

Curriculum Vitae
Michael A. Sayette
(Revised 5/21/26)

Office

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Personal

Born May 8, 1964 - Morristown, New Jersey
Married to Lisa CheroK (two children)

Education and Training

Brown University Clinical Psychology Internship Consortium (1990—1991)
Rutgers University (1986—1991)
 -Ph.D. in Psychology (October 1991)
 -M.S. in Psychology (October 1988)
Blois, France (September—December 1983)
 -Dartmouth College Language Study Abroad Program
Dartmouth College, A.B., *cum laude*, Honors in Psychology (1982—1986)

Academic and Professional Appointments

Distinguished Professor

Department of Psychology
Department of Psychiatry (secondary appointment)
Director, *Alcohol and Smoking Research Laboratory*
University of Pittsburgh

2004—present	Affiliated Faculty, University of Pittsburgh Cancer Institute
2011—present	Affiliated Faculty, Center for the Neural Basis of Cognition (CNBC), University of Pittsburgh & Carnegie Mellon University
2017—2021	Director of Graduate Studies, Department of Psychology, University of Pittsburgh
2017	Interim Chair, Social Psychology Program, University of Pittsburgh
2009, 2015	Interim Director of Clinical Training, Clinical Psychology Program, University of Pittsburgh

- 2003—2022 Professor of Psychology
University of Pittsburgh
- 1991—2003 Assistant Professor to Professor of Psychology
University of Pittsburgh
- 1988—1990 Behavioral Medicine practicum -- Robert W. Johnson Memorial
Hospital, New Brunswick, NJ
- 1987—1989 Rutgers University Psychological Clinic (primary supervisor- Arnold
A. Lazarus, Ph.D.)
- 1985 Teen Care Worker at *The Covenant House*, a crisis center for
homeless youth, New York, NY.

Awards

- Distinguished Scientific Contributions Award, American Psychological
Association, Society for Addiction Psychology (Division 50), 2021
- Provost's Award for Excellence in Mentoring, University of Pittsburgh, 2019
- Toy Caldwell-Colbert Award for Distinguished Educator in Clinical
Psychology, American Psychological Association, Society of Clinical
Psychology (Division 12), 2018
- Fellow, American Psychological Association (Division 50)
- Fellow, Association for Psychological Science
- Fellow, Society for Personality and Social Psychology
- Fellow, Society for Research on Nicotine and Tobacco
- Distinguished Lecturer Award: German-American Academic Council
Foundation; University of Muenster; Germany.
- First Independent Research Support and Transition (FIRST) Award, National
Institute on Alcohol Abuse and Alcoholism, 1994-1999
- Benjamin Benner Honors Award (for undergraduate honors student with
most outstanding psychology thesis, Dartmouth College).
- National Merit Scholarship Program finalist (1981)

Grants

- 2025—2029 The Impact of Dyadic Processes on Smoking and Cigarette
Craving: An Experimental Investigation of Romantic Partners and
Smoking Friends. National Cancer Institute (NIH). (R01CA293884)
\$2,202,321 Contact Principal Investigator.

- 2025—2027 Neurobehavioral Mechanisms Underlying an Olfactory Method for Controlling Cigarette Craving among Individuals who Smoke. National Institute on Drug Abuse (F31DA064360) \$99,076. [(Sponsor), Eliza Marsh, PI]
- 2024—2027 An Innovative Digitally-Delivered Olfactory Method for Reducing Cigarette Cravings and Supporting Smoking Cessation. National Cancer Institute (NIH). R34CA286803. \$836,320, M-Principal Investigator.
- 2020—2025 Cognitive and Affective Mechanisms Underlying an Olfactory Approach to Modify Cigarette Craving: A Neurobehavioral Investigation. National Center for Complementary and Integrative Health (NIH). (R01 AT010896) \$2,717,943, Contact Principal Investigator.
- 2017—2022 Predicting Alcohol Use and Alcohol Use Disorder Symptoms from Subjective Responses to Alcohol in a Laboratory Social Setting. National Institute on Alcohol Abuse and Alcoholism (R01 AA025936) \$1,898,998 [(Co-I), Kasey Creswell, PI]
- 2014—2019 An Olfactory Method for Controlling Cigarette Craving. National Cancer Institute (R01 CA184779) \$1,225,846., Principal Investigator.
- 2015—2019 An Olfactory Method for Controlling Cigarette Craving – Supplement. National Cancer Institute 3R01CA184779-02S1 (\$163,404). Principal Investigator. This award provided support under the research supplements to promote diversity in health-related research program for Ms. Lea Martin.
- 2014—2016 Large Scale, Personalized, Facial Action Unit Detection for Expression Recognition. Australian Research Council Partner-Investigator (PI: Sridha Sridharan).
- 2012—2017 Automated Facial Expression Analysis for Research and Clinical Use. National Institute of Mental Health (R01MH096951) \$2,853,008. [Co-I] Jeffrey Cohn, PI]
- 2011—2014 National Science Foundation, Graduate Research Fellowship Program (GRFP) Fellowship \$90,000. [(Sponsor), Catharine Fairbairn, PI]
- 2010—2013 Cognitive and Affective Processes in Smoking Craving National Cancer Institute (R01 CA10605) \$596,532., Principal Investigator.
- 2009—2011 Genetic Links to the Reinforcing Effects of Alcohol in a Social Context National Institute on Alcohol Abuse and Alcoholism F31 AA018888-01 \$84,000. [(Sponsor), Kasey M. Griffin, PI]
- 2006—2010 Tobacco Smoking, Nicotine, and Negative Affect Relief National Institute on Drug Abuse R01 DA019478 \$888,000. [(Co-PI) Kenneth Perkins, PI]
- 2005—2010 Reinforcing Effects of Alcohol During Group Formation National Institute on Alcohol Abuse and Alcoholism R01 AA015773

- \$1,263,074 Principal Investigator.
- 2005—2008 Neural Bases of Cognitive Control in Addiction. National Institute on Drug Abuse R01 DA020463-01 \$901,932 [(Co-PI), Julie Fiez, PI]
- 2002—2007 Affect, Context, and Placebo Effects of Nicotine. National Institute on Drug Abuse (R01 DA016483) \$1,041,833 [(Co-PI), Kenneth Perkins, PI]
- 2001—2006 Cognitive and Affective Processes in Smoking Craving. National Institute on Drug Abuse (R01 DA10605) \$864,442., Principal Investigator.
- 2001—2006 Facial Expression Analysis by Image Processing. National Institute of Mental Health (MH51435) \$1,673,735. [(Co-PI)- Jeffrey Cohn, PI]
- 2001—2002 Neurocognitive aspects of smoking craving. University of Pittsburgh Functional Imaging Research Program. (\$5000. for f-MRI scanning time), Principal Investigator.
- 1997—2001 Facial Expression Analysis by Image Processing. National Institute of Mental Health (MH51435) \$1,030,597. [(Co-PI)- Jeffrey Cohn, PI]
- 1996—2001 Cognitive and Affective Processes in Smoking Craving. National Institute on Drug Abuse (R01 DA10605) \$552,262., Principal Investigator.
- 1993—1998 An Appraisal-Disruption Model of Alcohol and Stress. National Institute on Alcohol Abuse and Alcoholism (R29AA09918) \$486,095., Principal Investigator.
- 1992—1994 A Facial Coding Analysis of Cigarette Craving. Office of Research Small Grants Program-University of Pittsburgh, \$12,998., Principal Investigator.
- 1992—1993 Effects of Craving on Cognitive Processing. Faculty of Arts and Sciences Research Grant-University of Pittsburgh \$1800., Principal Investigator.
- 1986—1990 Garden State Fellowship from state of New Jersey, covering tuition and annual stipend during graduate school. [25-30 merit-based (including GRE scores, undergraduate grades, and results of confidential appraisals) awardees per year to NJ residents entering a graduate program in the state]
- Pending**
- 2026—2029 Polygenic Predictors of Alcohol Response in Social Drinking Settings. National Institute on Alcohol Abuse and Alcoholism (R01) [(Co-PI) - Kasey Creswell, PI]
Impact score: 20; Percentile 7.0% (initial submission) awaiting council

Currently a core faculty member on three federal NIH training grants, am a steering committee member on one of them, and serve as a consultant or mentor on several other federally-funded projects.

Professional Societies

American Psychological Association
Association for Psychological Science
Association for Behavioral and Cognitive Therapies (1988-2009)
Research Society on Alcohol (formerly known as Research Society on Alcoholism)
Society for Personality and Social Psychology
Society for Research on Nicotine and Tobacco
Society for the Study of Motivation

Professional Society Committees

Research Society on Alcoholism (1998, 1999, 2001, 2002, 2014 program committee)
Research Society on Alcoholism (2010, 2012 nominations committee)
American Psychological Association, Division 50, (1998, 2000 program committee)
American Psychological Association, Division 50, *Chair* (1999 program committee)
-Division 50 cluster representative for 2004 APA meeting
American Psychological Association Awards committee (Chaired one of the subcommittees)
Society for Research on Nicotine and Tobacco (reviewer, 2005-2007 program committee)

NIH Invited Work Group Participation

Development of a “craving consensus,” National Institute on Drug Abuse, 1998.
College student drinking, National Institute on Alcohol Abuse and Alcoholism, 1999.
Development of alcoholism treatments that address craving, National Institute on Alcohol Abuse and Alcoholism, 1999.
Novel approaches to drug relapse, National Institute on Drug Abuse, 2002.
Alcohol and Tobacco, National Institute on Alcohol Abuse and Alcoholism, 2002.
Cognitive Approaches to Addiction: Progress and Pitfalls, National Institute on Drug Abuse, 2005
Crosstalk: Leveraging Lessons Learned across Behavioral Domains, National Cancer Institute, 2014

NIH Grant Peer Review

NIAAA Alcohol and Tobacco Special Review Committee member, 1996

Behavioral Medicine Study Section, Biobehavioral and Social Sciences IRG, ad hoc reviewer,
October 1998

NIDA Basic Processes and Treatment Special Review Committee member, June, 1999

Behavioral and Biobehavioral Processes-2 study section, ad hoc reviewer, November, 1999

NIAAA Clinical and Treatment Review Subcommittee, study section member, 1999-2003

NIDA Treatment Research Review Subcommittee, ad hoc reviewer, February, 2000

NIDA, PA-08-149 review committee, ad hoc reviewer, 2008

NIH, CSR Risk, Prevention, and Intervention for Addictions study section, ad hoc reviewer,
2008

NIH, CSR Risk, Prevention, and Health Behavior study section, ad hoc reviewer, 2010

Non-NIH Grant Peer Review

Pennsylvania Academy of Science Research Grant Committee Member (ad hoc), 1996

California Tobacco-Related Research Program: Social & Participatory Research study section,
2001

Associate Editorships

1997-2000 Psychology of Addictive Behaviors

2005-2011 Journal of Abnormal Psychology (renamed as Journal of
Psychopathology and Clinical Science)

Editorial Committees

2018—2024 Annual Review of Clinical Psychology

Editorial Boards

1998-2004 Journal of Abnormal Psychology (*held position until becoming
associate editor*) [renamed *Journal of Psychopathology & Clinical
Science*]

2011-present Journal of Abnormal Psychology (*resumed this position following
completion of associate editorship*)

1996-present Journal of Studies on Alcohol and Drugs

1997-1998 Psychology of Addictive Behavior (*held position until becoming
associate editor*)

2004-2011 Alcoholism: Clinical and Experimental Research (*held position until
board was dissolved*)

Editorial Consultation

Journal of Psychopathology & Clinical Science	Psychological Bulletin
Journal of Studies on Alcohol and Drugs	Psychological Review
Clinical Psychology: Science and Practice	Health Psychology
Alcoholism: Clinical and Experimental Research	Addiction
Experimental and Clinical Psychopharmacology	Psychopharmacology
Psychology of Addictive Behaviors	Psychosomatic Medicine
Journal of Applied Social Psychology	Psychological Science
Nicotine and Tobacco Research	Comprehensive Psychiatry
Cognitive Therapy and Research	Aggressive Behavior
Pharmacology, Biochemistry, and Behavior	Guilford Publications
Current Directions in Psychological Science	Clinical Psychological Science
Journal of Consulting and Clinical Psychology	Behavior Therapy
Journal of Behavior Therapy & Experimental Psychiatry	PLoS ONE
Social Cognitive and Affective Neuroscience	Addictive Behaviors

Books (*Insider's Guide to Graduate Programs in Clinical and Counseling Psychology*) (>200,000 copies in print)

Mayne, T.J. & Sayette, M.A. (1990). Insider's guide to graduate programs in clinical psychology. New York: Guilford Press.

Sayette, M.A., Mayne, T. J., & Norcross, J. (1992). Insider's guide to graduate programs in clinical psychology: 2nd Edition. New York: Guilford Press.

Mayne, T. J., Sayette, M.A., & Norcross, J.C. (1994). Insider's guide to graduate programs in clinical psychology: 3rd Edition. New York: Guilford Press.

Norcross, J., Sayette, M., & Mayne, T. (1996). Insider's guide to graduate programs in clinical and counseling psychology: 4th Edition. New York: Guilford Press.

Sayette, M.A., Mayne, T.J., & Norcross, J.C. (1998). Insider's guide to graduate programs in clinical and counseling psychology: 5th Edition. New York: Guilford Press.

- Mayne, T.J., Norcross, J.C., & Sayette, M. (2000). Insider's guide to graduate programs in clinical and counseling psychology: 6th Edition. New York: Guilford Press.
- Norcross, J.C., Sayette, M.A. & Mayne, T.J. (2002). Insider's guide to graduate programs in clinical and counseling psychology: 7th Edition. New York: Guilford Press.
- Sayette, M.A., Mayne, T.J. & Norcross, J.C. (2004). Insider's guide to graduate programs in clinical and counseling psychology: 8th Edition. New York: Guilford Press.
- Mayne, T.J., Norcross, J.C., & Sayette, M.A. (2006). Insider's guide to graduate programs in clinical and counseling psychology: 9th Edition. New York: Guilford Press.
- Norcross, J.C., Sayette, M.A., & Mayne, T.J. (2008). Insider's guide to graduate programs in clinical and counseling psychology: 10th Edition. New York: Guilford Press.
- Sayette, M.A., Mayne, T.J., & Norcross, J.C. (2010). Insider's guide to graduate programs in clinical and counseling psychology: 11th Edition. New York: Guilford Press.
- Norcross, J.C. & Sayette, M.A. (2012). Insider's guide to graduate programs in clinical and counseling psychology: 12th Edition. New York: Guilford Press.
- Norcross, J.C. & Sayette, M.A. (2014). Insider's guide to graduate programs in clinical and counseling psychology: 13th Edition. New York: Guilford Press.
- Norcross, J.C. & Sayette, M.A. (2016). Insider's guide to graduate programs in clinical and counseling psychology: 14th Edition. New York: Guilford Press.
- Sayette, M.A., & Norcross, J.C. (2018). Insider's guide to graduate programs in clinical and counseling psychology: 15th Edition. New York: Guilford Press.
- Sayette, M.A., & Norcross, J.C. (2020). Insider's guide to graduate programs in clinical and counseling psychology: 16th Edition. New York: Guilford Press.
- Norcross, J.C. & Sayette, M. A. (2022). Insider's guide to graduate programs in clinical and counseling psychology: 17th Edition. New York: Guilford Press.

Norcross, J.C. & Sayette, M. A. (2024). Insider's guide to graduate programs in clinical and counseling psychology: 18th Edition. New York: Guilford Press.

Norcross, J.C. & Sayette, M. A. (2026). Insider's guide to graduate programs in clinical and counseling psychology: 19th Edition. New York: Guilford Press.

Book Review

Elias, M.J. & Sayette, M.A. (1989). A review of cognitive behavior therapy with children in schools, by Jan Hughes. Child and Family Behavior Therapy, 11, 154-158.

Publications

Sayette, M.A., Wilson, G.T., & Carpenter, J.A. (1989). Cognitive moderators of alcohol's effects on anxiety. Behaviour Research and Therapy, 27, 685-690.

Sayette, M.A., Contrada, R.C., and Wilson, G.T. (1990). Alcohol and correspondence between self-report and physiological measures of anxiety. Behaviour Research and Therapy, 28, 351-354.

Sayette, M.A., & Mayne, T. J. (1990). A survey of current clinical and research trends in clinical psychology. American Psychologist, 45, 1263-1266.

Elias, M.J., Gara, M.A., Schuyler, T. F., Branden-Muller, L.R., & Sayette, M.A. (1991). The promotion of social competence: Longitudinal study of a preventive school-based program. American Journal of Orthopsychiatry, 61, 409-422.

Sayette, M.A., & Wilson, G.T. (1991). Intoxication and exposure to stress: The effects of temporal patterning. Journal of Abnormal Psychology, 100, 56-62.

Elias, M.J., Brandan-Muller, L.R., & Sayette, M.A. (1991). Teaching the foundations of social decision making and problem solving in the elementary school. In J. Baron & R. Brown (Eds.), Teaching Decision Making to Adolescents. Hillsdale, NJ: Erlbaum.

Sayette, M. A., Smith, D. W., Breiner, M.J., & Wilson, G. T. (1992). The effect of alcohol on emotional response to a social stressor. Journal of Studies on Alcohol, 53, 541-545.

- Clark, D.B. & Sayette, M.A. (1993). Anxiety and the development of alcoholism: Clinical and scientific issues. The American Journal on Addictions, 2, 59-76.
- Martin, C.S. & Sayette, M.A. (1993). Experimental design in alcohol administration research: Limitations and alternatives in the manipulation of dosage-set. Journal of Studies on Alcohol, 54, 750-761.
- Sayette, M.A. (1993). An appraisal-disruption model of alcohol's effects on stress responses in social drinkers. Psychological Bulletin, 114, 459-476.
- Sayette, M.A. (1993). Heart rate as an index of stress response in alcohol administration research: A critical review. Alcoholism: Clinical and Experimental Research, 17, 802-809.
- Sayette, M.A. (1993). Commentary: Etiology. Annual Review of Addiction Research and Treatment, 3, 189-192.
- Sayette, M.A., Wilson, G.T., & Elias, M.J. (1993). Alcohol and aggression: A social information processing analysis. Journal of Studies on Alcohol, 54, 399-407.
- Mayne, T.J., Norcross, J.C., & Sayette, M.A. (1994). Admission requirements, acceptance rates, and financial assistance in clinical psychology programs: Diversity across the practice-research continuum. American Psychologist, 49, 806-811.
- Sayette, M.A. (1994). The effects of alcohol on self-appraisal. The International Journal of the Addictions, 29, 127-133.
- Sayette, M.A., Breslin, F.C., Wilson, G.T., & Rosenblum, G. (1994). Parental history of alcohol abuse and the effects of alcohol and expectations of intoxication on social stress. Journal of Studies on Alcohol, 55, 214-223.
- Sayette, M.A., Breslin, F.C., Wilson, G.T., & Rosenblum, G. (1994). An evaluation of the balanced placebo design in alcohol administration research. Addictive Behaviors, 19, 333-342.

- Sayette, M.A., & Hufford, M.R. (1994). Effects of cue exposure and deprivation on cognitive resources in smokers. Journal of Abnormal Psychology, *103*, 812-818.
- Sayette, M., Monti, P., Rohsenow, D., Bird-Gulliver, S., Colby, S., Sirota, A., Niaura, R., & Abrams, D. (1994). The effects of cue exposure on attention in male alcoholics. Journal of Studies on Alcohol, *55*, 629-633.
- Sayette, M.A. & Hufford, M.R. (1995). Urge and affect: A facial coding analysis of smokers. Experimental and Clinical Psychopharmacology, *3*, 417-423.
- Sayette, M.A., Hufford, M.R., & Thorson, G.M. (1996). Developing a brief measure of semantic priming. Journal of Clinical and Experimental Neuropsychology, *18*, 678-684.
- Epstein, L. H., Paluch, R., Smith, J.D., & Sayette, M.A. (1997). Allocation of attentional resources during habituation to food cues. Psychophysiology, *34*, 59-64.
- Sayette, M.A. & Hufford, M.R. (1997). Alcohol abuse/alcoholism. In A. Baum, S. Newman, J. Weinman, R. West, & C. McManus (Eds.), Cambridge Handbook of Psychology, Health and Medicine. Cambridge, England: Cambridge University Press.
- Sayette, M.A. & Hufford, M.R. (1997). Effects of smoking urge on generation of smoking-related information. Journal of Applied Social Psychology, *27*, 1395-1405.
- Norcross, J.C., Sayette, M.A., Mayne, T.J., Karg, R.S., & Turkson, M.A. (1998). Selecting a doctoral program in professional psychology: Some comparisons among Ph.D. counseling, Ph.D. clinical, and Psy.D. clinical psychology programs. Professional Psychology: Research and Practice, *29*, 609-614.
- Sayette, M.A. (1999). Cognitive theory and research. In Leonard, K. & Blane, H. (Eds.), Psychological theories of drinking and alcoholism (2nd Ed.) (pp. 247-291). New York, Guilford. Republished in Polish: Sayette, M.A. (2003). Teoria poznawcza i związane z nią badania. Picie i alkoholizm w świetle teorii psychologicznych Państwowa Agencja Rozwiązywania Problemów Alkoholowych: Warsaw, Poland.
- Sayette, M.A. (1999). Does drinking reduce stress? Alcohol Research and Health, *23*, 250-255.

- Sayette, M.A., & Parrott, D. J. (1999). Effects of olfactory stimuli on urge reduction in smokers. Experimental and Clinical Psychopharmacology, *7*, 151-159.
- Sayette, M.A. (2000). Alcohol and stress: Social and psychological aspects. In Fink, G., (Ed.). (pp. 136-140) Encyclopedia of Stress, Vol. 1. New York: Academic Press.
- Sayette, M.A., Shiffman, S., Tiffany, S.T., Niaura, R.S., Martin, C.S., & Shadel, W.G. (2000). The measurement of drug craving. Addiction, *95*, S189-S210.
- Sayette, M.A., Cohn, J.F., Wertz, J.M., Perrott, M.A., & Parrott, D.J. (2001). A psychometric evaluation of the Facial Action Coding System for assessing spontaneous expression. Journal of Nonverbal Behavior, *25*, 167-186.
- Sayette, M.A., Martin, C.S., & Perrott, M.A. (2001). The effects of assessment frequency on subjective intoxication ratings following alcohol consumption. Alcoholism: Clinical and Experimental Research, *25*, 844-846.
- Sayette, M.A., Martin, C.S., Perrott, M.A., & Wertz, J.M. (2001). Parental alcoholism and the effects of alcohol on semantic priming. Experimental and Clinical Psychopharmacology, *9*, 409-417.
- Sayette, M.A., Martin, C.S., Perrott, M.A., Wertz, J.M. & Hufford, M.R. (2001). A test of the appraisal-disruption model of alcohol on stress. Journal of Studies on Alcohol, *62*, 247-256.
- Sayette, M.A., Martin, C.S., Wertz, J.M, Shiffman, S., & Perrott, M.A. (2001). A Multidimensional analysis of cue-elicited craving in heavy smokers and tobacco chippers. Addiction, *96*, 1419-1432.
- Wertz, J.M. & Sayette, M.A. (2001). A review of the effects of perceived drug use opportunity on self-reported urge. Experimental and Clinical Psychopharmacology, *9*, 3-13.
- Wertz, J.M. & Sayette, M.A. (2001). Effects of smoking opportunity on attentional bias in smokers. Psychology of Addictive Behaviors, *15*, 268-271.

- Sayette, M.A. (2002). The effects of alcohol on cigarette craving. Alcoholism: Clinical and Experimental Research, *26*, 1925-1927.
- Wiers, R.W., Stacy, A.W., Ames, S.L., Noll, J.A., Sayette, M.A., Zack, M. & Krank, M. (2002). Implicit and explicit alcohol-related cognitions. Alcoholism: Clinical and Experimental Research, *26*, 129-137.
- Kirchner, T.R. & Sayette, M.A. (2003). Effects of alcohol on controlled and automatic memory processes. Experimental and Clinical Psychopharmacology, *11*, 167-175.
- Perkins, K., Sayette, M., Conklin, C., & Caggiula, A. (2003). Placebo effects of tobacco smoking and other nicotine intake. Nicotine and Tobacco Research, *5*, 695-709.
- Sayette, M.A., Martin, C.S., Hull, J.G., Wertz, J.M., & Perrott, M.A. (2003). The effects of nicotine deprivation on craving response covariation in smokers. Journal of Abnormal Psychology, *112*, 110-118.
- Sayette, M.A., Wertz, J.M., Martin, C.S., Cohn, J.F., Perrott, M.A., & Hobel, J. (2003). Effects of smoking opportunity on cue-elicited urge: A facial coding analysis. Experimental and Clinical Psychopharmacology, *11*, 218-227. (article reprinted in P. Ekman & E. Rosenberg (Eds.), (2005) What the Face Reveals, 2nd ed., Oxford University Press, New York.)
- Waters, A. J., Sayette, M.A. & Wertz, J.M. (2003). Carry-over effects can modulate emotional Stroop effects. Cognition and Emotion, *17*, 501-509.
- Waters, A.J., Shiffman, S., Sayette, M.A., Paty, J., Gwaltney, C., & Balabanis, M. (2003). Attentional Bias Predicts Outcome in Smoking Cessation. Health Psychology, *22*, 378-387.
- Monti, P.M., Tidey, J., Czachowski, C.L, Grant, K.A., Rohsenow, D.J, Sayette, M.A., Maners, N., & Pierre, P. (2004). The transdisciplinary study of craving from the animal laboratory to the lamppost. Alcoholism: Clinical and Experimental Research, *28*, 279-287.

- Norcross, J.C., Castle, P.H., Sayette, M.A., & Mayne, T.J. (2004). The PsyD: Heterogeneity in practitioner training. Professional Psychology: Research and Practice, *35*, 412-419.
- Perkins, K.A., Jacobs, L., Ciccocioppo, M., Conklin, C.A., Sayette, M.A., & Caggiula, A. (2004). The influence of instructions and nicotine dose on the subjective and reinforcing effects of smoking. Experimental and Clinical Psychopharmacology, *12*, 91-101.
- Perkins, K.A., Jacobs, L., Clark, L., Conklin, C., Sayette, M.A., & Wilson, A. (2004). Instructions about nicotine dose influence acute responses to nasal spray. Nicotine and Tobacco Research, *6*, 1051-1060.
- Sayette, M.A. (2004). Self-Regulatory Failure and Addiction. In R.F. Baumeister and K.D. Vohs (Eds.), Handbook of Self-Regulation: Research, Theory, and Applications. (pp. 447-465). New York: Guilford Press.
- Sayette, M.A., Kirchner, T.R., Moreland, R.L., Levine, J.M., & Travis, T. (2004). The effects of alcohol on risk-seeking behavior: A group-level analysis. Psychology of Addictive Behaviors, *18*, 190-193.
- Waters, A.J., Shiffman, S., Sayette, M.A., Paty, J.A., Gwaltney, C.J., & Balabanis, M.H. (2004). Cue provoked craving and nicotine replacement therapy in smoking cessation. Journal of Consulting and Clinical Psychology, *72*, 1136-1143.
- Wilson, S.J., Sayette, M.A. & Fiez, J.A. (2004). Prefrontal responses to drug cues: A Neurocognitive analysis. Nature Neuroscience. *7*, 211-214.
- Gwaltney, C.J., Shiffman, S., & Sayette, M.A. (2005). Situational correlates of abstinence self-efficacy. Journal of Abnormal Psychology, *114*, 649-660.
- Niaura R., Sayette, M.A, Shiffman,S., Glover, E.D., Nides, M., Shelanski, M., Shadel, W., Koslo,R., Robbins, B., & Sorrentino, J. (2005). Comparative efficacy of rapid-release nicotine gum versus Nicotine Polacrilex gum in relieving smoking cue-provoked craving. Addiction, *100*, 1720-1730.

- Sayette, M.A. (2005). Using FACS to identify contextual factors influencing craving. In P. Ekman and E. Rosenberg (Eds.), What the Face Reveals, 2nd ed., (pp. 603-604), Oxford University Press: New York.
- Sayette, M.A., Loewenstein, G., Kirchner, T.R., & Travis, T. (2005). Effects of smoking urge on temporal cognition. Psychology of Addictive Behaviors, 19, 88-93.
- Sayette, M.A., Martin, C.S., Wertz, J.M., Perrott, M.A., & Peters, A.R. (2005). The effects of alcohol on cigarette craving in heavy smokers and tobacco chippers. Psychology of Addictive Behaviors, 19, 263-270.
- Shiffman, S. & Sayette, M.A. (2005). Validation of the Nicotine Dependence Syndrome Scale (NDSS): A criterion-group design contrasting chippers and heavy smokers. Drug and Alcohol Dependence, 79, 45-52.
- Waters, A. J., Sayette, M.A., Franken, I.H.A., & Schwartz, J.E. (2005). Generalizability of carry-over effects in the Emotional Stroop task. Behaviour Research and Therapy, 43, 715-732.
- Wilson, S.J., Sayette, M.A., Delgado, M.R., & Fiez, J.A. (2005). Instructed smoking expectancy modulates cue-elicited neural activity: A preliminary study. Nicotine and Tobacco Research, 7, 637-645.
- Baumann, S.B. & Sayette, M.A. (2006). Smoking cues in a virtual world provoke craving in cigarette smokers. Psychology of Addictive Behaviors, 20, 484-489.
- Kirchner, T.R., Sayette, M.A., Cohn, J.F., Moreland, R.L. & Levine, J.M. (2006). Effects of alcohol on group formation among male social drinkers. Journal of Studies on Alcohol, 67, 785-793.
- Perkins, K.A., Doyle, T.D., Ciccocioppo, M., Conklin, C., Sayette, M., & Caggiula, A. (2006). Sex differences in the influence of nicotine dose instructions on the reinforcing and self-reported rewarding effects of smoking. Psychopharmacology, 184, 600-607.

- Sayette, M.A. (2006). Craving, cognition, and the self-regulation of cigarette smoking. In Sebanz, N., & Prinz, W. (Eds), Disorders of Volition. (pp. 419-438), Cambridge, MA MIT Press.
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Paper Presentations

Sayette, M.A. & Wilson, G.T. (1988, November). Alcohol and anxiety: A test of the attention-allocation model. Paper presented at annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.

Sayette, M.A., Contrada, R.C., & Wilson, G.T. (1989, November). Alcohol and correspondence between self-report and physiological measures of stress. Paper presented at meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.

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Elias, M.J., Gara, M.A., Schuyler, T. F., Branden-Muller, L.R., & Sayette, M.A. (1990, April). Longitudinal impact of an elementary school-based social decision making and problem solving program on indices of social adjustment and psychopathology. Paper presented at annual meeting of American Educational Research Association, Boston.

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- Sayette, M.A. (1996, November). A cognitive and affective analysis of craving. Paper presented in the symposium, "Neurocognitive Approaches to Craving for Abused Drugs" at the annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Sayette, M.A., Mayne, T.J., Norcross, J.C., & Giuffre, D.E. (1999, June). Letting a hundred flowers bloom? Ph.D. Clinical Psychology Training in the 1990s. Paper presented at annual meeting of the Academy of Psychological Clinical Science, Denver, CO.
- Waters, A.J, Shiffman, S., Kelly, M., Elash, C. E., Sayette, M. A., Mogg, K. & Bradley, B. P. (2000, March). Minimally deprived smokers show an attentional bias to smoking cues. Poster presented at the 6th Annual Meeting of Society for Research on Nicotine and Tobacco at Arlington, Virginia.
- Sayette, M.A. (2001, June). Parental alcoholism and the effects of alcohol on semantic priming. Paper presented in the symposium, "Implicit and explicit alcohol-related cognitions" at the annual meeting of the Research Society on Alcoholism, Montreal, Quebec.

- Castle, P., Hedges, M., Norcross, J., Sayette, M., & Mayne, T. (2002, March). Admission statistics, acceptance rates, and financial assistance of clinical psychology programs: The truth hurts. Paper presented at annual meeting of the Eastern Psychological Association, Boston, MA.
- Shiffman, S. & Sayette, M. (2002, February). Validation of the Nicotine Dependence Syndrome scale (NDSS): Differences between and within chippers and heavy smokers. Paper presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Savannah, GA.
- Kirchner, TR. & Sayette, M.A. (2002, June). Effects of alcohol on controlled and automatic memory processes. Paper presented at the annual meeting of the Research Society on Alcoholism, San Francisco, CA.
- Wilson, S.J., Delgado, M.R., Sayette, M.A., & Fiez, J.A. (2002, November). Effects of deprivation state and smoking expectancy on reward-processing in male cigarette smokers: An event-related f-MRI study. Paper presented at the annual meeting of the Society for Neuroscience, Orlando, Florida.
- Gwaltney, C., Shiffman, S., Sayette, M.A. (2003, February). Situational correlates of abstinence self-efficacy. Paper presented at the annual meeting of the Society for Research on Nicotine and Tobacco, New Orleans, LA.
- Perkins, K.A., Jacobs, L., Conklin, C., Sayette, M.A., & Caggiula, A.R. (2003, February). The influence of instructions and nicotine dose on the subjective and reinforcing effects of smoking. Paper presented at the annual meeting of the Society for Research on Nicotine and Tobacco, New Orleans, LA.
- Niaura, R. Sayette, M., Shiffman, S, Glover, E., Nides, M., Shelanski, M., & Shadel, W. (2003, February). Comparative efficacy of rapid-release nicotine gum vs. Nicorette® in relieving smoking cue-provoked craving. Paper presented at the annual meeting of the Society for Research on Nicotine and Tobacco, New Orleans, LA.

- Sayette, M.A. (2003, May). Cognitive studies on smoking craving. Paper presented in the symposium "Cognitive Processes and Drug Abuse" at the annual meeting of the American Psychological Society, Atlanta, GA.
- Castle, P.H., Norcross, J.C., Sayette, M.A. & Mayne, T.J. (2003, August). New Data on PsyD programs. Paper presented at the annual meeting of the American Psychological Association, Toronto.
- Wertz, J.M. & Sayette, M.A. (2003, May). Attentional Bias to Subliminal and Supraliminal Smoking Stimuli. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Sayette, M.A. (2003, June). The effects of smoking urge on temporal cognition. Paper presented in the symposium "Building bridges: The transdisciplinary study of craving from the animal lab to the lamppost" at the annual meeting of the Research Society on Alcoholism, Ft. Lauderdale, FL.
- Kirchner, T.R., Sayette, M.A., Klein, W.M.P., & Griffin, K.M. (2004, March). Drug craving, social comparison and perceived addiction among continuing smokers. Paper presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
- Wilson, S.J., Sayette, M.A., Delgado, M.R., & Fiez, J.A. (2004, April). Effects of perceived opportunity to smoke on neural responses to a cigarette cue. Paper presented at the 11th Annual Meeting of the Cognitive Neuroscience Society, San Francisco, CA.
- Wilson, S. J., Brough, E., Fiez, J. A., & Sayette, M. A. (2004, October). Investigating the contributions of the dorsolateral prefrontal cortex to drug addiction and craving using functional magnetic resonance imaging. Abstracts of the 35th Annual Society for Neuroscience Meeting, San Diego, CA.
- Oliver, J.M., Norcross, J.C., Sayette, M.A. Griffin, K., & Mayne, T.J. (2005, March). Doctoral study in clinical, counseling, and combined psychology: Admission requirements and student characteristics. Paper presented at the annual meeting of the Eastern Psychological Association, Boston, MA.

- Kirchner, T.R., Griffin, K.M., & Sayette, M.A. (2005, April). Nicotine deprivation, alcohol intoxication, and smoking-related outcome expectancies among heavy smokers and tobacco chippers. Paper presented at the 26th Society of Behavioral Medicine Annual Meeting and Scientific Sessions, Boston, MA.
- Griffin, K. M., Sayette, M. A., & Kirchner, T. R. (2006, February). The association between laboratory measures of cue reactivity and difficulty remaining abstinent from smoking. Paper presented at the 12th annual meeting of the Society for Research on Nicotine and Tobacco, Orlando, FL.
- Griffin, K. M., Donny, E., Shiffman, S., Sayette, M. A. (2007, February). Examining the disconnect between level of nicotine dependence and smoking rate in a sample of daily smokers. Paper presented at the 13th annual meeting of the Society for Research on Nicotine and Tobacco, Austin, Texas.
- Sayette, M.A. (2007, February). Smoking cue exposure research. Paper presented in the symposium "Cue provoked craving: Observations, mechanisms, and clinical implications" at the 13th annual meeting of the Society for Research on Nicotine and Tobacco, Austin, Texas.
- Sayette, M.A. (2007, June). Reinforcing effects of alcohol during group formation. Paper presented in the symposium "What's the 'buzz' about? Updates on alcohol response studies" at the annual meeting of the Research Society on Alcoholism, Chicago, IL.
- Sayette, M.A. (2007, November). Laboratory insights into drug craving and relapse. Paper presented in the symposium, "Going back to the Lab: Expanding knowledge of substance use mechanisms through laboratory experiments" at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Griffin, K.M., Sayette, M.S., & Loewenstein, G. (2008, February). Smokers in an affectively neutral state underestimate the motivational impact of their own future cravings. Paper presented at the 14th annual meeting of the Society for Research on Nicotine and Tobacco, Portland, OR.
- Perkins, K.A., Grottenthaler, A., Sayette, M., Conklin, C., Ciccocioppo, M., & Wilson, A. (2008, February). Mood, nicotine, and dose expectancy effects on acute responses to

nicotine spray. Paper presented at the 14th annual meeting of the Society for Research on Nicotine and Tobacco, Portland, OR.

Ellis, J., Norcross, J.C., & Sayette, M.A. (2008, March). Getting in and getting money: GRE scores, acceptance rates, and financial assistance in APA-accredited clinical programs. Poster presented at the 79th annual meeting of the Eastern Psychological Association, Boston, MA.

Sayette, M.A. & Kasey M. Griffin (2009, May). A Facial Coding Analysis of Emotional Processes in Smokers and Social Drinkers. Paper presented in the symposium, "New Findings on Facial Expressions in Health Psychology: Moving Beyond Self-Report" at the annual meeting of the Association of Psychological Science, San Francisco, CA.

Perkins, K.A. Karelitz JL, Conklin CA, Sayette MA, & Grottenthaler A. (2009, June). Acute negative affect relief from smoking may be related to the situation and unrelated to nicotine intake. Poster presented at the 71st annual meeting of the College on Problems of Drug Dependence, Reno, Nevada.

Karelitz J.L., Perkins, K.A., Giedgowd, G.E., Conklin C.A., & Sayette M.A. (2010, February). Differences in negative mood-induced smoking reinforcement and reward due to distress tolerance, anxiety sensitivity, and depression history. Poster presented at the 16th annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, MD.

Perkins, K.A., Karelitz J.L., Conklin C.A., Sayette M.A., & Giedgowd, G.E. (2010, February). Acute negative affect relief from smoking depends on the situation and affect measure, but not on the nicotine. Paper presented in the symposium "Smoking and Negative Affect" at the 16th annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, MD.

Dimoff, J.D., Sayette, M.A. & Norcross, J.C. (2010, March). Heterogeneity across Ph.D. Clinical Psychology Programs: Admission Rates and Financial Assistance. Poster presented at the 81st annual meeting of the Eastern Psychological Association, New York, NY.

- Cohn, J.F. & Sayette, M.A. (2010, May). Automatic Measurement of Facial Expression in Relatively Unconstrained Settings. Poster presented at the annual meeting of the Association of Psychological Science, Boston, MA.
- Sayette, M.A. & Loewenstein, G., (2010, May). Empathy Gaps and Addiction: How Difficulties Predicting Future States of Mind Can Threaten Smoking Cessation. Paper presented in the symposium “Viewing Longstanding Issues Through Novel Lenses: Engaging Cognitive Skills in Risky Behavior” at the annual meeting of the Association of Psychological Science, Boston, MA.
- Griffin, K.M., Sayette, M.A., Kirchner, T.R., Heckman, B.W., Dimoff, J.D., Cohn, J.F., Moreland, R.L., & Levine, J.M. (2010, June). The Effects of alcohol on social behavior: A Dynamic facial coding analysis. Poster presented at the annual meeting of the Research Society on Alcoholism, San Antonio, TX.
- Griffin, K.M., Wilson, S.J., & Sayette, M.A. (2011, February). Ambivalence predicts urge to smoke and negative affect during the first day of a smoking quit attempt. Poster presented at the 17th annual meeting of the Society for Research on Nicotine and Tobacco, Toronto, ON.
- Wilson, S.J., Sayette, M.A., & Fiez, J.A. (2011, February). Non-quitting and quitting cigarette smokers exhibit different patterns of cue-elicited brain activation when anticipating an opportunity to smoke. Poster presented at the 17th annual meeting of the Society for Research on Nicotine and Tobacco, Toronto, ON.
- Sayette, M.A. & Schooler, J.W. (2011, May) Craving, Consciousness, and Mindwandering. Paper presented in the symposium “Craving and Consciousness: Theory, Data and Treatment Implications” at the annual meeting of the Association of Psychological Science, Washington, DC.
- Griffin, K.M., Sayette, M.A., Manuck, S.B., Ferrell, R.E., Hill, S.Y., & Dimoff, J.D. (2011, June). Interactive effects of the DRD4 VNTR polymorphism and alcohol consumption on social bonding. Paper presented at the annual meeting of the Research Society on Alcoholism, Atlanta, GA. (Poster received the \$2000. Gordis Student paper award.)

- Wilson, S.J., Creswell, K.G., Sayette, M.A., & Fiez, J.A. (2012, March). Ambivalence about smoking and cue-elicited neural activity in quitting-motivated smokers faced with an opportunity to smoke. Paper presented at the 18th annual meeting of the Society for Research on Nicotine and Tobacco, Houston, TX.
- Sayette, M.A., Creswell, K.G., Dimoff, J.D., Fairbairn, C.E., Cohn, J.F., Heckman, B.W., Kirchner, T.R., Levine, J.M., & Moreland, R.L. (2012, May). Effects of Alcohol on Emotion and Social Bonding during Group Formation. Paper presented in the symposium "Why have a Drink? Emotional, Cognitive, and Motivational Mechanisms of Acute Alcohol Consumption" at the annual meeting of the Association of Psychological Science, Chicago, IL.
- Creswell, K.G., Fairbairn, C.E., Dimoff, J.D., Heckman, B.W., & Sayette, M.A. (2012, June). Alcohol and group formation: A multimodal investigation of the effects of alcohol on emotion and social bonding. Poster presented at the annual meeting of the Research Society on Alcoholism, San Francisco, CA.
- Fairbairn, C. E., Sayette, M. A., Cohn, J. F., Levine, J. M., Antimarino, M. A., Sayers, W. M. (2012, June). The effect of alcohol on White members of interracial groups. Poster presented at the 35th Annual Meeting at the Research Society on Alcoholism at San Francisco, CA.
- Sayette, M.A., Creswell, K.G., Dimoff, J.D., Fairbairn, C.E., Cohn, J.F., Heckman, B.W., Kirchner, T.R., Levine, J.M., & Moreland, R.L. (2012, October). The Impact of Alcohol on Social Bonding during Group Formation. Paper presented in the symposium "Alcohol Intake: Seduction and Self-Regulation" at the annual meeting of the Society of Experimental Social Psychology, Austin, TX.
- Creswell, K.G. & Sayette, M.A. (2013, April). DRD4 Polymorphism Moderates the Effect of Alcohol Consumption on Social Bonding in Young Social Drinkers. Paper presented in the symposium "Under the Microscope: A Closer Examination of DRD4" at the biennial meeting of the Society for Research on Child Development, Seattle, WA.
- Creswell, K.G., Sayette, M.A., Manuck, S.B., & Fairbairn, C.E. (2013, June). Interactive Effects of the DRD4 VNTR Polymorphism and Group Alcohol Consumption on the

Perceived Humor of a Seinfeld Comedy Clip. Poster presented at the 36th Annual Meeting of the Research Society on Alcoholism, Orlando, FL.

Fairbairn, C.E., Sayette, M.A., Dimoff, J.D., & Creswell, K.G. (2013, June). Whiskey River Take my Mind: A Dynamic Test of Alcohol Myopia. Poster presented at the 36th Annual Meeting of the Research Society on Alcoholism, Orlando, FL.

Norcross, J.C., Sayette, M.A., Stratigis, K.Y., & Zimmerman, B.E. (2014, August). Of course: Prerequisite courses for admission into APA-accredited clinical and counseling Psychology Programs. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

Creswell, K.G., & Sayette, M.A. (2014, May). Effects Of alcohol on social bonding processes in humans. Paper presented in the symposium “Beer Goggles and Cuddle Puddles: Translational Evidence of the Acute Effects of Drugs of Abuse on Social Processing and Behavior” at the annual meeting of the Society of Biological Psychiatry, New York, NY.

Creswell, K.G., Sayette, M.A., Fairbairn, C.F., & Dimoff, J.D. (2014, June). Individual differences in sensitivity to the rewarding social effects of alcohol. Paper presented in the symposium “Novel approaches to studying alcohol use and dependence” at the annual meeting of the Research Society on Alcoholism, Seattle, Washington.

Sayette, M.A., Creswell, K.G., Fairbairn, C.F., & Dimoff, J.D. (2014, June). A Dynamic multimodal examination of the effects of alcohol on emotion and social bonding. Paper presented in the symposium “Novel approaches to studying alcohol use and dependence” at the annual meeting of the Research Society on Alcoholism, Seattle, Washington.

Dimoff, J.D. & Sayette, M.A. (2015, February). Rewarding aspects of smoking cues during craving: Importance of Context. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Philadelphia, PA.

Girard, J. M., Cohn, J. F., Sayette, M. A., Jeni, L. A., & De la Torre, F. (2015). How much training data for facial action unit detection? Proceedings of the IEEE International Conference on Automatic Face and Gesture Recognition, Ljubljana, Slovenia.

- Henry, S.L., Fiez, J.A., Sayette, M.A. & Wilson, S.J. (2015, February). Cue-elicited neural activity and functional connectivity associated with the decision to smoke in quitting-motivated smokers. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Philadelphia, PA.
- Fairbairn, C.E. & Sayette, M.A. (May, 2015). Alcohol and emotional contagion: An examination of the spreading of smiles in male and female drinking groups. Paper presented in the symposium, "The consequences of perceiving, expressing, and regulating nonverbal displays of emotion," at the annual meeting of the Association of Psychological Science, New York, NY.
- Hill, N. E., Pacilio, L., Skrzynski, C. J., Sayette, M. A., & Creswell, K.G., (March, 2016). Predicting eating behavior with visceral and visual assessments of hunger. Poster presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Sayette, M.A., Fairbairn, C.E., Creswell, K.G., & Dimoff, J.D. (2016, May). Extraversion and the Effects of Alcohol on Emotion and Social Bonding during Group Formation. Paper presented in the symposium, "Alcohol Use: Motivational Consequences, Predictors, and Interventions" at the annual meeting of the Society for the Study of Motivation, Chicago, IL.
- Bowdring, M.A. & Sayette, M.A. (2017, June). The Impact of Gender Composition on Subjective Intoxication Following Placebo Consumption in a Group Setting. Paper presented at the 40th Annual Meeting of the Research Society on Alcoholism, Denver, CO.
- Dimoff, J.D. & Sayette, M.A. (2017, July). The Impact of Interpersonal Processes on Smoking Behavior. Paper presented at the 20th annual meeting of the Society for Interpersonal Theory and Research, Pittsburgh, PA.
- Martin, L.M., Sayette, M.A., Wilson, S.J. & Dimoff, J.D. (2018, March). Lingering over smoking cues can be pleasant: Can behavioral tasks inform fMRI data during positive anticipatory cravings? Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, MD.

- Velia, B.C., Fairbairn, C.E., Creswell, K.G., & Sayette, M.A. (2019, June). Party on the inside: A Dynamic analysis of the effect of alcohol consumption on humor enjoyment in a social context. Poster presented at annual meeting of the Research Society on Alcoholism at the annual meeting of the Research Society on Alcoholism, Minneapolis, MN.
- Martin-Wagar, C. A., Norcross, J. C., & Sayette, M. (2019, August). Theoretical Orientations of Counseling and Clinical Psychology Faculty: A Systematic Comparison. Poster presented at the annual meeting of the American Psychological Association, Chicago.
- Fairbairn, C. E., Velia, B., Creswell, K. G., & Sayette, M. A. (2020, February). A Dynamic Analysis of the Effect of Alcohol Consumption on Humor Enjoyment in Social Context. Paper presented at the annual conference of the Society for Personality and Social Psychology, Now Orleans, LA.
- Creswell, K.G., Sayette, M.A., & Skrzynski, C.J. (2020, March). Visceral states call for visceral measures: Assessing cigarette craving with a squeeze. Paper presented in the symposium, "Novel Directions in the Assessment and Manipulation of Craving" at the annual meeting of the Society for Research on Nicotine and Tobacco, New Orleans, La.
- Sayette, M.A. (2020, March). The impact of pleasant olfactory cues on cigarette craving. Paper presented in the symposium, "Novel Directions in the Assessment and Manipulation of Craving" at the annual meeting of the Society for Research on Nicotine and Tobacco, New Orleans, La.
- Lin, V., Girard, J.M., Sayette, M.A., Morency, L-P (October, 2020). Multimodal models of emotional and social expressiveness. Appeared in the symposium, "Toward Multimodal Modeling of Emotional Expressiveness." Paper presented at the International Conference on Multimodal Interaction (ICMI) 2020, Utrecht, the Netherlands.
- Martin-Wagar, C. A., Norcross, J. C., & Sayette, M. (2021, January). Counseling and clinical psychology programs: A comparison of program, faculty, and student characteristics. Poster presented at the Council of University Directors of Clinical Psychology (CUDCP) Midwinter Meeting (meeting held virtually due to COVID-19).

- Bowdring, M.A & Sayette, M.A. (2021, June). Beer goggles or liquid courage? The effect of alcohol on perceptions of physical attractiveness and desire to interact. Poster presented at the annual meeting of the Research Society on Alcoholism (held virtually).
- Goldschlager, J., Carachilo, C., Norcross, J. C., & Sayette, M.A. (2022, March). Student race, gender, nationality, and LGBT ally groups in doctoral psychology programs. Poster presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Marsh, E.L., Goodwin, M.E., Sayette, M.A., Marchetti, M.A., & Herz, R.S (2023, April). Endogenous mood state and hedonic responses to pleasant odors. Poster presented at the Annual Meeting of the Association of Chemoreception Sciences (AChemsS), Bonita Springs, Florida.
- Marsh, E.L., Goodwin, M.E., Creswell, K.G., Fraundorf, S.H., & Sayette, M.A. (2024). A Multi-analytic examination of race and sex on cigarette cue reactivity among smokers. Poster presented at the 30th annual meeting of the Society for Research on Nicotine & Tobacco, Edinburgh, Scotland.
- Creswell, K.G., Lyons, G. Ethridge, H., Wright, A.G.C., & M.A. Sayette, M.A. (2024, April). Alcohol's Acute Effects on Emotions and Social Reward in a Laboratory Social Setting: A Multi-Modal Investigation. Paper presented in the symposium "The Importance of Social Processes in Understanding Risk for Alcohol Problems" at the 12th annual meeting of the Collaborative Perspectives on Addiction, Denver, CO.
- Goodwin, M.E. & Sayette, M.A. (2024, June). The Impact of Alcohol on Affiliative Verbal Behavior: A Systematic Review and Meta-Analysis. Paper presented in the symposium "Drinking with Others: Novel Approaches to Understanding Alcohol's Effects in Social Contexts" at the Annual Meeting of the Research Society on Alcohol, Minneapolis, MN.
- Marsh, E.L., Goodwin, M.E., Sayette, M.A., Marchetti, M.A., & Herz, R.S (2024, October). Endogenous mood state and hedonic responses to pleasant odors. Paper presented at the Annual Meeting of the Society of Sensory Professionals, Pittsburgh, PA.
- Marsh, E.L., Creswell, K.G., & Sayette, M.S. (2025, March). Reevaluating craving assessment: A multimodal approach to addressing ceiling effects among Black and White individuals who smoke. Paper presented in the symposium, "New Directions in Craving

Research: Novel Approaches to Manipulating and Assessing Urge in Diverse Populations” at the annual meeting of the Society for Research on Nicotine and Tobacco, New Orleans, La.

Collins, M.P., Marsh, E.L., & Sayette, M.A. (2025, March). The relationship between nicotine dependence and lab-based cigarette craving. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, New Orleans, La.

Businelle, M. S., Garey, L., Sayette, M.A., Herz, R. S., Zhao, J., Ruiz, A. L., Jones, A. A., & Wang, W. (2026, April). An innovative digitally-delivered olfactory method for reducing cigarette cravings and supporting smoking cessation. Paper presented in the symposium, “Innovative and Highly Scalable mHealth Interventions for Smoking Cessation ” at the 47th annual meeting of the Society of Behavioral Medicine, Chicago, IL.

Czerwinski, E.C., Norcross, J.C., & Sayette, M.A. (2026, February). Theoretical orientations of clinical psychology faculty: Contemporary data and historical patterns. Poster presented at the annual meeting of the Eastern Psychological Association, Boston, MA.

Czerwinski, E.C., Norcross, J.C., & Sayette, M.A. (2026, March). Courses required for admission to doctoral programs in clinical psychology: What do they want? Poster presented at the annual meeting of the Eastern Psychological Association, Boston, MA.

Czerwinski, E.C., Norcross, J.C., & Sayette, M.A. (2026, August). The probability of acceptance and full funding at APA-accredited doctoral programs in clinical psychology: An inverse relationship. Poster to be presented at the annual meeting of the American Psychological Association, Washington, DC.

Marsh, E.L., Sayette, M.A. (2026, March). Racial composition as a correlate of sex differences in laboratory studies of cigarette craving: A narrative review. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, Maryland.

Russo, R.R., Czerwinski, E.C., Norcross, J.C. & Sayette, M.A. (2026, August). Popular research areas among clinical psychology faculty: Ph.D. vs. Psy.D. programs. Poster to be presented at the annual meeting of the American Psychological Association, Washington, DC.

Sayette, M.A. & Herz, R.S (2026, September). Pleasant olfactory stimuli can reduce cigarette craving: Implications for smoking cessation. Poster to be presented at the annual meeting of the European Chemoreception Research Organization, Paris, France.

Invited Addresses

Sayette, M.A. (April, 1991). Current Trends in Clinical Psychology. Invited talk presented at Brown University, Department of Psychology, Providence, R.I.

Sayette, M.A. (June, 1996). An appraisal-disruption model of alcohol's effects on stress. Paper presented in the invited symposium, chaired by Kenneth Sher, "Using and abusing alcohol: From etiology to intervention" at the annual meeting of the American Psychological Society, San Francisco, CA.

Sayette, M.A. (April 1996). Training in Clinical Psychology. Seminar presented at Carnegie Mellon University, Department of Psychology, Pittsburgh, PA.

Sayette, M.A. (July, 1996) Cognitive Studies on Addiction. Invited paper presented at the APA Summer Science Institute, University of Maryland, College Park, MD.

Sayette, M.A. (October, 1996). Psychological Studies on Addiction. Invited colloquium presented at the Research Institute on Addictions, Buffalo, NY.

Sayette, M.A. (February, 1997). An Appraisal-Disruption Model of Alcohol and Stress. Colloquium presented at University of Missouri-Columbia, Department of Psychology, Columbia, Missouri.

Sayette, M.A. (October, 1997). Facial Expressions and Craving: Commentary. Invited paper presented at the National Institute on Alcohol Abuse and Alcoholism workshop, Treatment and Alcohol Craving: Expanding the Paradigm, Washington, D.C.

Sayette, M.A. (October, 1997). Craving: Assessment methodologies, scales, and usefulness in predicting outcomes. Invited paper presented at the American Society of Addiction Medicine "state of the art" conference, Models and Measures of Early Recovery: Implications for New Treatment Strategies, Washington, D.C.

- Sayette, M. (June, 1999). Cognitive and affective processes in craving. Invited paper presented as part of a “crosscutting” symposia, Addiction motivation: Behavioral, cognitive, and neurobiological perspectives, chaired by Timothy Baker, at the annual meeting of the American Psychological Society, Denver, CO.
- Sayette, M.A. (June, 1999). Experimental contributions to the analysis of addictive behavior. Invited paper presented during a Distinguished Lectureship visit, sponsored by the German-American Academic Council Foundation., Westfälische Wilhelms-Universität Münster, Münster, Germany.
- Sayette, M.A. (June, 1999). Drug craving: Clinical applications of basic research. Invited paper presented at the Department of Psychiatry, Universitätsklinikum, University of Essen, Essen, Germany.
- Sayette, M.A. (April, 2000) A cognitive and affective analysis of craving. Invited colloquium presented at the Addiction Research Foundation, Toronto, Ontario.
- Sayette, M.A. (September, 2000). Cognitive and affective processes in smoking craving. Invited colloquium presented at the Department of Psychiatry and Behavioral Sciences, Johns Hopkins University Medical Center, Baltimore, MD.
- Sayette, M.A. (August, 2001). A facial coding analysis of craving. Paper presented as part of a symposium entitled Craving and Euphoria, at the biannual Federation of American Societies of Experimental Biology (FASEB) conference: “Commonalities and Differences in the Mechanisms of Alcohol and Other Drugs of Abuse,” Tucson, AZ.
- Sayette, M.A. (August, 2001). Examination of craving-related changes in affect and cognition in sober and intoxicated heavy smokers and tobacco chippers. Paper presented in the invited symposium, "Substance abuse and emotion" at the annual meeting of the American Psychological Association, San Francisco, CA.
- Sayette, M. A. (April, 2002). Cognitive and affective processes in craving: Contributions from the laboratory. Invited grand rounds presented at the Medical College of Wisconsin, Milwaukee, WI.

- Sayette, M.A. (January, 2003). *An Appraisal Disruption Model of Alcohol and Stress*. Invited colloquium presented at Medical University of South Carolina Institute of Psychiatry.
- Sayette, M.A. (June, 2003). *Psychological Studies of Cigarette Craving*. Invited colloquium presented at. Department of Psychology, Westfälische Wilhelms-Universität Münster, Münster, Germany.
- Sayette, M.A. (June, 2003). Psychological Studies of Cigarette Craving. Invited colloquium presented at the Department of Psychiatry, Universitätsklinikum, University of Essen, Essen, Germany.
- Sayette, M.A. (June, 2003). When Smokers Crave: A Cognitive and Affective Analysis. Invited paper presented at the World Psychiatric Association International Thematic Conference - Diagnosis in Psychiatry: Integrating the Sciences meeting, Vienna, Austria.
- Sayette, M.A. (December, 2003). *Smoking and free will*. Invited colloquium presented at a Max Planck Institute conference on “Disorders of Volition,” Isree, Germany.
- Sayette, M.A. (June, 2004). *A social-cognitive analysis of alcohol and stress*. Invited colloquium presented at the postdoctoral fellowship graduation ceremony, Center of Alcohol and Addiction Studies, Brown University, Providence, RI.
- Sayette, M.A. (2005, April). Implicit cognition in tobacco addiction. Invited paper presented at the 2nd East-West Conference on Tobacco and Alcohol: Culture, Environment, and Genes, Pasadena, California.
- Sayette, M.A. & Kirchner, T.R. (October, 2005). *A motivated reasoning analysis of the effects of cigarette craving on generation and evaluation of smoking-related information*. Invited paper presented at the meeting of the International Society of Self and Identity, San Diego, CA.
- Sayette, M.A. (October, 2007). *Why we ought to care about drug craving*. Invited colloquium presented at the Center of Alcohol and Addiction Studies, Brown University, Providence, RI.

Sayette, M.A. (February, 2009). Why, where, when, and how drinking leads us to do things we wouldn't ordinarily do. Invited talk presented at Florida International University's annual meeting, "Dionysus: Drinking: Issues, Opinions, News, Youth, Surveillance, Under-the-influence, & Society." Miami, FL.

Sayette, M.A. (April, 2009). Self-regulation and Addiction. Invited talk presented at the Motivation Science Center in the Department of Psychology's conference "Advances in Motivation Science: Self-Control Research & Interventions." Columbia University, New York, NY.

Sayette, M.A. (October, 2009). A Cognitive and affective analysis of cigarette cravings. Invited talk presented at the Center for Behavioral Decision Research, Carnegie Mellon University, Pittsburgh, PA.

Griffin, K.M., Sayette, M.A., Manuck, S.B, Ferrell, R.E., Hill, S.Y., & Dimoff, J.D. (June 2011). Interactive effects of the DRD4 VNTR polymorphism and alcohol consumption on social bonding. Paper presented in the invited paper session, "Enoch Gordis Award Finalists-Students" at the annual meeting of the Research Society on Alcoholism, Atlanta, GA. (Paper received the \$2000. award.)

Sayette, M.A. (February, 2012). Self-Regulation and addiction: What laboratory studies tell us about drinking and smoking. Invited talk presented at the Department of Psychology, University of Illinois -- Urbana/Champaign, Champaign, Illinois.

Sayette, M.A. (September, 2012). Self-Regulation Failure and Smoking: A Multimodal Analysis of Cigarette Cravings. Invited colloquium presented at the Department of Psychological and Brain Sciences, Dartmouth College, Hanover, NH.

Sayette, M.A. (November, 2012). Self-Regulation Failure and Smoking: The Role of Craving. Invited colloquium presented at the Department of Psychology, Westminister College, New Wilmington, PA.

Sayette, M.A. (March, 2013). A Social-Cognitive Analysis of Alcohol and Emotion. Invited colloquium presented at the Department of Psychology, SUNY-Buffalo, Buffalo, NY.

Sayette, M.A. (April, 2013). A Social Psychological Analysis of Alcohol and Emotion. Invited colloquium presented at University of Missouri-Columbia, Department of Psychology, Columbia, Missouri.

Sayette, M.A. (June, 2013). The Acute Effects of Alcohol on Emotion and Bonding: Refocusing on the “Social” Aspect of Social Drinking. Keynote address presented at 9th Annual Satellite Session: Research on Mechanisms of Behavior Change, at the annual meeting of the Research Society on Alcoholism, Orlando, Florida.

Sayette, M.A & Creswell, K.G. (October 2013). The Effects of Alcohol on Emotion and Bonding: Examining Addiction in a Social Context. Invited talk presented at the Annual Retreat of the Center for the Neural Bases of Cognition (CNBC), Seven Springs, PA.

Sayette, M.A (November 2013). Effects of Alcohol on Emotion in a Social Context. Invited talk presented at the Annual Thematic meeting on Addiction. Tampa, FL.

Sayette, M.A. (October 2014). Tobacco Craving and Alcohol Consumption: Altered States Related to Health. Invited talk presented at National Cancer Institute’s *Crosstalk Symposium*, “Leveraging Lessons Learned across Behavioral Domains.” Rockville, MD.

Sayette, M.A., Fairbairn, C.E., & Creswell, K. G. & Dimoff, J.D. (May 2016). Booze and Bonding: Why Social Context Matters when Studying Drinking. Talk presented in the invited symposium, "It’s Different When We’re Together” at the annual meeting of the Association for Psychological Science, Chicago, IL.

Sayette, M.A. (February 2017). The Effect of Alcohol on Emotion: Addressing the ‘Social’ Aspect of Social Drinking.” Invited colloquium presented at University of Florida, Center for Addiction Research and Education, Gainesville, Florida.

Sayette, M.A. (May, 2018). Use of Olfactory Cues to Attenuate Cigarette Cravings. Talk presented in the invited symposium, "Applied Benefits of Motivation Science” at the annual meeting of the Society for the Study of Motivation, San Francisco, CA.

Sayette, M.A. (April, 2019). Psychological Studies on Addiction: The Power of Altered States. Invited colloquium presented at the Center of Alcohol and Addiction Studies, Brown University, Providence, RI.

Sayette, M.A. (September, 2023). Alcohol and Emotion: Considering the “Social” Aspect of Social Drinking. Invited paper presented at the Festschrift Honoring Ken Sher, University of Missouri, Columbia, MO.

Sayette, M.A. (October, 2024). Using Pleasant Olfactory Cues to Control Cigarette Craving. Talk presented in the invited symposium, “Real-life-setting psychological interventions” at the Annual Thematic Meeting on Addiction: Health Empowerment by Harm Reduction, Catania, Sicily (Italy).

Sayette, M.A. (December, 2025) What are the behavioral processes mediating social connectedness? (Moderator) in the Ernst Strüngmann Forum, “Social Connectedness Constructs, Mechanisms, and Implications for Substance Abuse,” Frankfurt Institute for Advanced Studies, Frankfurt, Germany.

Teaching Experience

Psychopathology

Clinical Supervision

Introduction to Psychology

Alcohol Use and Abuse

Addiction (graduate seminar)

Behavioral Medicine