paper presented at annual meeting of International Academy of Sex Research, Dubronvik, Croatia.
- 10. Widman, L., Nesi, J., **Choukas-Bradley, S.,** & Prinstein, M. J. (2014, April). Safe sext: Adolescents' use of technology to communicate about sexual health with dating partners. Paper presented at Society of Behavioral Medicine, Philadelphia, PA.
- 9. Widman, L., Noar, S. M., **Choukas-Bradley, S.,** & Francis, D. (2014, April). Meta-analysis of adolescent sexual communication and condom use. Paper presented at Society of Behavioral Medicine, Philadelphia, PA.
- 8. **Choukas-Bradley, S.,** Widman, L., & Prinstein, M. J. (2014, March). Injunctive and descriptive social norms as prospective predictors of early adolescents' noncoital and coital sexual behaviors. In S. Choukas-Bradley (Chair), *Messages early adolescents receive about sex:*Parent, peer, and media influences on sexual intentions and behaviors. Symposium presented at biannual meeting of Society for Research on Adolescence, Austin, TX.
- 7. Giletta, M., **Choukas-Bradley, S.,** & Prinstein, M. J. (2014, March). Popularity as a predictor of alcohol use occurrence and frequency in an ethnically diverse adolescent sample. In M. Giletta (Chair), *Popularity puts adolescents at risk? Factors that exacerbate and underlie the effects of popularity on maladaptive behaviors.* Symposium presented at biannual meeting of Society for Research on Adolescence, Austin, TX.
- 6. Widman, L., **Choukas-Bradley, S.,** Helms, S. W., & Prinstein, M. J. (2014, March). Developmental predictors of early adolescent sexual communication with parents and partners over one year. In S. Choukas-Bradley (Chair), *Messages early adolescents receive about sex: Parent, peer, and media influences on sexual intentions and behaviors.* Symposium presented at biannual meeting of Society for Research on Adolescence, Austin, TX.

- 5. **Choukas-Bradley, S.,** Cohen, G. L., & Prinstein, M. J. (2013, April). Adolescent factors that moderate susceptibility to experimentally-manipulated social norms of popular peers. In M. Sandstrom (Chair), *Power, popularity, and persuasion: Experimental paradigms for assessing peer conformity in action.* Symposium presented at biannual meeting of Society for Research in Child Development, Seattle, WA.
- 4. Widman, L., **Choukas-Bradley, S.,** Helms, S. W., & Prinstein, M. J. (2013, April). Sexual communication between early adolescents and their dating partners, parents, and best friends. In S. Moore (Chair), *Adolescent sexual behavior: Genes and macro to micro environmental contributors.* Symposium presented at biannual meeting of Society for Research in Child Development, Seattle, WA.
- 3. Reese, B. M., **Choukas-Bradley, S.,** & Halpern, C. T. (2013, April). *Predictors of varying emergent adolescent and young adult sexual patterns.* Paper presented at annual meeting of Population Association of America, New Orleans, LA.
- 2. **Choukas-Bradley, S.,** Calhoun, C. D., Cohen, G. L., & Prinstein, M. P. (2012, March). Peer influence susceptibility measured with an experimental paradigm: Longitudinal associations with sexual risk behavior. In M. Sandstrom (Chair), *Risky business: Popularity and social influence processes in adolescence.* Symposium presented at biannual meeting of Society for Research on Adolescence, Vancouver, B.C., Canada.
- 1. Brechwald, W. A., **Choukas-Bradley, S.,** & Prinstein, M. J. (2010, November). Romantic partner effects on adolescents' engagement in weight-related health risk behaviors. In W. A. Brechwald & M. J. Prinstein (Co-Chairs), *Adolescent health risk behaviors in peer and romantic relationship contexts.* Symposium presented at annual meeting of Association for Behavioral and Cognitive Therapies, San Francisco, CA.

#### **PUBLISHED CONFERENCE ABSTRACTS**

- 10. Levenson, J. C., Thoma, B. C., Hamilton, J. L., **Choukas-Bradley, S.**, & Salk, R. H. (2020). Sleep among transgender and cisgender adolescents. *SLEEP, 43*, A136-A137. https://doi.org/10.1093/sleep/zsaa056.355
- 9. **Choukas-Bradley, S.,** Marshal, M. P., Thoma, B. C., Salk, R. H., Goldstein, T. R., & Levine, M. D. (2020). Developmental and interpersonal contexts of sexual and gender minority youth: Insights for intervention development. *Annals of Behavioral Medicine, 54,* S157. https://doi.org/10.1093/abm/kaaa009
- 8. **Choukas-Bradley, S.,** Escobar-Viera, C. G., Egan, J., Vogel, E. A., Ford, S., & Pagoto, S. (2020). Innovative interventions to improve health outcomes among sexual and gender minority youth: From conceptualizing to testing. *Annals of Behavioral Medicine, 54,* S157. https://doi.org/10.1093/abm/kaaa009
- 7. Escobar-Viera, C. G., Sidani, J. E., Shensa, A., Shaaban, S., **Choukas-Bradley, S.,** & Rollman, B. (2020). A social media intervention to reduce social isolation among rural sexual and gender minority youth: Study design and preliminary acceptability. *Annals of Behavioral Medicine*, 54, S158. https://doi.org/10.1093/abm/kaaa009
- 6. Nelson, K. M., **Choukas-Bradley, S.,** Gordon, A. R., & Macapagal, K. (2020). Practical and ethical considerations for conducting online research among sexual and gender minority youth. *Annals of Behavioral Medicine, 54*, S184. https://doi.org/10.1093/abm/kaaa009

- 5. Eckstrand, K. L., **Choukas-Bradley, S.,** Cross, M., Silk, J. S., Allen, N. B., Jones, N. P., & Forbes, E. (2017). Heightened activity in social reward networks is associated with adolescents' risky sexual behaviors. *Journal of the American Academy of Child & Adolescent Psychiatry, 56,* S235. https://doi.org/10.1016/j.jaac.2017.09.236
- 4. Widman, L., Nesi, S. M., **Choukas-Bradley, S.,** & Prinstein, M. J. (2014). Safe sext: Adolescents' use of technology to communicate about sexual health with dating partners. *Annals of Behavioral Medicine, 47,* S241. https://doi.org/10.1007/s12160-014-9596-9
- 3. Widman, L., Noar, S. M., **Choukas-Bradley, S.,** & Francis, D. B. (2014). Meta-analysis of adolescent sexual communication and condom use. *Annals of Behavioral Medicine, 47*, S242. https://doi.org/10.1007/s12160-014-9596-9
- 2. Cole, D. J., Helms, S. W., **Choukas-Bradley, S.,** & Prinstein, M. J. (2011). Peers strongly reinforce engagement in early sexual behavior, or do they? *Annals of Behavioral Medicine, 41,* S231. https://doi.org/10.1007/s12160-011-9263-3
- 1. **Choukas-Bradley, S.,** Helms, S. W., Cole, D. J., & Prinstein, M. J. (2011). Preventing girls' early substance use and sexual intercourse: The role of relational aggression. *Annals of Behavioral Medicine, 41*, S221. https://doi.org/10.1007/s12160-011-9263-3

# SELECTED POSTER PRESENTATIONS AT NATIONAL & INTERNATIONAL CONFERENCES

- 42. \*\*Ladd, B. A., Jardas, E., Pease, M., Thoma, B. C., & **^Choukas-Bradley, S.** (2023, August). *Intersectional microaggressions and depressive symptoms among transgender adolescents of color*. Poster to be presented at the Annual Convention of the American Psychological Association, Washington, D.C.
- 41. \*\*Gotkiewicz, E. M., \*Roberts, S. R., \*Maheux, A. J., & **^Choukas-Bradley, S.** (2023, June). *The role of appearance-contingent self-worth in self-objectification, social comparison, and disordered eating among young adults.* Poster to be presented at the annual International Conference on Eating Disorders, Washington, D.C.
- 40. \*\*Ladd, B.A., \*Maheux, A. J., **Choukas-Bradley, S.,** & Lewis, J. A. (2023, April). *Initial validation of the Gendered Racial Microaggressions Scale for Adolescent Girls of Color.* Poster to be presented at the Biennial Meeting of the Society for Research on Adolescence, San Diego, CA.
- 39. Widman, L., \*Maheux, A., Craig, E., Evans-Paulson, R., & **Choukas-Bradley, S.** (2022, July). *Sexual communication between adolescent partners: A scoping review and directions for future research.* Poster at the annual conference of the International Academy of Sex Research, Reykjavík, Iceland.
- 38. Thoma, B. C., Jardas, E., **Choukas-Bradley, S.,** & Salk, R. H. (2022, July). *Gender transition progress, gender congruence, and mental health symptoms among transgender adolescents.*Poster at the annual conference of the International Academy of Sex Research, Reykjavik, Iceland.
- 37. Jardas, E., \*\*Ladd, B. A., \*Maheux, A. J., **Choukas-Bradley, S.**, Salk, R. H., Thoma, B. C. (2022, May). *Testing the minority stress model in a racially and ethnically diverse sample of U.S. gender minority adolescents.* Poster at the Association for Psychological Science annual conference, Chicago, IL.
- 36. \*Martino, R. M., \*Roberts, S. R., \*Maheux, A. J., \*\*Ladd, B. A., & **^Choukas-Bradley, S.** (2022, March). The role of feminist identity and gender in endorsement of hookup culture among

- *emerging adults.* Poster at the Society for Research on Adolescence Biennial Meeting, New Orleans, LA.
- 35. \*Stout, C. D., \*Roberts, S. R., \*Maheux, A. J., \*\*Ladd, B. A., & **^Choukas-Bradley, S.** (2022, March). *Exploring the roles of gender and sexual orientation in young adults' reasoning for not engaging in hookups*. Poster at the Society for Research on Adolescence Biennial Meeting. New Orleans, LA.
- 34. Escobar-Viera, C. G., **Choukas-Bradley, S.,** Sidani, J., \*Maheux, A. J., \*Roberts, S. R., & Rollman, B. (2022, March). *Exploring the potential of social media for combating social isolation: Online interviews with rural sexual and gender minority youth.* Poster at the annual meeting of the Society for Adolescent Health and Medicine. San Diego, CA.
- 33. \*\*Ladd, B. A., \*Maheux, A. J., \*Roberts, S. R., Thoma, B. C., Salk, R. H., & **^Choukas-Bradley, S.** (2021, November). *Black transgender and gender diverse adolescents' experiences of gender-related stressors and depressive symptomatology.* Poster at the Association for Behavioral and Cognitive Therapies 55<sup>th</sup> annual convention (virtual conference).
- 32. \*Martino, R. M., \*Roberts, S. R., \*Maheux, A. J., \*\*Ladd, B. A., \*Stout, C. D., & **^Choukas-Bradley, S.** (2021, November). *The role of feminist identity and gender in endorsement of hookup culture among emerging adults.* Poster at the Harvard Women in Psychology Trends in Psychology Summit (virtual conference).
- 31. \*Roberts, S. R., \*Maheux, A. J., Widman, L., & **^Choukas-Bradley, S.** (2021, July). *Body comparison as a mediator underlying the longitudinal association between body shame and disordered eating among a diverse sample of U.S. adolescents.* Poster at the biennial meeting for the Centre for Appearance Research, virtual conference.
- 30. Hurst, J. L., Widman, L., Evans. R., & **Choukas-Bradley., S.** (2021, May). Parents' attitudes towards including information about sexual orientation and gender in adolescent sex education: Associations with religiosity and political affiliation. Poster at the 7th National LGBTQ Health Conference: Bridging Research & Practice (virtual conference).
- 29. \*Maheux, A. J., \*Roberts, S. R., Widman, L., Nesi, J., & **^Choukas-Bradley, S.** (2021, February). *Longitudinal associations between adolescent social media use and depressive symptoms: The role of appearance-related social media consciousness.* Poster presentation at the Society for Personality and Social Psychology annual convention (virtual conference).
- 28. \*Roberts, S. R., \*\*Ladd, B. A., \*Maheux, A. J., & **^Choukas-Bradley, S.** (2021, February). *The effect of the thin and muscular ideal on adolescents' body image.* Poster presentation at the Society for Personality and Social Psychology annual convention (virtual conference).
- 27. Bibby, E. S., Widman, L., Turpyn, C., **Choukas-Bradley, S.,** Nesi, J., Prinstein, M.J., & Telzer, E. H. (2021, February). *A multi-wave assessment of ethnic and gender differences in adolescents' sexual communication with parents, peers, and partners.* Poster presentation at the Society for Personality and Social Psychology annual convention (virtual conference).
- 26. \*\*Ladd, B. A., \*Maheux, A. J., \*Roberts, S. R., \*\*Bryen, C. P., \*\*Carrino, E. A., Thoma, B. C., Goldstein, T. R., Salk, R. H., Marshal, M. P., & **^Choukas-Bradley, S.** (2020, November). *Exploring sexual behavior and attraction of bi+ adolescents with bipolar disorder: A qualitative analysis.* Poster presentation at the Society for the Scientific Study of Sexuality (virtual conference).

- 25. Rezeppa, T. L., **Choukas-Bradley, S.,** \*Maheux, A. J, \*Roberts, S. R., Salk, R. H., & Thoma, B. C. (2020, June). *Psychosocial correlates of body image disturbance and disordered eating among sexual minority adolescent women*. Poster presented at the Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum, Washington, D.C.
- 24. \*\*Drexler, S. A., \*Maheux, A. J., Widman, L., & **^Choukas-Bradley, S.** (2020, March). *Adolescent feminist identification and condom use intentions.* Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
- 23. \*\*Romito, M., Salk, R. H., \*Roberts, S. R., Thoma, B. C., & Levine, M. D., & **^Choukas-Bradley, S.** (2020, April). *Exploring transgender adolescents' body image concerns and disordered eating.* Poster at the annual meeting of the Midwestern Psychological Association, Chicago, IL (Conference canceled).
- 22. \*Maheux, A. J., Evans, R., Widman, L., Nesi, J., Prinstein, M. J., & **^Choukas-Bradley, S.** (2020, March). *Adolescent sexting: The role of peer influence and perceptions of peer norms.* Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
- 21. \*\*Zhou, Y., \*Maheux, A. J., Thoma, B. C., Salk, R. H., & **^Choukas-Bradley, S.** (2020, March). *Sexual behavior of gender minority adolescents in the United States*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
- 20. \*\*Henry, H. R., \*Maheux, A. J., Thoma, B. C., Salk, R. H., \*\*Ladd, B. A., & **^Choukas-Bradley, S.** (2020, March). *Examining the timing of social support on depressive symptomology among transgender and gender-nonconforming adolescents*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
- 19. \*Maheux, A. J., Widman, L., & **^Choukas-Bradley, S.** (2020, March). *Appearance-related math stereotypes and gender: The role of the "unattractive math nerd" archetype on adolescents' math engagement*. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
- 18. \*Roberts, S. R., \*Maheux, A. J., \*\*Bryen, C. P., \*\*Carrino, E. A., Salk, R. H., Thoma, B. C., & **^Choukas-Bradley, S.** (2020, March). "Keep TERFs off our turf!": A mixed methods investigation of gender minority adolescents' perceptions of feminism. Poster at the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
  - Received the Student Poster Award (one of three for conference)
- 17. \*Maheux, A. J., \*\*Carrino, E. A., \*\*Bryen, C. P., \*\*Zhou, Y., & **^Choukas-Bradley, S.** (2020, February). *Gender differences in the association between frequency and enjoyment of oral sex in college hook-up contexts.* Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- 16. \*\*Bryen, C. P., \*\*Carrino, E. A., \*Maheux, A. J., Stewart, J. L., Widman, L., & **^Choukas-Bradley, S.** (2019, March). *Sexual and gender minority adolescents in a U.S. community sample: Understanding mental health disparities.* Poster presented at the biannual meeting of the Society for Research in Child Development, Baltimore, MD.
- 15. \*\*Carrino, E. A., \*\*Bryen, C. P., \*Maheux, A. J., Stewart, J. L., Widman, L., & **^Choukas-Bradley, S.** (2019, March). "They want equal rights, but...": A mixed methods investigation of adolescents' conceptions of feminism. Poster presented at the biannual meeting of the Society for Research in Child Development, Baltimore, MD.

- 14. \*Maheux, A. J., Evans, R., Widman, L., Prinstein, M. J., & **^Choukas-Bradley, S.** (2019, March). *Sexting in adolescence: The role of peer influence and perceptions of peer norms.* Poster presented at the annual Adolescent and Young Adult Health Research Symposium, Pittsburgh, PA.
- 13. **Choukas-Bradley, S.,** Hipwell, A. E., & Stepp, S. D. (2018, July). *A dual trajectory analysis of adolescent girls' borderline personality symptoms and sexual risk behaviors from ages 14 to 18.* Poster presented at annual meeting of International Academy of Sex Research, Madrid, Spain.
- 12. Widman, L., Nesi, J., Kamke, K., **Choukas-Bradley, S.,** & Stewart, J. L. (2018, July). *Technology-based interventions to reduce STIs and unintended pregnancy among youth: A meta-analysis.*Poster presented at annual meeting of International Academy of Sex Research, Madrid, Spain.
- 11. Widman, L., Stewart, J. L., **Choukas-Bradley, S.,** Nesi, J., & Prinstein, M. J. (2017, July). *Having "the talk": A multi-wave assessment of parent-adolescent sexual communication.* Poster presented at the International Association of Sex Research conference. Charleston, South Carolina.
- 10. **Choukas-Bradley, S.,** Nesi, J., Widman, L., & Higgins, M. K. (2017, January). *Self-objectification 2.0: Examining the role of social media self-objectification in the psychology of young women.* Poster presented at annual meeting of Society for Personality and Social Psychology, San Antonio, TX.
- 9. Trinh, S., & **Choukas-Bradley, S.** (2016, April). "No messages needed just pats on the back": Exploring young men's reports of male and female friends' sexual communications. Poster presented at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
- 8. Nesi, J., Widman, L., **Choukas-Bradley, S.,** & Prinstein, M. J. (2016, April). *Technology-based communication and the development of interpersonal competencies within adolescent romantic relationships.* Poster presented at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
- 7. Cole, D. J., Helms, S. W., **Choukas-Bradley, S.,** & Prinstein, M. J. (2011). *Peers strongly reinforce engagement in early sexual behavior, or do they?* Poster presented at annual meeting of Society of Behavioral Medicine, Washington, DC.
- 6. **Choukas-Bradley, S.,** Helms, S.W., Cole, D. J., & Prinstein, M. J. (2011, April). *Preventing girls' early substance use and sexual intercourse: The role of relational aggression.* Poster presented at annual meeting of Society of Behavioral Medicine, Washington, DC.
- 5. **Choukas-Bradley, S.,** Cole, D. J., Rock, P. F., & Prinstein, M. J. (2011, March). *Longitudinal associations between adolescents' peer-perceived popularity and substance use: The moderating role of impulsivity.* Poster presented at biannual meeting of Society for Research in Child Development, Montreal, Canada.
- 4. **Choukas-Bradley, S.,** Brechwald, W. A., & Prinstein, M. J. (2010, November). *Social norms and adolescent alcohol use: Associations among binge drinking and peer status trajectories.* Poster presented at annual meeting of Association for Behavioral and Cognitive Therapies, San Francisco, CA.

- 3. **Choukas-Bradley, S.,** & Prinstein, M. J. (2010, October). *Longitudinal associations among adolescents' substance use, sexual initiation, and popularity.* Poster presented at meeting of Kansas Conference in Clinical Child and Adolescent Psychology, Lawrence, KS.
- 2. **Choukas-Bradley, S.,** Metcalfe, L. A., Wright, J. C., Zakriski, A. L., & Cardoos, S. C. (2009, April). *Toward a contextual approach to the study of change: Linking impressions, standardized assessments, and behavior in context.* Poster presented at biannual meeting of Society for Research in Child Development, Denver, CO.
- 1. **Choukas-Bradley, S.,** Banducci, A. N., Metcalfe, L. A., Wright, J. C., & Zakriski, A. L. (2008, March). Reassessing the assessment of change: Disentangling the social interactional processes that mediate behavior change in at-risk youth. Poster presented at annual meeting of Eastern Psychological Association, Boston, MA.

#### **INVITED SPEAKER, DISCUSSANT, & PANELIST: NATIONAL & INTERNATIONAL CONFERENCES**

- **6. Choukas-Bradley, S.,** <u>Invited Panelist (</u>2022, June). *Body Image and Eating Disorder Prevention Across the Lifespan.* International Conference on Eating Disorders. Virtual conference.
- **5. Choukas-Bradley, S.,** <u>Invited Speaker & Discussant</u> (2021, May). *Social media, social comparison, and body image in adolescence.* Children and Screens Research Retreat. Virtual conference.
- **4. Choukas-Bradley, S.,** <u>Closing Plenary Speaker</u> (2021, April). *Social media, social comparison, and body image in adolescence.* Children's Hospital of Los Angeles Leadership Education in Adolescent Health Conference. Virtual conference.
- **3. Choukas-Bradley, S.,** <u>Invited Panelist</u> (2020, April). *Practical and Ethical Considerations for Conducting Online Research Among Sexual and Gender Minority Youth* (K. Nelson, Chair). Society of Behavioral Medicine Annual Conference. Conference Canceled.
- **2. Choukas-Bradley, S.,** <u>Invited Discussant</u> (2019, March). *#PeerProblems: Examining the Role of Social Media in Transforming Peer Experiences and Influencing Adolescent Adjustment* (K. Flannery, Chair). Society for Research in Child Development Biannual Conference. Baltimore, MD.
- **1. Choukas-Bradley, S.,** <u>Invited Discussant</u> (2017, April). *The Positive and Negative Roles of Peer Relations in Childhood Obesity* (M. K. Bookhout, Chair). Society for Research in Child Development Biannual Conference. Austin, TX.

#### **CONFERENCE SYMPOSIUM CHAIR ROLES**

- **3. Choukas-Bradley, S.,** Chair of Symposium (2021, April). New Advances in the Study of Adolescents' Social Media Use: Theoretical and Empirical Perspectives). Symposium at Society for Research in Child Development Biannual Conference. Virtual Conference.
- 2. Choukas-Bradley, S., Chair of Symposium (2020, March). Mental Health Among Transgender Adolescents: Elucidating Risk and Protective Factors Using Multiple Methodological Approaches. Conference canceled. Symposium at Society for Research on Adolescence Biannual Conference. Conference Canceled.
- **1. Choukas-Bradley, S.,** <u>Chair of Symposium</u> (2014, April). *Messages Early Adolescents Receive About Sex: Parent, Peer, and Media Influences on Sexual Intentions and Behaviors.* Symposium at Society for Research on Adolescence Biannual Conference. Austin, TX.

#### SELECTED LOCAL INVITED RESEARCH TALKS

- **12. Choukas-Bradley, S.,** <u>Speaker at Clinical Psychology Seminar Series</u> (2023, Spring). University of Pittsburgh Department of Psychology.
- **11. Choukas-Bradley, S.,** <u>Psi Chi Induction Speaker</u> (2022, Fall). University of Pittsburgh Department of Psychology.
- **10. Choukas-Bradley, S.,** <u>Invited Speaker for Annual Carter Talk</u> (2022, Fall). University of Delaware Department of Women and Gender Studies.
- 9. Choukas-Bradley, S., Keynote Speaker for Women's Week (2021, Fall). University of Delaware.
- **8. Choukas-Bradley, S.,** <u>Invited Speaker for Adolescent Medicine Series</u> (2019, Spring). University of Pittsburgh School of Medicine.
- **7. Choukas-Bradley, S.,** <u>Psi Chi Induction Speaker</u> (2018, Fall). University of Pittsburgh Department of Psychology.
- **6. Choukas-Bradley, S.,** <u>Invited "Flash Class" Speaker</u> (2018, Fall). University of Pittsburgh Dietrich School of Arts & Sciences.
- **5. Choukas-Bradley, S.,** <u>Invited Speaker for Social Psychology Lunchtime Talk Series</u> (2017, Fall). University of Pittsburgh Department of Psychology.
- **4. Choukas-Bradley, S.,** <u>Invited Speaker</u> (2014, Fall). University of North Carolina's Women Experiencing Learning & Leadership Community (W.E.L.L.).
- **3. Choukas-Bradley, S.,** <u>Invited Speaker at Community Advisory Board Meeting</u> (2014, Spring). University of North Carolina Center for AIDS Research.
- **2. Choukas-Bradley, S.,** Invited Speaker (2014, Spring). Hillside New Tech High School.
- **1. Choukas-Bradley, S.,** <u>Invited Speaker</u> (2013, Fall). The Governor School.

# SELECTED INVITED TALKS REGARDING DEI & PROFESSIONAL DEVELOPMENT (LOCAL & EXTERNAL)

- **7. Choukas-Bradley, S.,** <u>Speaker at 2023 Provost's Diversity Institute for Faculty Development</u> (2023, May). "The Anti-LGBTQ+ Legislative Landscape and the University Classroom." University of Pittsburgh.
- **6. Choukas-Bradley, S.,** Speaker at Professional Development Seminar Series (2023, January). "Dealing with Failure & Rejection in Academia." University of Pittsburgh Department of Psychology.
- **5. Choukas-Bradley, S.,** <u>Invited Speaker for Clinical Psychology Seminar Series</u> (2021, Fall). "*Cultural Humility in Case Conceptualization & Presentation.*" University of Pittsburgh Department of Psychology.
- **4. Choukas-Bradley, S.,** <u>Invited Speaker for Social Justice Happy Hour Series</u> (2021, Spring). "*Antiracist Allyship.*" University of Delaware.
- **3. Choukas-Bradley, S.,** <u>Invited Speaker at Committee Meeting</u> (2021, Spring). "Antiracist Allyship & DEI Work in Academia." Georgetown McDonough School of Business DEI Committee.
- **2. Choukas-Bradley, S.,** <u>Invited Panelist</u> (2018, Fall). <u>Invited Panelist</u> "*Grit.*" University of Pittsburgh Women & Science Forum.

**1. Choukas-Bradley, S.,** <u>Invited Panelist</u> (2018, November). *Getting Published as a Student or Early Professional: Tips from Multiple Perspectives* (J. R. Pemberton, Chair). Association for Behavioral and Cognitive Therapies Annual Conference. Washington, DC.

# **TEACHING, MENTORSHIP, & SUPERVISION**

# **Instructor of Record: Undergraduate Courses**

# **Adolescence** (9 semesters)

University of Pittsburgh: Fall 2022, Spring 2020, Fall 2019, Spring 2019, Fall 2018, Spring 2018

University of Delaware: Fall 2021, Winter 2021, Fall 2020

# Psychopathology/Abnormal Psychology (6 semesters)

University of Delaware ("Psychopathology"): Fall 2021

University of North Carolina ("Abnormal Psychology"): Fall 2014, Summer 2014, Summer 2013,

*Spring 2013, Fall 2012* 

# **Instructor of Record: Graduate Courses**

#### **CBT Team Supervision** (2 semesters)

University of Pittsburgh, Summer 2023, Fall 2023 (planned)

#### **Social Development** (1 semester)

University of Pittsburgh, Fall 2022 (co-taught with Klaus Libertus)

#### **Social Influences on Adolescent Development** (1 semester)

University of Pittsburgh, Fall 2019

#### **Teaching Fellow: Graduate Courses (as Graduate Student)**

**Ethics and Practice in Clinical Psychology**, graduate level (1 semester)

University of North Carolina, Spring 2014; Faculty Instructor: Arlane Margolis

### **Clinical Assessment,** graduate level (1 semester)

University of North Carolina, Spring 2013; Faculty Instructor: Eric Youngstrom

#### **Mentorship of Junior Faculty**

#### **K23 Consultant**

Jacqueline Nesi, 2020-2025

# K23 MH122669-0, Social Media Use and Mechanisms of Suicide Risk in Adolescents

#### **Doctoral Student Advisor: Primary Advisor**

◆Anne Maheux, Ph.D. (mentee 2018-2023): Maheux was SCB's first doctoral student; graduated from University of Pittsburgh in 2023 with an individualized cross-training Ph.D. in Developmental & Social Psychology.

♦ *Fellowship:* National Science Foundation Graduate Research Fellowship

- ♦ Subsequent position (beginning July 2023): Endowed Assistant Professor (tenure-track), University of North Carolina at Chapel Hill, Department of Psychology and Neuroscience: Developmental Psychology Program & Winston National Center on Technology Use, Brain, and Psychological Development
- ◆ Savannah Roberts, M.A. (mentee 2019–present): 5<sup>th</sup>-year doctoral student in Choukas-Bradley lab; pursuing a joint Ph.D. in Clinical & Developmental Psychology 
  ♦ *Fellowships & Scholarships:* National Science Foundation Graduate Research Fellowship, Academy for Eating Disorders RSH Scholarship, University of Pittsburgh Arts & Sciences Fellowship
- ◆ Claire Stout (mentee 2021–present): 3<sup>rd</sup>-year doctoral student in Choukas-Bradley lab; pursuing a joint Ph.D. in Clinical & Developmental Psychology

  ◊ Fellowship: National Science Foundation Graduate Research Fellowship
- ◆ Daniel Labrousse (joining lab in Aug. 2023): Incoming doctoral student in Choukas-Bradley lab; pursuing a joint Ph.D. in Clinical & Developmental Psychology 
  ◊ Fellowship: University of Pittsburgh K. Leroy Irvis Fellowship
- ◆ Courtney Medina (joining lab in Aug. 2023): Incoming doctoral student in Choukas-Bradley lab; pursuing a Ph.D. in Developmental Psychology

  ◊ Fellowship: University of Pittsburgh K. Leroy Irvis Fellowship

# **Doctoral Student Advisor: Secondary Advisor**

- ♦ Rachel Martino (mentee 2021 present): 2<sup>nd</sup>-year Clinical Science doctoral student previously in Choukas-Bradley lab, now in Clinical Science program at Harvard; SCB served as primary mentor when RS was enrolled at University of Delaware from 2021-2022; SCB continues to serve as unofficial secondary mentor to RM to present day
- ◆Zelal Kilic (mentee 2022 present): 2<sup>nd</sup>-year doctoral student in Silk (primary) & Choukas-Bradley (secondary) labs; pursuing a joint Ph.D. in Clinical & Developmental Psychology

# Post-Baccalaureate Trainee Research Mentorship

- ◆ Emily Gotkiewicz (2022 Present): *part-time lab manager* University of Pittsburgh
- ◆Brianna Ladd (2019 2022): *full-time lab manager*University of Pittsburgh/University of Delaware *Subsequent position:* Ph.D. Student in Counseling Psychology, University of Maryland
- ♦ Yiyao Zhou (2018 2020): *part-time research assistant,* University of Pittsburgh *Subsequent position:* Ph.D. Student in Counseling Psychology, Indiana University
- ♦ Madelaine Romito (2017 2019): part-time research assistant, University of Pittsburgh Subsequent position: Ph.D. Student in Counselor Education and Supervision, Northeastern Illinois University
- ♦ Chloe Bryen: (2017 2019): *full-time lab manager*, University of Pittsburgh *Subsequent position:* Ph.D. Student in Clinical Psychology, Florida State University
- ◆ Emily Carrino: (2017 2019): *full-time lab manager*, University of Pittsburgh *Subsequent position:* Ph.D. Student in Clinical Psychology, UNC Chapel Hill

# Honors Thesis Undergraduate Mentorship

- ◆ Derek Todd, 2023–2024, University of Pittsburgh
  - Graduate Student Mentor (primary mentor): Claire Stout
- ♦ Emily Gotkiewicz, 2021 2022, University of Delaware
  - *Graduate Student Mentor (primary mentor)*: Savannah Roberts
- ♦ Laura Boyajian: 2019 2020, University of Pittsburgh
  - *Graduate Student Mentor (primary mentor)*: Annie Maheux

# <u>Directed Research & Volunteer Undergraduate Mentorship</u>

# **University of Pittsburgh:**

- ♦ Hajjar Littles (Beginning Fall 2023)
- ◆Sami Silk (Kenyon College student; Summer 2023)
- ♦ Perpetua Buadoo (Spring 2023)
- ◆ Dominique DiDomenico (Spring 2023–Present)
  - ♦ Award: Received a research grant from the DeVito-Lipner Family Fund for Undergraduate Research, Summer 2023
- ◆ Basia Silverberg (Spring 2023–Present)
- ◆ Derek Todd (Spring 2023–Present)
- ♦ Laura Boyajian (2019–2020)
  - Subsequent postbaccalaureate position: Research Coordinator, Drexel University Subsequent graduate school position: Ph.D. Student in Clinical Psychology, Florida State University
- ♦ Haley Henry (2019–2020)
  - Subsequent postbaccalaureate position: Clinical Research Specialist, Duke University
- ♦ Sarah Drexler (2019–2020)
  - *Subsequent postbaccalaureate position:* Research Coordinator, Drexel University
- ♦ Kendra Plummer (2019–2020)
  - Subsequent postbaccalaureate position: Intake Coordinator, Child & Family Institute Subsequent graduate school position: Master's Student in Mental Health Counseling, George Washington University
- ♦ Megan Kundra (2018–2020)
  - Subsequent postbaccalaureate position: Administrative Assistant, Dartmouth College Fund
- ♦ Uma Balaji (2018–2020)
  - Subsequent postbaccalaureate position: Research Associate, Pitt Department of Psychiatry
- ♦ Emma Stewart (2018–2019)
  - Subsequent postbaccalaureate position: Lease Analyst, ILL
- ♦ Julia Friedman (2018–2019)

Subsequent postbaccalaureate position: Clinical Research Specialist, Nationwide Children's Hospital

♦ Evelyn Zamora-Vargas (2018)

Subsequent graduate school position: Master's student, Pitt Graduate School of Public and International Affairs

♦ Madeline Rushlau (2017–2018)

Subsequent postbaccalaureate position: Milieu therapist, Western Psychiatric Hospital

◆Tori Blazinski (2017–2018)

Subsequent postbaccalaureate position: Research Specialist, Pitt Department of Psychiatry <u>University of Delaware:</u>

♦ Emily Gotkiewicz (2021 – 2022)

Award: Received the Psychology Research Award for one graduating senior *Subsequent position:* Part-time lab manager in Choukas-Bradley lab at Pitt

♦ Madeline Kesten (2021 – 2022)

Subsequent position: Academic Advisor for College Advising Corps – Boston University

♦ Rmonte' Smack (2021 – 2022)

Received the Carrie DePasquale Award for one graduating senior

♦ Alexa Rial (2021)

# **Clinical Supervision**

**Cognitive Behavioral Therapy Team Supervisor** (Summer & Fall 2023). Clinical supervisor to a team of clinical psychology Ph.D. student trainees & co-instructor for CBT "crash course" (with Jill Cyranowski). University of Pittsburgh Clinical Psychology Center.

**Behavioral Couples Therapy Consultant/Supervisor** (2016-2017). Clinical consulting supervisor to therapists, providing education and supervision, as part of the Improving Access to Psychological Therapies initiative through England's National Health Service. *Supervisor of supervision:* Don Baucom

**Cognitive Behavioral Couples Therapy Supervisor** (2014-2015). Primary clinical supervisor for graduate students in the Couples Therapy Practicum; co-led weekly didactic seminar for graduate students and post-doctoral fellows; helped to manage and run clinic. University of North Carolina. *Supervisor of supervision:* Don Baucom

**Child & Adult Psychotherapy Supervisor** (2012-2014). Primary clinical supervisor for graduate students conducting individual therapy with children and adults. University of North Carolina. *Supervisor of supervision:* Jennifer Kogos Youngstrom

**Assessment Supervisor** (2012-2014). Primary clinical supervisor for graduate students conducting full diagnostic assessments with children and adults. University of North Carolina. *Supervisor of supervision:* Jennifer Kogos Youngstrom

# **STUDENT MILESTONE COMMITTEES**

# **Dissertation Committees**

# Department of Psychology, University of Pittsburgh:

- ♦ Kendra Whitfield (Clinical & Developmental Psychology), 2023 Present
- ♦ Quyen Do (Clinical & Developmental Psychology), 2023 Present
- ♦ Anne Maheux (Developmental & Social Psychology: Individualized Ph.D. Training Program; Chair of Committee), 2022 2023

# Other Departments and Universities:

- ◆Zachary Meehan (Clinical Science Ph.D. Program, University of Delaware), 2023 Present
- ♦ Isaac Cheng (Clinical Psychology Psy.D. Program, Antioch University Seattle), 2022 Present
- ♦ Rebecca Meacham (Applied Developmental Psychology Ph.D. Program, U. Pittsburgh), 2019 2020
- ◆ Ariel Shensa (Clinical & Translational Science Ph.D. Program, U. Pittsburgh), 2019 2020

# **Comprehensive Examination Committees**

# <u>University of Pittsburgh Department of Psychology</u>

- ◆ Samantha Plate (Clinical & Developmental Psychology), 2023 Present
- ◆ Emily Hutchinson (Clinical & Developmental Psychology), 2023 Present
- ♦ Isabella Kahhale (Clinical & Developmental Psychology), 2023 Present
- ◆ Savannah Roberts (Clinical & Developmental Psychology; Chair of Committee), 2022 Present
- ♦ Quyen Do (Clinical & Developmental Psychology), 2022 Present
- ♦ Orma Ravindranath (Clinical Psychology), 2020 2021

# <u>University of Delaware Clinical Science Program (all faculty participate in the comprehensive exam development & defense for all students)</u>

- ◆ Rickie Miglin (2021) ◆ Marta Korom (2021) ◆ Leigh Andrews (2020) ◆ Mallory Garnett (2020)
- ♦ Christiana Martin (2020)

#### **Master's Thesis Committees**

#### University of Pittsburgh Department of Psychology

- ◆ Claire Stout (Clinical & Developmental Psychology; Chair of Committee), 2022 Present
- ♦ Giana Teresi (Clinical Psychology), 2023 Present
- ♦ Julia Gajewski-Nemes (Clinical & Developmental Psychology), 2023 Present
- ♦ Sienna Nielsen (Clinical Psychology, University of Pittsburgh), 2022 Present
- ◆ Anne Maheux (Developmental & Social Psychology; Chair of Committee), 2019 2020
- ◆ Christina Leckfor (Social Psychology), 2019 2020
- ♦ Kirsten McKone (Clinical & Developmental Psychology), 2018 2019

#### Other Universities

Emily Carrino (Clinical Psychology, University of North Carolina at Chapel Hill), 2021 – 2022

# Second-Year Project Reader for Doctoral Students (Master's Equivalent)

<u>University of Delaware Clinical Science Program (all faculty participate in review & defense for all students)</u>

◆Danielle Katz (2021) ◆ Zachary Meehan (2021) ◆ Savannah Roberts (2021) ◆ Ana Sheehan (2021) ◆ Caroline Canale (2021) ◆ Hung-Wei (Bernie) Chen (2021) ◆ Rickie Miglin (2020) ◆ Marta Korom (2020)

# Other universities (external reader)

♦ Jeffrey Hurst, 2022, North Carolina State University Applied Social Psychology Program

### First-Year Project Reader for Doctoral Students

<u>University of Delaware Clinical Science Program (all faculty participate in review & defense for all students)</u>

◆ Hannah Brownlee (2022) ◆ Leah Church (2022) ◆ Wendy Huerta (2022) ◆ Michael Morreale (2022) ◆ Danielle Shayani (2022) ◆ Anna Stumps (2022) ◆ Alyssa Fenech (2021) ◆ Savannah Roberts (2021) ◆ Jeremy Rudoler (2021) ◆ Tabitha Sellers (2021)

# **Undergraduate Honors Thesis Committees**

◆ Derek Todd, 2023-2024 (Chair, University of Pittsburgh) ◆ Laura Boyajian, 2019-2020 (Chair, University of Pittsburgh) ◆ Jonah Buczewski, 2018-2019 (University of Pittsburgh) ◆ Jasmine Pabla, 2018-2019 (University of Pittsburgh) ◆ Danielle Apple, 2017-2018 (University of Pittsburgh)

◆ Caitlin Williams, 2012 (Co-Chair, UNC Chapel Hill) ◆ Jason Rights, 2011 (UNC) ◆ Jacqueline Bonsu, 2010 (UNC) ◆ Kelci Harris, 2010 (UNC) ◆ Ashley Mogul, 2010 (UNC)

#### OTHER PROFESSIONAL ACTIVITIES & SERVICE

#### **Editorial Positions**

# **Consulting Editor:**

2022 - Present: Psychology of Women Quarterly

# **Editorial Board Member:**

2022 - Present: Body Image

**Guest Editor:** 2018-2020: Journal of Adolescence

Special Issue: Romantic Relationships & Sexuality in Adolescence. <u>Co-editors</u>: Manfred van Dulmen,

Graciela Espinosa-Hernandez, Daphne van de Bongardt

#### **Ad-Hoc Peer Reviewer**

Archives of Sexual Behavior

Behavior Therapy Child Development

Children & Youth Services Review Clinical Psychological Science

Computers in Human Behavior Developmental Psychology

European J. of Developmental Psychology

Gender Issues

International J. of Behavioral Development

International J. of Eating Disorders

Journal of Adolescence

Journal of Adolescent Research

Journal of Applied Developmental Psychology
J. of Clinical Child & Adolescent Psychology

Journal of Child and Family Studies

Journal of Genetic Psychology

Journal of Experimental Child Psychology

Journal of Mental Health

Journal of Personality Disorders
Journal of Research on Adolescence

The Lancet

Merrill-Palmer Quarterly

**Pediatrics** 

#### Sophia Choukas-Bradley, Ph.D. • May 2023

Personality and Social Psychology Bulletin Research on Child & Adolescent

PLOS ONE Psychopathology (J. Abnormal Child Psych.)

Psychological Bulletin Sex Roles

Psychology of Popular Media Culture Social Development Reinvention: A Journal of Undergraduate Social Problems

Research Social Science & Medicine – Population Health

# **Departmental Committees**

Member, Search Committee, Pitt Psych. Dept., 2023

*Member,* **Psychology Equity, Inclusion, & Community Committee**, Pitt Psych. Dept., 2022 – Present; 2018 – 2020

*Member & Social Psychology area representative,* **Undergraduate Education Committee,** Pitt Psych. Dept., 2022 – Present

*Departmental Committee Chair & Clinical Representative*, **BRIDGE** program (Building Roads to Inclusion and Diversity in Graduate Education), University of Delaware, 2021 – 2022

Founder & Faculty Advisor, LGBTQ+ Affinity Group, UD PBS Dept. 2020 – 2022

Member, Equity & Inclusion Committee, UD PBS Dept., 2020 – 2022

Founder & Faculty Advisor, LGBTQ+ Affinity Group, Pitt Psych. Dept., 2018 – 2020

# **Other Departmental & University Service**

*Speaker,* **Career and Research Development (CARD) Seminar** for post-doctoral fellows, Pitt Department of Psychiatry, 2023

Speaker, Pitt Psychology Professional Development Seminar, Pitt Psych. Dept., 2023

*Guest Lecturer*, **Ethics & Professional Issues course** (clinical psych. trainees), Pitt Psych. Dept., 2019, 2020, 2022, 2023

*Member-at-Large,* **PRIDE Caucus**, University of Delaware, 2020 – 2022

Reviewer, University of Pittsburgh Office of Research Pitt Momentum Funds Grants, 2019

Reviewer, University of Pittsburgh Clinical and Translational Science Institute Grants, 2019

*Guest Lecturer,* **Developmental Processes course** (PGY-4 psychiatry residents), Pitt Psychiatry Dept., 2019, 2020

Reviewer, Miscellaneous undergraduate and graduate student awards, 2019-present

*Guest lecturer,* various **Psychology Department undergraduate courses** (Adolescence, Social Psychology, Gender & Identity Development), 2018-present

Reviewer, Western Psychiatric Institute & Clinic Research Review Committee, 2018, 2019

Reviewer, Western Psychiatric Institute & Clinic pre-doc. clinical internship program, 2016-2018

#### Other Service to the Field

American Psychological Association: Presidential Rapid Expert Advisory Panel for Health Advisory on Social Media Use in Adolescence, 2023

American Psychological Foundation Grant Reviewer, 2018, 2019, 2021, 2022

NSF Reviewer, 2019, 2023

Society for Research on Adolescence Conference Submission Reviewer, 2021

APA's Technology, Mind, & Society Conference Submission Reviewer, 2021

Elsevier Book Proposal Reviewer, 2021

National Institute for Child Health and Human Development Grant Reviewer, 2021

OpenStax Textbook Content Reviewer, 2020

Society for Research in Child Development Conference Submission Reviewer, 2018, 2020

American Psychological Association Division 7 Grant Reviewer, 2019

Cengage Textbook Content Reviewer, 2019

Templeton Foundation Grant Reviewer, 2019

Oxford University Press Book Proposal Reviewer, 2018

# **Professional Memberships**

Academy for Eating Disorders (AED)

American Psychological Association (APA)

APA Division 7: Developmental Psychology

APA Division 35: Society for the Psychology of Women

Section 1: Psychology of Black Women

APA Division 46: Society for Media Psychology & Technology

APA Division 53: Society of Clinical Child and Adolescent Psychology

Association for Psychological Science (APS)

International Academy of Sex Research (IASR)

Society for Research in Child Development (SRCD)

SRCD Sexual Orientation and Gender Identity/Expression (SOGIE) Caucus

Society for Research on Adolescence (SRA)

Society for a Science of Clinical Psychology (SSCP)

#### **MEDIA COVERAGE**

# Recent National/International Media Coverage Featuring Choukas-Bradley

*Marie Claire* (2023, March). "Beauty 3.0: The rise of the 'internet face.'" By Mattie Kahn. https://www.marieclaire.com/beauty/beauty-web-3-identity/

*The Washington Post* (2023, February). "The morning routines on TikTok can be inspiring – and exhausting." By Teddy Amenabar.

https://www.washingtonpost.com/wellness/2023/02/20/morning-routine-habits-tiktok-trend/

**WebMD** (2022, July). "Fake friends and the real threat of AI-generated influencers." By Carrie Arnold. https://www.webmd.com/parenting/news/20220708/fake-friends-and-the-real-threat-of-ai-generated-influencers

*The New York Times* (2022, March). "For some teens, as masks come off, anxiety sets in." By Emily Sohn. https://www.nytimes.com/2022/03/17/well/family/teenage-student-mask-anxiety.html

**APA Monitor on Psychology** (2022, March). "How can we minimize Instagram's harmful effects? Psychologists' research has shown that Instagram use is associated both with beneficial and detrimental effects—depending on how it's used." https://www.apa.org/monitor/2022/2022-03-monitor.pdf

*WGN-TV Morning News* (WGN-9, Chicago) (2021, October). Interview regarding congressional hearings on Facebook. Live TV interview.

**Delaware Public Media's Enlighten Me** (2021, October). "Can social media help teens?" Doctoral student Annie Maheux interviewed regarding our research on teen social media use and gratitude. https://www.delawarepublic.org/delaware-headlines/2021-10-01/enlighten-me-can-social-media-help-teens

**TRT World** (Turkish public television broadcast). (2021, July.) "Norway's law against altered photos." https://www.voutube.com/watch?v=OlXYgcRS3n0

*Huffington Post* (2021, July). "Glow up, own up: Should we all be honest about photo filters?". By Rachel Moss. https://www.huffingtonpost.co.uk/entry/norway-law-influencer-retouching-labels uk 60e6c0e3e4b0f28cac98e7a6

*The Washington Post* (2021, July). "Why experts say Norway's retouched photo law won't help fight body image issues". By Allyson Chiu. https://www.washingtonpost.com/lifestyle/wellness/photo-edit-social-media-norway/2021/07/08/f30d59ca-df2c-11eb-ae31-6b7c5c34f0d6\_story.html

**The Lisa Show** (2021, July). "Social media likes and teenagers." https://www.byuradio.org/LVC-2021-07-08-Social-Media-Likes-and-Teenagers

*The Washington Post* (2021, May). "Will hiding likes on Instagram and Facebook improve users' mental health? We asked experts" (online and print editions,). By Allyson Chiu. https://www.washingtonpost.com/lifestyle/wellness/likes-facebook-instagram-mental-health/2021/05/27/132073d0-be55-11eb-9c90-731aff7d9a0d\_story.html

<u>Selected May 2023 Coverage of American Psychological Association's Health Advisory on Social</u> <u>Media Use in Adolescence</u> (report co-authored by Choukas-Bradley)

 ${\it CNN:} \ \underline{\text{https://www.cnn.com/2023/05/09/health/social-media-teens-apa-recommendations-wellness/index.html}$ 

 $\textit{NPR:}\ \text{https://www.npr.org/sections/health-shots/2023/05/09/1174838633/psychologists-issue-health-advisory-for-teens-and-social-media}$ 

*The Hill:* <a href="https://thehill.com/homenews/3995003-apa-issues-new-guidelines-on-social-media-use-for-kids/">https://thehill.com/homenews/3995003-apa-issues-new-guidelines-on-social-media-use-for-kids/</a>

The New York Times: <a href="https://www.nytimes.com/2023/05/15/well/family/kids-social-media.html">https://www.nytimes.com/2023/05/15/well/family/kids-social-media.html</a>

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### LINKS TO PROFESSIONAL SITES

- ♦ Lab website: <a href="https://www.sophiachoukasbradley.com/">https://www.sophiachoukasbradley.com/</a>
- Pitt faculty website: http://www.psychology.pitt.edu/people/sophia-choukas-bradley-phd
- ◆ *Psychology Today* blog: <a href="https://www.psychologytoday.com/us/contributors/sophia-choukas-bradley-phd">https://www.psychologytoday.com/us/contributors/sophia-choukas-bradley-phd</a>
- Research Gate profile: https://www.researchgate.net/profile/Sophia-Choukas-Bradley
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