



4. Kraft-Feil, T. L., Ingram, R. E., Gorey, C., Luu, J. H., **Cross, M. P.**, & Pressman, S. D. (2023). The association of negative mood with automatic and effortful facial expression mimicry. *Frontiers in Psychology (Emotion Science)*, 14:1056535. doi:10.3389/fpsyg.2023.1056535
5. **Cross, M. P.**, Acevedo, A. M., Leger, K. A., & Pressman, S. D. (2022). How and why could smiling influence physical health? *Health Psychology Review*, 17(2), 321-343. doi:10.1080/17437199.2022.2052740
6. **Cross, M. P.**, Hunter, J. F., \*Smith, J. R., Twidwell, R., & Pressman, S. D. (2022). Comparing, differentiating, and applying affective facial coding techniques for the assessment of positive emotion. *Journal of Positive Psychology*. doi:10.1080/17439760.2022.2036796
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8. **Cross, M. P.**, Gheorma, L., & Pressman, S. D. (2019). Contrasting experimentally device-manipulated and device-free smiles. *Frontiers in Psychology (Emotion Science)*, 10, 2297. doi:10.3389/fpsyg.2019.02297
9. Urban, E. J., Cochran, K. J., Acevedo, A. M., **Cross, M. P.**, Pressman, S. D., & Loftus, E. F. (2019). Misremembering pain: A memory blindness approach to adding a better end. *Memory & Cognition*, 47(5), 954-967. doi.org/10.3758/s13421-019-00913-9
10. \*Kim, G., **Cross, M. P.**, & Pressman, S. D. (2019). The connections between personality traits, pain threshold, and pain tolerance. *The UCI Undergraduate Research Journal*, XXII.
11. **Cross, M. P.** & Pressman, S. D. (2018). Say cheese? The connections between positive facial expressions in student identification photographs and health care seeking behavior. *Journal of Health Psychology*, 25(13-14), 2511-2519. doi:10.1177/1359105318790066
12. Pressman, S. D. & **Cross, M. P.** (2018). Moving beyond a one-size-fits-all view of positive affect in health research. *Current Directions in Psychological Science*, 27(5), 339-344. doi.org/10.1177/0963721418760214
13. **Cross, M. P.**, \*Hofschneider, L., \*Grimm, M., & Pressman, S. D. (2018). Subjective well-being and physical health. In E. Diener, S. Oishi, and L. Tay (Eds.), *Handbook of Well-Being*. Salt Lake City, UT: DEF Publishers. doi:nobascholar.com
14. Jenkins, B. N., Hunter, J. F., **Cross, M. P.**, Acevedo, A. M., & Pressman, S. D. (2018). When is affect variability bad for health? The association between affect variability and immune response to the influenza vaccination. *Journal of Psychosomatic Research*, 104, 41-47. doi:10.1016/j.jpsychores.2017.11.002

15. Hunter, J., F., **Cross, M. P.**, & Pressman, S. D. (2018). The associations between positive affect and health: Findings and future directions. In C.R. Snyder, S. J. Lopez, L. M. Edwards, and S. C. Marques (Eds.), *The Oxford Handbook of Positive Psychology*, 3<sup>rd</sup> Edition.
16. **Cross, M. P.**, & Pressman, S. D. (2017). Understanding the connections between positive affect and health. In C. L. Cooper and J. C. Quick (Eds.), *The Wiley Handbook of Stress and Health: A Guide to Research and Practice*.
17. Pressman, S. D., Kraft, T. L., & **Cross, M. P.** (2015). It's good to do good and receive good: The impact of a "pay it forward" style kindness intervention on giver and receiver well-being. *Journal of Positive Psychology*, 10(4), 293-302.  
doi:10.1080/17439760.2014.965269

### **Manuscripts in Preparation**

1. **Cross, M. P.**, Acevedo, A. M., & Pressman, S. D. The psychological and physiological effects of experimentally induced smiling during physical pain.
2. **Cross, M. P.**, Luu, J., & Pressman, S. D. Facial feedback research has an adherence problem.

### **GRANTS AND FELLOWSHIPS**

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Teaching Materials Grant (\$200) Schreyer New Faculty Colleagues Group The Pennsylvania State University	2020
Dean's Dissertation Writing Fellowship (\$12,885) School of Social Ecology University of California, Irvine	2019
Multidisciplinary Design Program (\$2,000) Undergraduate Research Opportunities Program University of California, Irvine <i>Awarded to projects that provide an environment for undergraduate students to develop the multidisciplinary skills and knowledge that will propel them into further studies or careers in fields that explore the connections between different disciplines</i>	2017
La Verne Noyes Fellowship (\$3,000) University of California, Irvine <i>Awarded to an academically superior graduate student who is a direct descendant of a World War I U.S. Navy or Army veteran</i>	2016

## **HONORS AND AWARDS**

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Nominee for the Faculty Excellence in Teaching Award Department of Psychology University of Pittsburgh <i>A student-driven award that demonstrates the dedication of faculty to teaching and creating a positive learning environment for their students</i>	2025
Teaching Excellence Award College of Health and Human Development The Pennsylvania State University <i>Recognizes hard work, dedication, and outstanding performance in undergraduate teaching and learning</i>	2023
Nominee for the George W. Atherton Award for Excellence in Teaching The Pennsylvania State University <i>Presented each year to six faculty members across the university who have demonstrated excellence in undergraduate teaching</i>	2022
Outstanding Mentoring Award (\$200) School of Social Ecology University of California, Irvine	2014 – 2017, 2019
Carol Kupers Whalen Graduate Research Award (\$1,000) Department of Psychological Science University of California, Irvine <i>Awarded to a graduate student who is conducting innovative research on a fundamental question in health psychology and contributes to the department beyond his or her own work</i>	2018
Dissertation Research Award (\$1,000) American Psychological Association	2017
Dissertation Data Collection Stipend (\$1,000) School of Social Ecology University of California, Irvine	2017
Alison Clarke-Stewart Excellence in Research Award (\$500) Department of Psychological Science University of California, Irvine <i>Awarded to the graduate student who submitted the best second year project; given to a paper that was creative, original, theoretically and practically strong, and reflected a large amount of independent work by the student</i>	2015
Graduate Research Fellowship Program Honorable Mention National Science Foundation	2015

## **TEACHING EXPERIENCE**

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### **Instructor at University of Pittsburgh**

Mean ratings are from student course evaluations. Synchronous courses were in-person unless otherwise noted.

#### *Synchronous Courses*

<b>Course</b>	<b>Number of Sections</b>	<b>Average Rating</b>	<b>Course Enrollment</b>
Research Methods Lecture	3	4.79 out of 5	57-122 students
Topics in Advanced Laboratory Methods – Human Stress	2	4.77 out of 5	24 students
Research Methods Lab	1	4.83 out of 5	23 students

### **Instructor at The Pennsylvania State University**

Mean ratings are from student course evaluations. Synchronous courses were in-person unless otherwise noted. Student evaluations changed from a 7 point scale to a 5 point scale in fall of 2023, so classes on this new scale are included as separate rows.

#### *Synchronous Courses*

<b>Course</b>	<b>Number of Sections</b>	<b>Average Rating</b>	<b>Course Enrollment</b>
Research and Applications in Biobehavioral Health	4 (1 hybrid section)	6.74 out of 7	34-39 students
Research and Applications in Biobehavioral Health	1	5 out of 5	35 students
Interdisciplinary Integration in Biobehavioral Health	3	6.44 out of 7	82-110 students
Introduction to Biobehavioral Health	1 (virtual)	6.52 out of 7	125 students

#### *Asynchronous Online Courses*

<b>Course</b>	<b>Number of Sections</b>	<b>Average Rating</b>	<b>Course Enrollment</b>
Values and Ethics in Biobehavioral Health Research and Practice	10	6.30 out of 7	18-26 students
Values and Ethics in Biobehavioral Health Research and Practice	1	4.4 out of 5	24 students
Introduction to Biobehavioral Health	7	6.56 out of 7	33-39 students
Biobehavioral Aspects of Stress	6	6.15 out of 7	29-40 students

Biobehavioral Aspects of Stress	1	4.86 out of 5	36 students
Gender and Biobehavioral Health	6	6.24 out of 7	16-36 students
Gender and Biobehavioral Health	1	4.75 out of 5	40 students
Diversity and Health	3	6.55 out of 7	16-39 students

### Instructor at the University of California, Irvine

Mean ratings are from student course evaluations. All courses were in-person.

### *Synchronous Courses*

Course	Number of Sections	Average Rating	Course Enrollment
Human Stress	2	6.07 out of 7	230-252 students
Health Psychology	1	8.5 out of 9	39 students

### CONFERENCE PRESENTATIONS

*\*Denotes an undergraduate student I directly supervised in research*

### Invited Academic Talks

1. **Cross, M. P.** (March, 2019). *Careers in teaching psychosomatic medicine*. 77<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Vancouver, Canada.

### Submitted/Reviewed Academic Talks

1. Cousins, J. C., Ciccocioppo, M., Hunter-Rue, D., Hirsch, J., Brand, J., Colvin, M., **Cross, M. P.**, Ganger, J., Hawthorne, W., Hofrichter, R., Kucinski, B., Leckfor, C., Libertus, K., Richey, E., & Streeter, S. (March, 2025). *Advanced achievement in the teaching of psychology (AATOP): A teaching mentoring program for graduate students*. Lightning talk presented at the University of Pittsburgh Mentoring and Advising Summit.
2. Jenkins, B. N., Ong, L., Boehm, J., Hunter, J., **Cross, M. P.**, Acevedo, A., Pressman, S. D., Richardson, M., & Conner, T. (March, 2020). *When is affect variability bad? Examining the associations between affect variability and mental, physiological, and physical health outcomes*. Paper to be presented at the 78<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Long Beach, CA. *Conference cancelled*.
3. Jenkins, B. N., **Cross, M. P.**, Goldstein, A., Kraft-Feil, T. L., Rasmussen, H., Scheier, M. F., & Pressman, S. D. (March, 2019). *The stress buffering effect of positive affect on sleep: Considering arousal level of positive affect*. Paper presentation at the 77<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Vancouver, Canada.

4. Jenkins, B. N., Hunter, J. F., **Cross, M. P.**, Acevedo, A. M., & Pressman, S. D. (April, 2018). *Mean positive affect moderates the association between positive affect variability and immune response to the influenza vaccination*. Paper presentation at the Positive Emotion Preconference at the 5<sup>th</sup> Annual Meeting of the Society for Affective Science, Los Angeles, CA.
5. Pressman, S. D., Acevedo, A. M., **Cross, M. P.**, Hunter, J. F., & Jenkins, B. N. (April, 2018). *Keep calm and fight pain: How arousal matters in the positive affect-pain connection*. Paper presentation at the 5<sup>th</sup> Annual Meeting of the Society for Affective Science Annual Conference, Los Angeles, CA.
6. **Cross, M. P.**, & Pressman, S. D. (March, 2018). *The case for including facial expressions in affect and health research*. Paper presentation at the 76<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Louisville, KY.
7. **Cross, M. P.**, Kraft, T. L., & Pressman, S. D. (April, 2016). *The impact of a “pay it forward” style kindness intervention on giver and receiver wellbeing*. Paper presentation at the 96<sup>th</sup> Annual Convention of the Western Psychological Association, Long Beach, CA.
8. Pressman, S. D., & **Cross, M. P.** (March, 2016). *Say cheese! The association between smiles in student identification photographs and frequency of health care center visits*. Paper presentation at the Positive Emotion Preconference at the 3<sup>rd</sup> Annual Meeting of the Society for Affective Science, Chicago, IL.
9. **Cross, M.**, Brooks, K., & Robles, T. (April, 2012). *We get by with a little help from our friends: The relationship between types of social support and emotion*. Paper presentation at the Berkeley Interdisciplinary Research Conference at UCB, Berkeley, CA.

### **Chaired Symposia**

1. **Cross, M. P.** (March, 2024). Positive factors in aging populations. 81<sup>st</sup> Annual Scientific Meeting of the American Psychosomatic Society, Brighton, United Kingdom.
2. **Cross, M. P.** (March, 2019). HIV. 77<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Vancouver, Canada.
3. **Cross, M. P.** (March, 2018). Pain and physical symptoms. 76<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Louisville, KY.

### **Poster Presentations**

1. Delgadillo, D. R., Borelli, J. L., Mayer, E. A., Labus, J. S., **Cross, M. P.**, & Pressman, S. D. (May, 2024). Biological, environmental, and psychological stress and the human gut microbiome in healthy adults. Poster presentation at Digestive Disease Week, Washington, D.C.

2. \*Khan, A., Olah, M., \*Palmer, S., \*Smith, J., \*Resendiz, E., **Cross, M. P.**, & Pressman, S. D. (April, 2019). The relationship between personality and facial expression adherence. Poster presentation at the 99<sup>th</sup> Annual Convention of the Western Psychological Association, Pasadena, CA.
3. \*Kim, G. J., \*Singh, T., \*Hollas, K., \*Tran, T., \*Chen, S., \*Corona, R., **Cross, M. P.**, & Pressman, S. D. (May, 2018). *An analysis of Cyberball as an effective social exclusion tool*. Poster presentation at the 30<sup>th</sup> Annual Convention of the Association for Psychological Science, San Francisco, CA.
4. \*Dominguez Ortega, D., \*Zheng, Z., \*Chen, S., \*Singh, T., \*Galstyan, E., \*Gheorma, L., **Cross, M. P.**, & Pressman, S. D. (April, 2017). *A comparison of manipulated and natural smile facial muscle activation*. Poster presentation at the 97<sup>th</sup> Annual Convention of the Western Psychological Association, Sacramento, CA.
5. **Cross, M. P.**, Acevedo, A. M, Hunter, J. F., & Pressman, S. D. (March, 2017). *Smile while your heart is breaking? The protective cardiovascular effects of smiling during social exclusion*. Poster presentation at the 75<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Sevilla, Spain.
6. Hunter, J. F., Hooker, E., Acevedo, A. M., **Cross, M. P.**, \*Wong, E. & Pressman, S. D. (March, 2017). *Is your smartphone a digital security blanket? How phone use and availability influences salivary alpha amylase and exclusion reports during social stress*. Poster presentation at the 75<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Sevilla, Spain.
7. Acevedo, A. M., Leger, K., \*Shader, J., Hunter, J. F., **Cross, M. P.**, & Pressman, S. D. (March, 2017). *Keep calm and carry on: Low arousal positive affect is associated with higher parasympathetic function and no sympathetic activation during responses to pain*. Poster presentation at the 75<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Sevilla, Spain.
8. \*Dominguez Ortega, D., \*Singh, T., \*Zhang, S., \*Koh, S. E., \*Carcano, A., \*Gheorma, L., **Cross, M. P.**, & Pressman, S. D. (March, 2017). *Using psychophysiological methods to understand the effects of different positive facial expression manipulations*. Poster presentation at the 38<sup>th</sup> Annual Meeting of the Society for Behavioral Medicine, San Diego, CA.
9. \*Hofschneider, L., \*Grimm, M., \*Wang, H. D., \*King, K., \*Ochiai, K., \*Ong, P., **Cross, M. P.**, & Pressman, S. D. (March, 2017). *Do loneliness and self-esteem alter the influence of self-affirmation on stress recovery?* Poster presentation at the 38<sup>th</sup> Annual Meeting of the Society for Behavioral Medicine, San Diego, CA.
10. Urban, E. J., Cochran, K. J., Acevedo, A., **Cross, M. P.**, Pressman, S. D., & Loftus, E. F. (January, 2017). *Underestimating pain: Memory blindness for a self-reported painful experience*. Poster presentation at the 18<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, San Antonio, TX.

11. Chase, D., **Cross, M. P.**, & Pressman, S. D. (April, 2016). *Do personality traits predict health care seeking behaviors in college students?* Poster presentation at the 96<sup>th</sup> Annual Convention of the Western Psychological Association, Long Beach, CA.
12. \*Gheorma, L., \*Carcano, A., \*Koh, S., \*Nguy, C. T., \*Ortega, D. D., \*Shader, J., **Cross, M. P.**, Pressman, S. D. (April, 2016). *The smile stick: The validation of a new method of smile inducement.* Poster presentation at the 96<sup>th</sup> Annual Convention of the Western Psychological Association, Long Beach, CA.
13. Limas, I., Villarreal, B. J., **Cross, M. P.**, & Heckhausen, J. (April, 2016). *Academic stress, motivation, and mental and physical health in university students.* Poster presentation at the 96<sup>th</sup> Annual Convention of the Western Psychological Association, Long Beach, CA.
14. **Cross, M. P.**, & Pressman, S. D. (March, 2016). *Does a smile a day keep the doctor away? The connections between facial expressions in student identification photographs and health care center visitation.* Poster presentation at the 74<sup>th</sup> Annual Scientific Meeting of the American Psychosomatic Society, Denver, CO.
15. **Cross, M. P.**, \*Gheorma, L., \*Hofschneider, L., \*Grimm, M., & Pressman, S. D. (January, 2016). *Does a smile a day keep the doctor away? The connections between facial expressions in student identification photographs and health care center visitation.* Poster presentation at the 17<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, San Diego, CA.
16. \*Smirnova, M., \*McKenna, C., \*Faraci, D. C., **Cross, M. P.**, Pressman, S. D., & Ditto, P. H. (January, 2016). *The influence of smiling on cheating.* Poster presentation at the 17<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, San Diego, CA.
17. \*Faraci, D. C., \*McKenna, C., \*Smirnova, M., **Cross, M. P.**, Pressman, S. D., & Ditto, P. H. (January, 2016). *The influence of smiling on moral decision making.* Poster presentation at the 17<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, San Diego, CA.
18. \*McKenna, C. \*Smirnova, M., \*Faraci, D. C., **Cross, M. P.**, Pressman, S. D., & Ditto, P. H. (January, 2016). *The influence of smiling on evaluating moral foundation transgressions.* Poster presentation at the 17<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, San Diego, CA.
19. **Cross, M. P.**, \*Faraci, D. C., \*Milligan, S., \*Gheorma, L., & Pressman, S. D. (March, 2015). *Fake smiles = worse health: The connection between smile type in student photos and physical health.* Poster presentation at the 73<sup>rd</sup> Annual Scientific Meeting of the American Psychosomatic Society, Savannah, GA.
20. \*Faraci, D. C., \*Milligan, S., \*Gheorma, L., **Cross, M. P.**, & Pressman, S. D. (February, 2015). *The connections between smile intensity in student ID photos and health.* Poster presentation at the 16<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, Long Beach, CA.

21. **Cross, M. P.**, Kraft, T. L., & Pressman, S. D. (February, 2015). *It's good to do good and receive good: The impact of a "pay it forward" style intervention on giver and receiver wellbeing.* Poster presentation at the 16<sup>th</sup> Annual Meeting of the Society for Personality & Social Psychology, Long Beach, CA.
22. **Cross, M. P.**, Kraft, T. L., & Pressman, S. D. (February, 2015). *It's good to do good and receive good: The impact of a "pay it forward" style intervention on giver and receiver wellbeing.* Poster presentation at the Happiness and Well-being Pre-Conference, Society for Personality & Social Psychology, Long Beach, CA.
23. **Cross, M. P.**, \*Estevez Cores, S. M., \*Bower, A. H., & Pressman, S. D. (March, 2014). *What types of social relationship variables are associated with respiratory sinus arrhythmia?* Poster presentation at the 72<sup>nd</sup> Annual Scientific Meeting of the American Psychosomatic Society in San Francisco, CA.
24. Leger, K. A., **Cross, M. P.**, & Pressman, S. D. (March, 2014). *The relationship between self-rated health, heart rate, and heart rate variability in healthy young adults.* Poster presentation at the 72<sup>nd</sup> Annual Scientific Meeting of the American Psychosomatic Society in San Francisco, CA.
25. **Cross, M.**, Brooks, K., & Robles, T. (May, 2012). *We get by with a little help from our friends: The relationship between types of social support and emotion.* Poster presentation at the Psychology Undergraduate Research Conference at UCLA, Los Angeles, CA.
26. **Cross, M.**, Frazier, M., Galligan, M., Vishnevsky, R., Thom, E., & Sandhofer, C. (2011, May). *Examining the relationship between word learning and experience within categories.* Poster presentation at the Psychology Undergraduate Research Conference at UCLA, Los Angeles, CA.
27. **Cross, M.**, Frazier, M., Galligan, M., Vishnevsky, R., Thom, E., & Sandhofer, C. (May, 2011). *Examining the relationship between word learning and experience within categories.* Poster presentation at the Symposium on Cognitive and Language Development at California State University Los Angeles, Los Angeles, CA.

## **PROFESSIONAL SERVICE**

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|---|----------------|
| Program Chair for the Society for Biopsychosocial Science<br>and Medicine<br><i>Responsible for developing and organizing conference<br/>         programming.</i>  | 2025 – present |
| Chair of the American Psychosomatic Society Psychosocial<br>Wellbeing and Health Special Interest Group<br><i>Responsible for conference programming on the topic of<br/>         psychosocial wellbeing and health</i> | 2023 – 2025    |

American Psychosomatic Society Emerging Leaders Committee 2017 – 2020  
*Responsible for promoting the development of early career members and trainees as scholars and leaders in psychosomatic medicine*

American Psychosomatic Society Program Committee Member 2017 – 2019  
*Responsible for developing the academic portions of the Annual Meeting*

Mentor for the International Medicine Education and Development Club at the University of California, Irvine 2018 – 2019  
*Served as a mentor for two undergraduate students who were interested in careers in the health sciences*

**Ad Hoc Reviewer**

*Applied Psychology: Health and Well-Being*  
*Behavior Research Methods*  
*Frontiers in Psychology: Cultural Psychology*  
*Frontiers in Psychology: Personality and Social Psychology*  
*Health Psychology*  
*International Journal of Applied Positive Psychology*  
*International Journal of Behavioral Medicine*  
*International Journal of Wellbeing*  
*Journal of Experimental Social Psychology*  
*Journal of Health Psychology*  
*Journal of Multidisciplinary Healthcare*  
*Perspectives on Psychological Science*  
*Teaching and Teacher Education*

**DEPARTMENTAL SERVICE**

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**University of Pittsburgh**

Teaching Faculty Search Committee Member 2025  
Department of Psychology

Colloquium Committee 2024 – 2025  
Department of Psychology

**The Pennsylvania State University**

Honors Advising Team 2022 – 2024  
Department of Biobehavioral Health

World Campus Committee 2019 – 2024  
Department of Biobehavioral Health

Teaching Faculty Search Committee Member 2022 – 2023  
Department of Biobehavioral Health

Experiential Programs Admissions Committee 2020 – 2022  
Department of Biobehavioral Health

World Campus Faculty Search Committee Member 2021  
Department of Biobehavioral Health

Global Health Admissions Committee 2019 – 2020  
Department of Biobehavioral Health

### **University of California, Irvine**

Clinical Neuropsychology and Aging Faculty Search 2018  
Committee Member  
Department of Psychological Science

NSF GRFP Internal Review Committee 2018  
School of Social Ecology

Graduate Recruitment Chair 2016 – 2017  
Department of Psychological Science  
*Responsible for coordinating the interview weekend for potential  
future graduate students*

Social Chair 2014 – 2016  
Department of Psychological Science  
*Responsible for planning community-building events for faculty  
and graduate students*

### **UNIVERSITY SERVICE**

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#### **University of Pittsburgh**

Guest lecture for “Psychosocial Factors in Disease” (EPIDEM 2400) 2025  
Title: “The Connections between Smiling and Physical Health”

Guest lecture for the Psychology Club 2025  
Title: “Smile Like You Mean It: The Connections between  
Smiling and Health”

**The Pennsylvania State University**

- Speaker for “Engaging Disciplinarity: A Writing Speaker Series” 2022  
 Title of talk: “Writing in the Health Sciences: Evaluating the  
 Legitimacy of Sources and the Role of Popular Media”  
 Co-presenter: Dr. Beth Edwards  
 The Writing Center @ Penn State Learning
- Schreyer Honors College Selection Committee 2019 – 2020  
 The Pennsylvania State University

**PROFESSIONAL DEVELOPMENT**

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***Certificates Completed***

- Mental Health First Aid 2022  
*A national program to teach the skills to respond to the signs of  
 mental illness and substance abuse*
- Foundations for Online Teaching Certificate  
 Pennsylvania State University 2021  
*Four-course online certificate to help develop essential competence  
 in online teaching*

***Courses Completed***

- “Excellence in Academic Advising”  
 Pennsylvania State University 2022  
*Designed to provide faculty with a solid foundation for best practices  
 in academic advising*
- “Teaching the International Student” 2021  
 Pennsylvania State University  
*Designed to help faculty in preparing to work with international  
 students in an online environment*
- “Supporting World Campus Students in Distress” 2021  
 Pennsylvania State University  
*Designed to help faculty effectively address concerns about student  
 behavior and care*
- “Serving the Military and Veteran Student” 2021  
 Pennsylvania State University  
*Designed to help faculty learn about military and veteran students  
 and how best to support them in our classes*

- “Supporting Accessibility for Online Learners” 2020  
 Pennsylvania State University  
*Focused on processes that support student accessibility to online learning*
- “Teaching the Adult Learner” 2020  
 Pennsylvania State University  
*Provided a basic understanding of the adult learner and assisted with effective teaching methodologies*
- “Introduction to World Campus” 2020  
 Pennsylvania State University  
*Designed to provide an introductory look at the process by which a World Campus program and course are developed*
- “Introduction to Canvas” 2019  
 Pennsylvania State University  
*Designed to build faculty competency in using many features of Canvas*
- “Essentials of Online Teaching” 2019  
 Pennsylvania State University  
*Designed to provide a solid foundation to practice effective online teaching*

## **PROFESSIONAL AFFILIATIONS**

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- Society for Biopsychosocial Science and Medicine 2013 – present  
 (formerly the American Psychosomatic Society)
- American Psychological Association 2017 – 2022  
 Division 2, Society for the Teaching of Psychology  
 Division 38, Health Psychology

## **PRESS/NEWS COVERAGE**

### ***Podcast Interviews***

- “It’s Not All in Your Head: The Immune System and Mental Health Connection.” *Therapeutic Perspective*. October 21, 2021. <https://therapeuticperspective.com/podcast/episode-25-its-not-all-in-your-head-the-immune-system-and-mental-health-connection/>
- “The Science of Smiling with Dr. Marie Cross.” *The Science of Light Podcast*. June 9, 2021. <https://www.yogiscopes.com/podcast/16>

***Blogs***

McCarthy, J. (2023, September 3). Smiling: A possible ingredient in creative thinking? *Psychology Today*. <https://www.psychologytoday.com/us/blog/the-innovator-next-door/202308/smiling-a-possible-ingredient-in-creative-thinking>