CURRICULUM VITAE

Jill M. Cyranowski, Ph.D.

*University of Pittsburgh*

BIOGRAPHICAL INFORMATION

Name: Jill M. Cyranowski, Ph.D. Birth Date: 10/18/68

Business Address: Department of Psychology E-Mail: jcyranow@pitt.edu

University of Pittsburgh

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210 S. Bouquet Street

Pittsburgh, PA 15260

**EDUCATION AND TRAINING**

**UNDERGRADUATE:**

1991 The University of Dayton Bachelor of Arts Psychology

Dayton, OH Minors: Women’s Studies, English

**GRADUATE:**

1993 The Ohio State University Master of Science Clinical Psychology

Columbus, OH Advisor: Barbara L. Andersen, Ph.D.

1997 The Ohio State University Doctor of Philosophy Clinical Psychology

Advisor: Barbara L. Andersen, Ph.D.

**POSTGRADUATE:**

1996 – 1997 Western Psychiatric Institute Clinical Intern APS-Accredited Clinical Psychology

and Clinic Internship Program

Pittsburgh, PA Director: Paul Pilkonis, Ph.D.

1997 – 1999 Western Psychiatric Institute Research Fellow NIMH Postdoctoral Research

and Clinic Fellowship

Pittsburgh, PA Director: Paul Pilkonis, Ph.D.

Mentor: Ellen Frank, Ph.D.

APPOINTMENTS AND POSITIONS

ACADEMIC

1999 – 2001 Research Instructor in Psychiatry Department of Psychiatry

Western Psychiatric Institute and Clinic University of Pittsburgh School of Medicine

Pittsburgh, PA

2001 – 2011 Assistant Professor of Psychiatry Department of Psychiatry

Western Psychiatric Institute and Clinic

University of Pittsburgh School of Medicine

Pittsburgh, PA

2003 – 2011 Assistant Professor of Psychology Department of Psychology

School of Arts and Sciences

University of Pittsburgh

Pittsburgh, PA

2008 – 2014 Director, WPIC Clinical Psychology Department of Psychiatry

Internship Training Program Western Psychiatric Institute and Clinic

University of Pittsburgh School of Medicine

Pittsburgh, PA

2011 – 2014 Associate Professor of Psychiatry Department of Psychiatry

Western Psychiatric Institute and Clinic

University of Pittsburgh School of Medicine

Pittsburgh, PA

2011 – 2014 Associate Professor of Psychology Department of Psychology

School of Arts and Sciences

University of Pittsburgh Pittsburgh, PA

2014 – 2019 Associate Professor Graduate Psychology Program

Director of Training, PsyD Program Chatham University Pittsburgh, PA

2014 – present Adjunct Professor Department of Psychiatry

Western Psychiatric Institute and Clinic

University of Pittsburgh School of Medicine

Pittsburgh, PA

2019 – 2022 Clinical Associate Professor, Department of Psychology

Clinical Psychology Center (CPD) Director University of Pittsburgh

Pittsburgh, PA

2022 - present Clinical Full Professor Department of Psychology

Clinical Psychology Center (CPD) Director University of Pittsburgh

Pittsburgh, PA

#### NON-ACADEMIC

1999 – 2014 University of Pittsburgh Physicians (UPP) University of Pittsburgh Medical Center

Pittsburgh, PA

1999 – 2014 Intermediate Health Care Providers Staff Department of Psychiatry

UPMC Presbyterian

2014 - present Private Practice 155 N. Craig Street, Suite 120

Pittsburgh, PA 15213

#### CERTIFICATION AND LICENSURE

# 1998 – present Licensed Psychologist, Commonwealth of Pennsylvania

PS-008854-L

#### MEMBERSHIP IN PROFESSIONAL AND SCIENTIFIC SOCIETIES

1991 American Psychological Association

1991 American Psychological Society

1993 Phi Kappa Phi Honor Society

1994 Sigma Xi Scientific Research Society

1999 American Association for the Advancement of Science

2003 Member, Society of Biological Psychiatry

2004 Member, American Psychosomatic Society  
2010 Member, International Society for Interpersonal Psychotherapy (ISIPT)

2012 Member, Society for Research in Psychopathology

**HONORS AND AWARDS**

1987 - 1991 National Merit Scholar

1987 - 1991 University of Dayton President’s Scholarship

1991 Award for Excellence to the Outstanding Student in Psychology

1991 Graduated Summa Cum Laude, University Honors Program, University of Dayton

1999 – 2001 Junior Faculty Scholars program, Western Psychiatric Institute and Clinic

**PUBLICATIONS**

##### Refereed Articles

1. Andersen BL, **Cyranowski JM**. Women’s sexual self schemas. *Journal of Personality & Social Psychology* 67:1079-1100, 1994.

2. Andersen BL, Woods X, **Cyranowski JM**. Sexual self schema and sexual morbidity following cancer. *Canadian Journal of Human Sexuality* 3:165-170, 1994.

3. Andersen BL, **Cyranowski JM**. Women’s sexuality: Behaviors, responses and individual differences. *Journal of Consulting & Clinical Psychology* 63:891-906, 1995.

4. **Cyranowski JM**, Andersen BL. Schemas, sexuality, and romantic attachment. *Journal of Personality & Social Psychology* 74:1364-1379, 1998.

5. Andersen BL, **Cyranowski JM**, Espindle D. Men’s sexual self-schemas*. Journal of Personality & Social Psychology,* 76:645-661, 1999.

6. **Cyranowski JM**, Aarestad SL, Andersen BL. The role of sexual self-schemas in a diatheses-stress model of sexual dysfunction. *Applied & Preventive Psychology* 8:217-228, 1999.

7. **Cyranowski JM**, Frank E, Young E, Shear MK. Adolescent onset of the gender difference in lifetime rates of major depression: A theoretical model. *Archives of General Psychiatry* 57:21-27, 2000.

8. Frank E, Shear MK, Rucci P, **Cyranowski JM**, Endicott J, Fagiolini A, Grochocinski V, Houck P, Kupfer DJ, Maser JD, Cassano GB. Influence of panic-agoraphobic spectrum symptoms on treatment response in patients with recurrent major depression. *American Journal of Psychiatry* 157:1101-1107, 2000.

9. **Cyranowski JM**, Andersen BL. Evidence of self-schematic cognitive processing in women with alternative sexual self-views*. Journal of Social & Clinical Psychology* 19:519-543, 2000.

10. Feske U, Shear K, Anderson B, **Cyranowski JM**, Strassburger M, Matty M, Luther J, Frank E. Comparison of severe life stress in depressed mothers and non-mothers: Do children matter? *Depression and Anxiety* 13:109-117, 2001.

11. **Cyranowski JM,** Shear MK, Rucci P, Fagiolini A, Frank E, Grochocinski VJ, Kupfer DJ, Banti S, Armani A, Cassano G. Adult separation anxiety: Psychometric properties of a new structured clinical interview. *Journal of Psychiatric Research* 36:77-86, 2002.

12. **Cyranowski JM**, Bookwalla J, Feske U, Houck P, Pilkonis P, Kostelnik B, Frank E. Adult attachment profiles, interpersonal difficulties, and response to interpersonal psychotherapy in women with recurrent major depression. *Journal of Social & Clinical Psychology* 21:191-217, 2002.

13. Frank E, **Cyranowski JM**, Rucci P, Shear MK, Fagiolini A, Thase M, Cassano GB, Grochocinski VJ, Kostelnik B, Kupfer DJ. Clinical significance of lifetime panic spectrum symptoms in the treatment of patients with Bipolar I disorder. *Archives of General Psychiatry* 59:905-911, 2002.

14. **Cyranowski JM**, Frank E, Cherry C, Houck P, Kupfer DJ. Prospective assessment of sexual function in women treated for recurrent major depression. *Journal of Psychiatric Research*, 38:267-273, 2004.

15. **Cyranowski JM,** Frank E, Winter E, Rucci P, Novick D, Pilkonis P, Houck P, Maccarelli L, Kupfer DJ: Personality pathology and outcome in recurrently depressed women over two years of maintenance interpersonal psychotherapy. *Psychological Medicine* 34:659-669, 2004.

16. **Cyranowski JM,** Bromberger J, Youk A, Matthews K, Kravitz HM, Powell LH. Lifetime depression history and sexual function in women at midlife. *Archives of Sexual Behavior* 33:539-548, 2004.

17. **Cyranowski JM**, Frank E, Shear MK, Swartz H, Fagiolini A, Scott J, Kupfer DJ. Interpersonal psychotherapy for depression with panic-spectrum symptoms (IPT-PS): A pilot study. *Depression and Anxiety* 21:140-142, 2005.

18. **Cyranowski JM,** Marsland AL, Bromberger JT, Whiteside TL, Chang Y, Matthews KA. Depressive symptoms and production of proinflammatory cytokines by peripheral blood mononuclear cells stimulated in vitro. *Brain, Behavior and Immunity* 21:229-237, 2007.

19. Matthews KA, Schott L, Bromberger J, **Cyranowski JM,** Everson-Rose S, Sowers MF. Associations between depressive symptoms and inflammatory/hemostatic markers in women during the menopausal transition. *Psychosomatic Medicine* 69:124-130, 2007.

20. Troxel WM, **Cyranowski JM**, Hall M, Frank E, Buysse DJ. Attachment anxiety, relationship context, and sleep in women with recurrent major depression. *Psychosomatic Medicine* 69: 692-699, 2007.

21. Kelly M, **Cyranowski JM,** Frank E. Sudden gains in interpersonal psychotherapy for depression. *Behavior Research and Therapy* 45: 2563-2572, 2007.

22. Dombrovsky AY, Mulsant BH, Houck PR, Mazumdar S, Lenze EJ, Andreescu C, **Cyranowski JM,** Reynolds CF III. Residual symptoms and recurrence during maintenance treatment of late-life depression. *Journal of Affective Disorders* 103:77-82, 2007.

23. Saghafi R, Brown C, Butters MA, **Cyranowski J**, Dew MA, Frank E, Gildengers A, Karp JF, Lenze EJ, Lotrich F, Martire L, Mazumdar S, Miller MD, Mulsant BH, Weber E, Whyte E, Morse J, Stack J, Houck PR, Bensasi S, and Reynolds CF: Predicting 6-week treatment response to escitalopram pharmacotherapy in late-life major depressive disorder. *International Journal of Geriatric Psychiatry* 22(11):1141-1146, 2007.

24. Thurston RC, Bromberger J, Chang Y, Goldbacher E, Brown C, **Cyranowski JM,** Matthews KA. Childhood abuse or neglect is associated with increased vasomotor symptom reporting among midlife women. *Menopause: The Journal of The North American Menopause Society* 15:1-7, 2008.

25. Swartz HA, Frank E, Zuckoff A, **Cyranowski JM**, Houck PR, Cheng Y, Fleming MA, Grote NK, Brent D, Shear MK: Brief interpersonal psychotherapy for depressed mothers whose children are receiving psychiatric treatment. *Am J Psychiatry* 165:1155-1162, 2008.

\* 26. Dombrovski AY, **Cyranowski JM**, Mulsant BH, Houck PR, Buysse DJ, Andreescu C, Thase ME, Mallinger AG, Frank E. Which symptoms predict recurrence of depression in women treated with maintenance interpersonal psychotherapy? *Depression and Anxiety* 25:1060-1066, 2008.

27. **Cyranowski JM**, Hofkens TL, Frank E., Seltman H, Cai H, Amico J. Evidence of dysregulated peripheral oxytocin release among depressed women*. Psychosomatic Medicine* 70:967-975, 2008.

\* 28. Lenze S, **Cyranowski JM**, Thompson W, Anderson B, Frank E. The cumulative impact of nonsevere life events predicts depression recurrence during maintenance treatment with interpersonal psychotherapy (IPT-M). *Journal of Consulting and Clinical Psychology* 76:979-987, 2008.

29. **Cyranowski JM**, Swartz HA, Hofkens TL, Frank E. Emotional and cardiovascular reactivity to a child-focused interpersonal stressor among depressed mothers of psychiatrically-ill children. *Depression and Anxiety* 26:110-116, 2009.

30. Matthews KA, Schott LL, Bromberger JT, **Cyranowski JM**, Everson-Rose SA, Sowers M. Are there bi-directional associations between depressive symptoms and C-reactive protein in mid-life women? *Brain, Behavior and Immunity*, 24:96-101, 2010.

31. Levenson J, Frank E, Cheng Y, Rucci P, Janney CA, Houck P, Forgione RN, Swartz HA, **Cyranowski J**, Fagiolini A. Comparative outcomes among the problem areas of interpersonal psychotherapy for depression. *Depression and Anxiety*, 27, 434-440, 2010.

32. Reynolds CF, Dew MA, Martire LM, Miller MD, **Cyranowski JM**, Lenze E, Whyte EM, Mulsant BH, Pollock BG, Karp JF, Gildengers A, Szanto K, Dombrovski AY, Andreescu C, Butters MA, Morse JQ, Houck PR, Bensasi S, Mazumdar S, Stack JA, and Frank E. Treating depression to remission in older adults: a controlled evaluation of combined escitalopram with interpersonal psychotherapy versus escitalopram with depression care management. *International Journal of Geriatric Psychiatry*, 25:1134-41, 2010.

33. **Cyranowski JM**, Hofkens TL, Swartz HA, Salomon K, Gianaros PJ. Cardiac vagal control in depressed women and nondepressed controls: Impact of depression status, lifetime trauma history, and respiratory factors. *Psychosomatic Medicine,* 73:336-343, 2011.

34. **Cyranowski JM**, Hofkens TL, Swartz HA, Gianaros PJ. Thinking about a close relationship differentially impacts cardiovascular stress responses among depressed and nondepressed women. *Health Psychology,* 30:276-284, 2011.

35. Bromberger JT, Kravitz HM, Chang Y, **Cyranowski JM**, Brown C, Matthews KA. Major depression during and after the menopausal transition: Study of Women’s Health Across the Nation (SWAN). *Psychological Medicine*, 41:1879-1888, 2011.

36. **Cyranowski JM,** Schott LL, Kravitz HM, Brown C, Thurston RC, Joffe H, Matthews KA, Bromberger JT.

Psychosocial features associated with lifetime comorbidity of major depression and anxiety disorders

among a community sample of mid-life women: The SWAN Mental Health Study. *Depression and Anxiety*, 29:855-864, 2012.

37. Fournier JC, **Cyranowski JM,** Rucci P, Cassano GB, Frank E. The multiple dimensions of the social anxiety spectrum in mood disorders. *Journal of Psychiatric Research. 46:*1223-30, 2012.

38. **Cyranowski JM**, Zill N, Bode R, Butt Z, Kelly MAR, Pilkonis PA, Salsman JM, Cella D. Assessing Social Support, Companionship, and Distress: NIH Toolbox Social Relationship Scales. *Health Psychology*, 32:293-301, 2013.

39. Pilkonis PA, Choi SW, Salsman J, Butt Z, Moore TL, Lawrence, S, Zill N, **Cyranowski JM,** Kelly MAR, Knox SS Cella D. Assessment of self-reported negative affect in the NIH Toolbox. *Psychiatry Research,* 206(1): 88-97, 2013.

40. Flynn KE, Lin L, **Cyranowski JM**, Reeve JB, Jeffery DD, Smith AW, Porter LS, Dombeck CB, Bruner DW, Keefe FJ, Weinfurt KP. Development of the NIH PROMIS sexual function and satisfaction measures in patients with cancer. *Journal of Sexual Medicine,* 10(suppl 1):43-52, 2013.

41. Flynn KE, Reeve BB, Lin L, **Cyranowski JM**, Bruner DW, Weinfurt KP. Construct validity of the PROMIS sexual function and satisfaction measures in patients with cancer. *Health & Quality of Life Outcomes*, 11:40, 2013.

42. Salsman JM, Butt Z, Pilkonis PA, **Cyranowski JM**, Zill N, Hendrie HC, Kupst MJ, Kelly MA, Bode RK, Choi SW, Lai JS, Griffith JW, Stoney CM, Brouwers P, Knox SS, Cella D. Emotional assessment using the NIH Toolbox. *Neurology*, 80:S76-86, 2013.

43. Zalewski M, **Cyranowski JM**, Cheng Y, Swartz HA. Role of maternal childhood trauma on parenting among depressed mothers of psychiatrically ill children. *Depression and Anxiety*, 30:792–799, 2013.

44. Atkins MS, Strauman TJ, **Cyranowski JM**, Kolden GG. Reconceptualizing internship training within the evolving clinical science training model. *Clinical Psychological Science* 2: 46-57, 2014.

45. Milrod B, Markowitz J, Gerber AJ, **Cyranowski JM,** Altemus, M, Shapiro T, Hofer, M, Glatt, M.D. Childhood Separation Anxiety and the Pathogenesis and Treatment of Adult Anxiety. *American Journal of Psychiatry*, 171(1):34-43, 2014.

\* 46. Wright AGC, Hallquist MN, Swartz HA, Frank E, **Cyranowski JM**. Treating co-occurring depression and anxiety: Modeling the dynamics of psychopathology and psychotherapy using the time varying effect model. *Journal of Consulting and Clinical Psychology, 82(5),* 839-853, 2014.

47. Kravitz HM, Schott LL, Joffe H, **Cyranowski JM**, Bromberger JT. Do anxiety symptoms predict major depressive disorder in midlife women? The Study of Women’s Health Across the Nation (SWAN) Mental Health Study (MHS). *Psychological Medicine, 44(12):* 2593-2602, 2014.

48. Colvin A, Richardson GA, **Cyranowski JM**, Youk A, Bromberger JT. Does family history of depression predict major depression in midlife women? Study of Women’s Health Across the Nation Mental Health Study (SWAN MHS). *Archives of Women's Mental Health,* 17(4): 269-78, 2014.

\* 49. Guilloux JP, Bassi A, Ding Y, Walsh C, Turecki G, Tseng G, **Cyranowski JM**, Sibille E. Testing the predictive value of peripheral gene expression for nonremission following citalopram treatment for major depression. *Neuropsychopharmacology, 40(3):701-10, 2015*.

50. Morgan JK, Ambrosia M, Forbes EE, **Cyranowski JM**, Amole MC, Silk JS, Elliot RD, Swartz HA. Maternal response to child affect: Role of maternal depression and relationship quality. *Journal of Affective Disorders,* 187: 106-113, 2015.

51. Weinfurt KP, Lin L, Bruner DW, **Cyranowski JM**, Dombeck CD, Hahn EA, Jeffery DD, Luecht RM, Magasi S, Porter LS, Reese JB, Reeve BB, Shelby RA, Smith AW, Willse JT, Flynn KE. Development and Initial Validation of the PROMIS® Sexual Function and Satisfaction Measures Version 2.0*. Journal of Sexual Medicine, 12(9):1961-74, 2015*.

52. Swartz HA, **Cyranowski JM**, Cheng Y, Zuckoff A, Brent D, Markowitz JC, Martin S, Ritchey F, Frank E. Brief psychotherapy for maternal depression: Impact on mothers and children. *Journal of the American Academy of Child and Adolescent Psychiatry,* 55(6):495-503, 2016.

53. Flynn KE, Lin L, Bruner DW, **Cyranowski JM,** Hahn EA, Jeffery DD, Reese JB, Reeve BB, Shelby RA, Weinfert KP. Sexual satisfaction and the importance of sexual health to quality of life throughout the life course of US adults. *Journal of Sexual Medicine, 13(11):*1642-1650, 2016.

\* 54. Amole MC, **Cyranowski JM,** Wright AG, Swartz HA. Depression impacts the physiological responsiveness of mother-daughter dyads during social interaction. *Depression and Anxiety,* 34(2):118-126, 2017.

55. Amole MA, **Cyranowski JM,** Conklin LR, Markowitz JC, Martin SE, Swartz HA. Therapist use of specific and nonspecific strategies across two affect-focused psychotherapies for depression: Role of adherence monitoring. *Journal of Psychotherapy Integration, 27(3):381-394, 2017*.

56. Novalis S, **Cyranowski JM,** and Dolhi CD. Passing the NBCOT examination: Preadmission, Academic, and fieldwork factors. *Open Journal of Occupational Therapy, 5(4): 2017.*

57. Colvin A, Richardson GA, **Cyranowski JM**, Youk A, Bromberger JT. The role of family history of depression and the menopausal transition in the development of major depression in midlife women: Study of Women’s Health Across the Nation Mental Health Study (SWAN MHS). *Depression and Anxiety, 34(9):826-835, 2017*.

\* 58. Flores, LE, **Cyranowski JM,** Amole M, Swartz HA. Prospective assessment of social network quality among depressed mothers treated with brief psychotherapy: The Social Network Quality (SNQ) scales. *Comprehensive Psychiatry, 78:98-106, 2017*.

59. Swartz HA, **Cyranowski JM,** Cheng Y, Amole M. Moderators and mediators of a maternal depression treatment study: Impact of maternal trauma and parenting on child outcomes. *Comprehensive Psychiatry,* 86:123-130, 2018.

\* 60. Stone LB, Amole MC, **Cyranowski JM,** Swartz HA. History of childhood emotional abuse predicts lower resting-state high-frequency heart rate variability in depressed women. *Psychiatry Research,* 269:681-687, 2018.

61. Fiedorowicz J, **Cyranowski JM**, Liu Z, Swartz HS. Changes in inflammation with treatment for bipolar II depression: Pilot trial data on differential effects of psychotherapy and medication. Neurology Psychiatry & Brain Research 33: 112-118, 2019*.*

62. Hage SM, Loughran MJ, Renninger SM, **Cyranowski JM.** PsyD programs in counseling psychology: Current status and future directions. *The Counseling Psychologist*, 48(5), 2020, pp. 716-737.

63. Dietz LJ, **Cyranowski JM**, Fladboe KM, Kelly MAR, Pilkonis PA, Butt Z, Salsman JM, Cella D. Assessing aspects of social relationships in youth across middle childhood and adolescence: The NIH Toolbox Pediatric Social Relationship scales. *Journal of Pediatric Psychology,* 47(9), 991-1002, 2022.

64. Morgan JK, Conner KK, Fridley RM, Olino TM, Grewen K, Silk JS, Iyengar S, **Cyranowski JM**, Forbes EE. Adolescents’ hormonal responses to social stress and associations with adolescent social anxiety and maternal comfort: A preliminary study. *Child Psychiatry & Human Development,* March 2023.

65. Dolcini-Catania LG, DeVlieger SE, **Cyranowski JM:** Clinical Trainee Perspectives on the Implementation of Trauma-Focused Training. *American Journal of Psychotherapy,* manuscript in press.

66. Zollman JW, Forbes EE, **Cyranowski JM**, Woods BK, Morgan JK. Mother-adolescent neural concordance in response to distress is related to greater mother-adolescent concordance of perceived adolescent anxiety. Manuscript under review.

***\* Denotes corresponding author***

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##### Invited Articles, Book Chapters

1. **Cyranowski JM**, Andersen BL. Sexual Self Schema Scale - Women’s version. In *Handbook of Sexuality-Related Measures.* Davis C, Yarber W, Bauserman R, Schreer G, & Davis S (Eds.)*,* Sage, Thousand Oaks, CA, 1998, pp. 241-244.

2. Frank E, Thase ME, Spanier C, **Cyranowski JM**, & Spiegel L. Psychotherapy of affective disorders. In: Contemporary Psychiatry: Specific Psychiatric Disorder Volume 3. F. Henn, N. Sartorius, H. Helmchen and H. Lauter (Eds.), Springer-Verlag, Berlin/Heidelberg, Germany pp. 347-363, 2000.

3. Andersen BL, **Cyranowski JM**, Aarestad S. Beyond artificial sex-linked distinctions to conceptualize female sexuality: Commentary on R. Baumeister’s “Gender differences in erotic plasticity: The female sex drive as flexible and responsive.” *Psychological Bulletin* 126:380-384, 2001.

4. Frank E, Thase ME, **Cyranowski JM**, Jarrett RB. Strategie profilattiche nella depressione ricorrente: il ruolo della psicoterapia. *Noos aggiornamenti in psichiatria*, 8, 159-187, 2002.

5. Pilkonis PA, **Cyranowski JM**. Applying for NIH grants. *In Handbook to a Graduate Career in Psychology*. Prinstin MJ & Patterson M, (Eds), Kluwer Academic/Plenum Press: New York, 2003.

6. Berga SL, Parry BP, Cyranowski JM. Psychiatry and Reproductive Medicine. In *Comprehensive Textbook of Psychiatry* (8th edition). Sadock BJ & Sadock VA (Eds), Lippincott Williams & Wilkins: Philadephia, 2005.

7. Cyranowski JM, Frank E. Treatment and prevention of depression in women: Targeted populations. In *Women and Depression,* Mazure et al., (Eds), American Psychological Association: Washington DC, 2006, pp. 71-112.

8. Dew MA, **Cyranowski JM**, Pilkonis PA. Overview of Medical Conditions and Depression. In *International Encyclopedia of Depression*, Ingram RE, (Ed.), Springer: New York, 2009, pp. 375-380.

9. **Cyranowski JM**, Milrod B. Separation Anxiety Disorder. In *Gabbard’s Treatments of Psychiatric Disorders, 5th Edition*, Gabbard GO (Ed), American Psychiatric Publishing: Washington, DC, 2014, pp. 357-365.

10. **Cyranowski JM,** Andersen BL, Glowacka M, Vannier SA, Rosen NO, O'Sullivan LF, Meyer-Bahlburg HFL, McKeague I, Rendina HJ; Parsons JT, Snell WE, Kilimnik CD, Widman L, McNulty JK, Zeanah PD, Schwarz JC, Skakoon-Sparling S, Zimmer-Gembeck MJ. (2020). Self-concept and self-esteem. In Milhausen RR, Sakaluk JK, Fisher TD, Davis C, Yarber W (Eds.) *Handbook of Sexuality-Related Measures, 4th edition (pp. 532-565). New York, NY: Routledge/Taylor & Frances Group.*

11. **Cyranowski JM.** Practice considerations for behavioral therapies for depression and anxiety in midlife women. *Menopause, 29(2):*236-238, 2022.

12. **Cyranowski JM.** Separation Anxiety in the DSM-5. In *Separation Anxiety Disorder-A Core Phenomenon in Psychiatry*, Milrod B and Pini S (eds). Springer, in press.

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##### Published Abstracts, Conference Presentations

1. Roberson MK, **Cyranowski JM**, Cochran CP, Medl R, Casper L. (March, 1991). Women’s experiences of walking alone after dark: The fear of rape among college women. Michigan Women’s Studies Association 19th Annual Meeting, Mt. Pleasant, MI.

2. **Cyranowski JM**, Andersen BL. (June, 1995). Differences in cognitive processing across four sexual self schema groups. 7th Annual Convention of the American Psychological Society, New York.

3. **Cyranowski JM**, Andersen BL. (March, 1996). Women's sexual self views and their relation to sexual behaviors, responses and affects. The 4th International Congress of Behavioral Medicine, Washington, DC.

4. **Cyranowski JM**, Andersen BL. (May, 1996). Women's sexual self schemas: A cognitive

approach to women's sexuality. 1996 Eastern Region and Mid-continent Region Annual Spring

Conference of the Society for the Scientific Study of Sexuality, Pittsburgh, PA.

5. Staats S, **Cyranowski JM**, Romaine N. (May, 1996). Older working widows: Life well-being and work satisfaction. 68th Annual Meeting of the Midwestern Psychological Association, Chicago.

6. **Cyranowski JM**, Andersen BL. (August, 1996). Women's sexual self schemas: Empirical

support for a bivariate model. 1996 Convention of the American Psychological Association, Toronto.

7. **Cyranowski JM**. (June, 1998). Cognitive and self-regulatory mechanisms in sexual dysfunction. The 2nd Cape Cod Conference on Sexual Function Assessment in Clinical Trials. Female Sexual Dysfunction: Definitions, Designs and Outcomes, Hyannis, MA.

8. **Cyranowski JM**. (May, 1999). Sexuality as a quality of life issue. Kinsey Conference: Sexuality in Midlife. Kinsey Institute for Research in Sex, Gender, and Reproduction, Bloomingon, IN.

9. Frank E, **Cyranowski JM**, et al. (December, 2000). Lifetime influence of panic spectrum symptoms on treatment outcome of Bipolar I disorder. American College of Neuropsychopharmacology (ACNP) Annual Meeting, San Juan, Puerto Rico.

10. Switzer GE, Dew MA, **Cyranowski JM**, Wrosch C, Kamani N, Monteleone DP, Goycoolea J. (September 2002). A qualitative study of emotional and physical intimacy after stem cell transplantation. International Transplant Nurses Society (ITNS), Pittsburgh, PA.

11. Swtizer GE, Dew J, **Cyranowski JM**, Wrosch C, Kamani N, Monteleone D, Goycoolea JM. (March 2002). Emotional and physical intimacy after stem cell transplantation: A qualitative study. European Bone Marrow Transplant Conference, Montrose, Switzerland.

12. **Cyranowski JM,** Frank E, Cherry C, Houck P, Kupfer DJ. (May, 2003). Sexual function in depressed women: prospective assessment of the effects of depression, SSRI use, age and sexual partner availability on changes in sexual function over one year of psychotherapy treatment. Annual Scientific Convention of The Society of Biological Psychiatry, San Francisco, CA.

13. **Cyranowski JM,** Amico J, Frank E. (May, 2003). Peripheral oxytocin release among depressed, remitted and control females: Pilot findings. NCDEU, Boca Raton, FL.

14. **Cyranowski JM**, Frank E, Shear MK, Swartz H (May, 2003). Individualizing interpersonal psychotherapy for mood disorders. American Psychiatric Association Annual Meeting, New York, NY.

15. **Cyranowski JM,** Frank E, Shear MK, Swartz H, Fagiolini A, Scott J, Hofkens T, Kupfer DJ. (June, 2004). Interpersonal psychotherapy for depression with panic spectrum symptoms: A preliminary report. First International Conference on Interpersonal Psychotherapy (IPT), Pittsburgh, PA.

16. Hofkens T, **Cyranowski JM,** Frank E, Swartz H, Scott J, Kupfer DJ. (June, 2004). Examining changes in interpersonal difficulties and perceived stress over the course of IPT treatment: A preliminary report. First International Conference on Interpersonal Psychotherapy (IPT), Pittsburgh, PA.

17. **Cyranowski JM,** Marsland AL, Bromberger JT, Matthews KA, Whiteside TL. (March, 2005). Depressive Symptoms Are Associated With Diminished Mitogen-Stimulated Production Of Proinflammatory Cytokines By Peripheral Blood Mononuclear Cells In Midlife Women. 62nd Annual Meeting of the American Psychosomatic Society (APS), Vancouver, British Columbia, Canada.

18**. Cyranowski JM,** Frank E, Shear MK, Swartz H. (June, 2005). Interpersonal Psychotherapy for Depression with Co-Occurring Panic Symptoms (IPT-PS). Society for Psychotherapy Research (SPR), Montreal, Quebec, Canada.

19. **Cyranowski JM**, Frank, E, Hofkens T. (March, 2006). Stress-Buffering Versus Stress-Enhancing Effects of Close Relationships Among Currently Depressed and Never-Depressed Women. 63rd Annual Meeting of the American Psychosomatic Society (APS), Denver, CO.

20. **Cyranowski JM**, Lewis T, McDonald P, Rubio M. (March, 2006). Early Career Award Mechanisms: Roundtable Discussion Panel. 63rd Annual Meeting of the American Psychosomatic Society (APS), Denver, CO.

21. **Cyranowski JM**, Frank E, Shear MK, Swartz H. (June, 2006). Assessing and Targeting the Unique Interpersonal Difficulties of Depressed Patients with Lifetime Panic Spectrum Symptoms. Society for Psychotherapy Research Annual Conference. Edinburgh, Scotland, UK.

22. Klem ML, Saghafi E, Abromitis R, Kupfer DJ, Buysse D, **Cyranowski JM,** Dew MA, Germain A, Ghinassi F, Grochocinski V, Moul D, Eisen S, Rudy T, Pilkonis P. (September, 2006). Creation of exhaustive item banks: The role of the health sciences librarian. Building Tomorrow’s Patient-Reported Outcome Measures: The Inaugural PROMIS Conference, Washington, DC.

23**. Cyranowski JM**, Pilkonis P, Dew MA, Rudy T, Stover A, Kupfer DJ. (September, 2006). Improving our Understanding of the Relationship Between Psychiatric and Medical Conditions. Building Tomorrow’s Patient-Reported Outcome Measures: The Inaugural PROMIS Conference, Washington, DC.

24. **Cyranowski JM.** (November, 2006). Stress, Depression, and Interpersonal Function: Extending the Reach of Research on IPT Process and Outcome. Part of invited symposium, Neurobiological Correlates of Treatment Outcome, presented at the Second International Conference on Interpersonal Psychotherapy, Toronto, Ontario, Canada.

25. Kelly MAR, **Cyranowski JM,** Frank E. (November, 2006). Sudden gains in interpersonal psychotherapy for depression. Second International Conference on Interpersonal Psychotherapy, Toronto, Ontario, Canada.

26. Frey KA, **Cyranowski JM**, Hofkens T. (November, 2006). Examining indicators of expressed emotion in depressed mothers of psychiatrically-ill children. Second International Conference on Interpersonal Psychotherapy, Toronto, Ontario, Canada.

27. Gilbert AM, Lanza di Scalea T, **Cyranowski J,** Swartz HA, Frank E. (November, 2006). Impact of Interpersonal Psychotherapy on Toronto Alexithymia Scale-20 Scores. Second International Conference on Interpersonal Psychotherapy, Toronto, Canada.

28. Troxel, W.M., **Cyranowski, J.,** Hall, M., Frank, E. & Buysse, D.J. (June, 2007). Attachment anxiety, relationship context, and sleep in major depressive disorder. Associated Professional Sleep Society, Minneapolis, MN.

29. **Cyranowski JM**, Hofkens TL, Seltman H, Frank E, Amico JA. (October, 2007). Evidence of Dysregulated Peripheral Oxytocin Release Among Human Females with Major Depression. World Conference on Neurohypophysial Hormones, Regensburg, Germany.

30. Bromberger J, Kravitz H, **Cyranowski JM**, Brown C, Youk A, Chang Y, Matthews KA. (March, 2008). Does the risk for major depression increase during the menopausal transition? 3rd International Congress on Women’s Mental Health, Melbourne, Australia.

31. Matthews KA, Schott L, Bromberger J, **Cyranowski JM**, Everson-Rose S, Johnson J, and Sowers MF. (March, 2008). Is Inflammation an Antecedent or a Consequence of Depressive Symptoms? Annual Convention of the American Psychosomatic Society, Baltimore, MD.

32. **Cyranowski JM**, Hofkens TL, Frank E, Marsland AL. (March, 2008). Indicators of the metabolic syndrome among treatment-seeking depressed adults: Associations with lifetime psychiatric history. Annual Convention of the American Psychosomatic Society, Baltimore, MD.

33. **Cyranowski JM**, Hofkens TL, Frank E, Seltman H, Cai Hou-Ming, Amico J. (March, 2008). Evidence of dysregulated peripheral oxytocin release among depressed women. Annual Convention of the American Psychosomatic Society, Baltimore MD.

34. Kelly M, Yu J, **Cyranowski JM**, Swartz HA, Frank E. (March, 2009). A preliminary investigation of the putative mechanisms of IPT. Poster presentation at the International Society of Interpersonal Psychotherapy (ISIPT) 3rd International Conference, New York, NY.

35. **Cyranowski JM**, Frank E, Hofkens TL, Swartz HA, Fagiolini A, Soreca I. (March, 2009). Markers of metabolic function and chronic inflammation assessed among depressed outpatients treated with IPT, antidepressants, or their combination. Paper presentation at the International Society of Interpersonal Psychotherapy (ISIPT) 3rd International Conference, New York, NY.

36. Gilbert A, **Cyranowski J,** Houck P, Frank E. (March, 2010). Impact of avoidant personaliy on treatment outcome among depressed patietns with panic symptoms. 30th Annual Conference of the Anxiety Disorders Association of American. Baltimore, MD.

37. **Cyranowski JM.** Impact of depression and lifetime trauma history on cardiac vagal control. (March, 2011). Paper presentation at the 69th Annual Scientific Meeting of the American Psychosomatic Society. San Antonio, TX.

38. **Cyranowski JM**, Swartz HA, Hofkens TL, Gianaros PJ. Studying the psychophysiology of social dysfunction in depression: Cardiac vagal function in depressed and nondepressed women. (June, 2011). Fourth International Conference on Interpersonal Psychotherapy. Amsterdam, The Netherlands.

39. Salsman JM, Butt Z., Pilkonis PA, **Cyranowski JM**, Hendrie HC, Kupst MJ, Zill N, Kelly MAR, Cella D. (October, 2011). Emotional health and its assessment within the NIH Toolbox. In C.J. Nowinski (Chair), The NIH Toolbox for the Assessment of Neurological and Behavioral Function. Symposium to be conducted at the annual meeting of the International Society for Quality of Life Research, Denver, CO.

40. **Cyranowski JM**, Schott LL, Kravitz HM, Brown C, Thurston RC, Joffe H, Matthews KA, Bromberger JT. (April, 2012). Lifetime comorbidity of major depression and anxiety disorders among a community-based sample of women: clinical correlates and psychosocial features. International Society for Affective Disorders Congress. London, UK.

41. Wright AGC, Hallquist MN, Swartz HA, Frank E, **Cyranowski JM**. Modeling the Dynamics of Psychopathology and Psychotherapy Using Time Varying Effect Models. (November, 2012). Annual meeting of the Association of Cognitive and Behavioral Therapies (ABCT). National Harbor, MD.

42. Zalewski M, Swartz HA, **Cyranowski JM**, Maternal history of trauma in the context of maternal depression: Impact on parenting. (April, 2013). Society for Research in Child Development (SRCD) Biennial Meeting. Seattle, WA.

43. Hofkens TL,… **Cyranowski JM**. Maternal depression, implicit theoies about children’s traits, and child internalizing symptoms: A new perspective on the development of internalizing symptoms. (April, 2013). Society for Research in Child Development (SRCD) Biennal Meeting. Seattle, WA.

44. Swartz HA, **Cyranowski JM**, Silk J, Amole M, Ambrosia M, Murphy S, Martin S, Morgan J, Musselman S, Forbes EE. (December, 2013). A Novel fMRI Task to Evaluate Social Reward and Social Threat Hypersensitivity in Depressed Mothers of Psychiatrically Ill Children. ACNP, Hollywood, FL.

45. Weinfurt KP, Flynn KE, Bruner DW, **Cyranowski JM**, Dombeck CB, Hahn EA, Jeffery DD, Lin L, Luecht RM, Magasi S, Porter LS, Reese JB, Reeve BB, Shelby RA, Willse JT. (October, 2014). Development and preliminary validation of the PROMIS SexFS Version 2.0. World Meeting on Sexual Medicine, Sao Paolo, Brazil.

46. **Cyranowski JM.** (November, 2014). Depression as Dysfunction of the Social Engagement System. *Computational Modeling of Social Interactions*, Tuscon, AZ.

47. **Cyranowski JM,** Swartz HA, Frank E. (April, 2015). Comparing Combination Treatment for Depression Complicated by Anxiety Symptoms Using Adapted Interpersonal Psychotherapy (IPT) versus Brief Supportive Psychotherapy (BSP). Annual Anxiety and Depression Association of American (ADAA) conference, Miami, FL.

48. Elliott RD, Amole MC, **Cyranowski JM**, Swartz HA, Silk JS, Forbes EE. (April, 2015). Mothers’ depression, attachment, and neural response to child emotion. Anxiety and Deprsison Association of Americal annual meeting, Miami, FL.

49. Morgan JK, Ambrosia M, Forbes EE, **Cyranowski JM**, Amole MC, Silk JS, Elliott RD, Swartz HA (May, 2016). Maternal response to child affect: Role of maternal depression and relationship quality. Paper presented at the Association for Psychological Science Annual Meeting, Chicago, Illinois.

50. Amole MC, **Cyranowski JM**, Swartz HA, Wright AGC. (May, 2016). Depression and physiological responsiveness during mother-daughter interactions. In M.C. Amole (Chair), The Influence of Depression on Emotion Regulation in Parents and Children. Symposium conducted at the Association for Psychological Science Annual Meeting, Chicago, Illinois.

51. **Cyranowski JM.**, Swartz HA, Cheng Y, Herman L., Flores L (August, 2016). The lagged relationship between improvements in maternal depression and child functioning. In A. Isacco (chair), Optimizing family functioning and health through innovative research, practice, and policy. Symposium conducted at the annual convention of the American Psychological Association, Denver, CO.

52. Amole M**, Cyranowski JM,** Cheng Y, Swartz HA. (May, 2017). Maternal depression and child outcomes: Impacts on positive parenting. Annual convention of the Association for Psychological Science (APS), Boston, MA.

53. **Cyranowski JM,** Swartz HA, Amole MC, Stone LB, Flores L, Herman L, Girard JM, Wright AGC. (June, 2017). History of childhod emotoinal abuse among depressed mothers: Impacts and IPT treatment implications. Symposium conducted at the annual convention of the International Society of Interpersonal Psychotherapy (ISIPT). Toronto, Ontario, Canada.

54. **Cyranowski JM,** and Frank E. (June, 2017). Mini-Workshop on Interpersonal Psychotherapy for Depression with Panic Spectrum Symptoms (IPT-PS). Mini-workshop conducted at the annual convention of the International Society of Interpersonal Psychotherapy (ISIPT). Toronto, Ontario, Canada.

55. **Cyranowski, JM.** (July 29, 2017). Interpersonal risk factors and anxious depression: Informing psychotherapy research and practice. Keynote address at the Society for Interpersonal Theory and Research (SITAR), annual conference, Pittsburgh, PA.

56. Amole MC, Girard JM, **Cyranowski JM,** Swartz HA, Wright AGC. (July, 2017). Interpersonal behaviors during mother-child discussions. Poster presented at the Society for Interpersonal Theory and Research (SITAR), annual conference, Pittsburgh, PA.

57. Girard J, Amole MC, **Cyranowski JM,** Swarz HA, Cohn J, Wright AGC. (July, 2017). Associations Between Spontaneous Head Pose and the Dimensions of Interpersonal Behavior. Paper presented at the Society for Interpersonal Theory and Research (SITAR) annual conference, Pittsburgh, PA.

58. Crittenden JB, Stephenson TL, Harty SC**, Cyranowski JM,** Friedlander RM, Guerriero ER, Pardini JE, & Henry LC. (2017, October). Cognition and affect among individuals with Chiari malformation type I: An examination of memory, anxiety, and depression. Poster presented at the annual conference of the National Academy of Neuropsychology, Boston, MA.

59. Stephenson TL, Crittenden JB, Harty SC, **Cyranowski JM**, Friedlander RM, Guerriero ER, Pardini JE, & Henry LC. (2017, October). Cognition and affect among individuals with Chiari malformation type I: An examination of executive function and psychological distress. Poster presented at the annual conference of the National Academy of Neuropsychology, Boston, MA.

60. **Cyranowski JM**, Frank E, & Swartz HA. (June, 2018). Integrating alternate anxiety-focused treatment strategies within the IPT for depression framework: Interpersonal Psychotherapy for Depression with Panic Spectrum Symptoms (IPT-PS). Paper presented as part of symposium, “Consdiering interpersonal process and theory in psychotherapy models utilizing IPT, MI and their integration” (**JM Cyranowski,** chair). 34th Annual meeting of the Society for the Exploration of Psychotherapy Integration (SEPI), New York, NY.

61. Ngoubene-Atioky A, Zanardelli G, Williamson-Taylor C, Morse J, Okozi I & **Cyranowski J.** (August, 2018). Academic Functioning of Black Counseling Psychology Doctoral Students. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.

62. Fiedorowicz JG, **Cyranowski JM,** Liu Z**,** Swartz HA. (October 12, 2018). Inflammation as a moderator or outcome with combined interventions for bipolar II depression. Presented as a poster by Jess Fiedorowicz at the 2018 Annual Meeting of the Association of Medicine and Psychiatry, Chicago, IL.

63. Fiedorowicz JG, **Cyranowski JM,** Liu Z, Swartz HA. (October 18, 2018). Inflammation as a moderator or outcome with combined interventions for bipolar II depression. Presented as a poster by Jess Fiedorowicz at the National Network of Depression Centers 2018 Annual Conference, Baltimore, MD.

64. Swartz HA, Fiedorowicz JG, **Cyranowski JM,** Liu Z. (March, 2019). Changes in inflammation over the course of treatment for Bipolar II depression: Differential effects of psychotherapy and medication. ISBD Annual Convention, Sydney, Australia.

65. **Cyranowski, JM** (chair), Novak M, Ben Rafael S, van Bronswijk S (November, 2019). A tale of two therapies – IPT and CBT: Comparative approaches and perspectives on their integration in the treatment of complex clinical presentations. Symposium presented at the 8th Conference of the International Society of Interpersonal Psychotherapy (ISIPT), Budapest, Hungary.

66. Flores L (chair), Peeters F, Milrod B, **Cyranowski JM** (discussant). (November, 2019). The development, validation, and testing of measures for use in interpersonal psychotherapy. Symposium presented at the 8th Conference of the International Society of Interpersonal Psychotherapy (ISIPT), Budapest, Hungary.

67. DeVlieger SE, Dolcini-Catania LG, **Cyranowski JM.** (March, 2023). Clinical trainee perspectives on the implementation of trauma-focused training. Poster presentation at the annual meeting of the Association of Psychology Training Clinics (APTC), Albuquerque, NM.

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**PROFESSIONAL ACTIVITIES**

**TEACHING**

I. Medical School Teaching

1. Course Name: PGY 2 Resident Lecture Series

Role: Lecturer: Gender Differences in the Epidemiology of Affective Disorders

Year(s): 2001-2004

# Times: 3

Description: 1-hour lecture

Audience: 2nd year Psychiatry Residents

# Attendees: 8-10

Location: Western Psychiatric Institute and Clinic,

University of Pittsburgh Medical Center, Pittsburgh, PA

2. Course Name: PGY 2 Resident Lecture Series

Role: Lecturer: Treatment of Panic Disorder

Year(s): 2007-2010

# Times: 4

Description: 1-2 hour lecture

Audience: 2nd year Psychiatry Residents

# Attendees: 8-10

Location: Western Psychiatric Institute and Clinic,

University of Pittsburgh Medical Center, Pittsburgh, PA

3. Course Name: Interpersonal Psychotherapy (IPT) Training Course

Role: Co-Director

Year(s): 2003-2014

# Times: 12

Description: 2-3 session (4-6 hour) didactic IPT course

Audience: Psychology Interns and Post-Doctoral Fellows

# Attendees: 5-8

Location: Western Psychiatric Institute and Clinic,

University of Pittsburgh Medical Center, Pittsburgh, PA

4. Course Name: Introduction to Psychotherapy

Role: Course Instructor

Year(s): 2019-present

# Times: 6

Description: 12-14 hour course (run twice per year) reviewing primary psychotherapy

orientations and providing residents with initial therapy micro-skill practice

Audience: First-year psychiatry residents (PGY-I)

# Attendees: 6-10

Location: Western Psychiatric Institute and Clinic,

University of Pittsburgh Medical Center, Pittsburgh, PA

II. Graduate Teaching

1. Course Name: PSY 2220 - *Practicum Clinic: Supervision in Interpersonal Psychotherapy (IPT)*

Role: Course director and clinical supervisor

Years(s): 2004-2012

# Times: 5

Description: 2 semester course, including weekly 3-hour group didactics and supervision

Audience: Advanced (3rd year) clinical psychology graduate students

# Attendees: 3-4 graduate student clinician trainees

Location: Department of Psychology, University of Pittsburgh, Pittsburgh, PA

2. Course Name: PSY 2280 – *Ethical and Professional Issues*

Role: Course instructor

Years(s): 2005-present

# Times: 14

Description: 2-3 2-hour sessions providing a Short Course on IPT

Audience: 1st year clinical psychology graduate students

# Attendees: 6-10 clinical psychology graduate students

Location: Department of Psychology, University of Pittsburgh, Pittsburgh, PA

3. Course Name: Workshop: *Depression Assessment in Mind-Body Science*

Role: Course Director and Instructor

Year(s): 2006

# Times: 1

Description: 4-hour workshop

Audience: Faculty, fellows, and graduate students

# Attendees: 45

Location: University of Pittsburgh / Carnegie Mellon University

4. Course Name: Social Work #2087, Interpersonal Psychotherapy

Role: Guest Lecturer: IPT for Depression with Panic Symptoms (IPT-PS)

Year(s): 2006-2008

# Times: 3

Description: 2.5-hour lecture and discussion

Audience: MSW graduate students

# Attendees: 18-28

Location: University of Pittsburgh, Pittsburgh, PA

5. Course Name: Psychiatric Epidemiology (Epidemiology 2310)

Role: Invited Lecturer: Methods and Use of Clinical Trials in Psychiatry

Year(s): 2006, 2010

# Times: 2

Description: 2 hour lecture and discussion

Audience: Masters and Doctoral students in the Graduate School of Public Health

# Attendees: 10

Location: University of Pittsburgh School of Public Health, Pittsburgh, PA

6. Course Name: PT 2082 - PT Leadership & Professional Development II

Role: Issues for Physical Therapists Caring for Patients With Mental Health Issues

Year(s): 2006-2016

# Times: 10

Description: 1 hour lecture and discussion

Audience: 2nd year Doctor of Physical Therapy (DPT) students

# Attendees: 40-50

Location: University of Pittsburgh, Center for Rehab Services, Pittsburgh, PA

7. Course Name: Epi 2330 - Methodological and Assessment Issues in Psychiatric Epidemiology

Role: Invited Lecturer: Assessment of Anxiety Disorders

Year(s): 2007

# Times: 1

Description: 1 hour lecture

Audience: Masters and Doctoral students in the Graduate School of Public Health

# Attendees: 3

Location: University of Pittsburgh School of Public Health, Pittsburgh, PA

8. Course Name: PSY 806 – Supervision and Leadership

Role: Course Instructor

Year(s): 2014

# Times: 1

Description: 3-credit hour course (1, 3-hour class per week)

Audience: PsyD Doctoral students

# Attendees: 9

Location: Chatham University, Pittsburgh, PA

9. Course Name: PSY 810 – Advanced Data Analysis

Role: Course Instructor

Year(s): 2014-19

# Times: 7

Description: 4-credit hour course (2, 2-hour classes per week)

Audience: PsyD Doctoral students

# Attendees: 9-11

Location: Chatham University, Pittsburgh, PA

10. Course Name: PSY 635 – Concepts of Mental Health and Mental Illness

Role: Course Instructor

Year(s): 2015-19

# Times: 10

Description: 3-credit hour course

Audience: Masters students in counseling psychology (MAP/MSCP)

# Attendees: 9-20

Location: Chatham University, Pittsburgh, PA

11. Course Name: PSY 746 – Practicum

Role: Course Instructor

Year(s): 2015-17

# Times: 4

Description: 3-credit hour course

Audience: PsyD Doctoral students

# Attendees: 8-12

Location: Chatham University, Pittsburgh, PA

12. Course Name: PSY 741 – Pre-Practicum

Role: Course Instructor

Year(s): 2017

# Times: 4

Description: 3-credit hour course

Audience: PsyD Doctoral students

# Attendees: 9-11

Location: Chatham University, Pittsburgh, PA

13. Course Name: PSY 657 – Psychopathology and Resilience

Role: Course Instructor

Year(s): 2018-19

# Times: 5

Description: 3-credit hour course

Audience: PsyD Doctoral and Masters students

# Attendees: 17-20

Location: Chatham University, Pittsburgh, PA

14. Course Name: PSY 2250 – Psychological Treatment: Systems and Principles

Role: Course Instructor

Year(s): 2019-present

# Times: 2

Description: 2-credit hour course

Audience: Clinical Psychology PhD students

# Attendees: 16

Location: University of Pittsburgh, Pittsburgh, PA

15. Course Name: PSY 2282 – Ethics and Professional Issues – 3 (Fall)

Role: Course Instructor

Year(s): 2019-present

# Times: 4

Description: 2-hour per week, 1-credit hour course

Audience: Clinical Psychology PhD students

# Attendees: 8

Location: University of Pittsburgh, Pittsburgh, PA

16. Course Name: PSY 2220 – Clinic Practicum Sections (IPT, CBT, Couples, Mini-Teams)

Role: Course Instructor

Year(s): 2019-present

# Times: 8 semesters

Description: Lead multiple 1-3 credit hour supervision courses each semester

Audience: Clinical Psychology PhD students

# Attendees: 8-10 students per semester

Location: University of Pittsburgh, Pittsburgh, PA

17. Course Name: PSY 2280 – Ethics and Professional Issues – 1 (Spring)

Role: Course Instructor

Year(s): 2020-present

# Times: 4

Description: 2-hour per week, 1-credit hour course

Audience: Clinical Psychology PhD students

# Attendees: 8

Location: University of Pittsburgh, Pittsburgh, PA

18. Course Name: PSY 2281 – Ethics and Professional Issues – 2 (Summer)

Role: Course Instructor

Year(s): 2020-present

# Times: 2

Description: 2-hour per week, 1-credit hour course

Audience: Clinical Psychology PhD students

# Attendees: 8

Location: University of Pittsburgh, Pittsburgh, PA

19. Course Name: PSY 2235 – Clinical Psychopathology Assessment

Role: Course Instructor

Year(s): 2020-present

# Times: 2

Description: 3-credit hour course

Audience: Clinical Psychology PhD students

# Attendees: 8

Location: University of Pittsburgh, Pittsburgh, PA

III. Undergraduate Teaching

1. Course Name: Psychopathology and Psychotherapy

Role: Course Instructor

Year(s): 1993-1996

No. of Times: 9

Description: 3 credit-hour course

Audience: Undergraduate students

# Attendees: 10-75 students

Location: The Ohio State University, Columbus, OH

2. Course Name: Introduction to Psychology

Role: Course Instructor

Year(s): 1995-1996

No. of Times: 3

Description: 3 credit-hour course

Audience: Undergraduate students

# Attendees: 10-25

Location: Columbus State Community College, Columbus, OH

IV. Individual Training and Mentorship

*Undergraduate*

2006-2007 Faculty Preceptor to Kristen Frey

NIMH Fellowship Program in Mental Health Research

2012-2013 Faculty Preceptor to Elizabeth Moore, Psychology Honors Thesis

*Graduate/Post-graduate*

2005-2006 Clinical mentor and research co-mentor to Wendy Troxel

WPIC Internship Training Program

2006-2008 Research primary mentor to Morgen Kelly, Ph.D.

WPIC Postdoctoral Fellowship program

2007-2008 Research mentor to Shannon Lenze

Pittsburgh VA Internship Training Program

2012-2013 Research mentor to Marlissa Amole

Hot Metal Bridge (HMB) post-baccalaureate minority training program,

School of Arts and Sciences, University of Pittsburgh

2012-2013 Research mentor to Laren R. Conklin

Pittsburgh VA Internship Training Program

2013-2015 Primary graduate faculty advisor to Marlissa Amole

Clinical Psychology Program, University of Pittsburgh

2015-2019 Primary graduate faculty advisor to Tina Stephenson

PsyD Program in Counseling Psychology, Chatham University

2015-2017 Primary graduate faculty advisor to Leah Herman

PsyD Program in Counseling Psychology, Chatham University

2016-2019 Primary graduate faculty advisor to Christopher Wilson

PsyD Program in Counseling Psychology, Chatham University

2016-2019 Primary graduate faculty advisor to BreAnne Healey

PsyD Program in Counseling Psychology, Chatham University

2017-2019 Primary gradate faculty advisor to Bret Crittenden

PsyD Program in Counseling Psychology, Chatham University

2017-2019 Primary graduate faculty advisor to Noelle Ostroff

PsyD Program in Counseling Psychology, Chatham University

2018-2019 Primary graduate faculty advisor to Molly Kelly

PsyD Program in Counseling Psychology, Chatham University

*Thesis/Dissertation/Comps Committees*

Masters thesis committee member, Danielle Novick

Department of Psychology, University of Pittsburgh

Defended November 2005

Comprehensive Exams (Specialty Paper) committee member, Shannon Lenze

Department of Psychology, University of Pittsburgh

Defended: February 2004

Dissertation committee member, Shannon Lenze

Department of Psychology, University of Pittsburgh

Defended November 2006

Masters thesis committee member, Jessica Levenson

Department of Psychology, University of Pittsburgh

Defended September 2008

Comprehensive Exams committee member, Alicia B. Colvin

Department of Epidemiology, University of Pittsburgh Graduate School of Public Health

Comprehensive Exams completed: September 2011

Dissertation committee member, Alicia B. Colvin

Department of Epidemiology, University of Pittsburgh Graduate School of Public Health

Defended: May 2012

Research mentor, Masters thesis, Tara Hofkens

Department of Applied Developmental Psychology, University of Pittsburgh

Defended: May 2013

Research Mentor, Master’s Thesis, Marlissa Amole

Department of Psychology, University of Pittsburgh

Masters Defended: October 2015

Comprehensive Exam committee member, Marlissa Amole

Department of Psychology, University of Pittsburgh

Comprehensive Exam defense: May, 2017

Dissertation committee member, Susan Mastruserio

PsyD Program in Counseling Psychology, Chatham University

Defended: July 2016

Dissertation committee member, Heather Plakosh

PsyD Program in Counseling Psychology, Chatham University

Defended: June 2017

Dissertation committee chair, Leah Herman

PsyD Program in Counseling Psychology, Chatham University

Defended: August, 2017

Dissertation committee chair, Christopher Wilson

PsyD Program in Counseling Psychology, Chatham University

Defended: June, 2018

Dissertation committee chair, BreAnne Healey

PsyD Program in Counseling Psychology, Chatham University

Defended: July, 2018

Dissertation committee member, Adam Saad

PsyD Program in Counseling Psychology, Chatham University

Defended: August, 2018

Dissertation committee chair, Bret Crittenden

PsyD Program in Counseling Psychology, Chatham University

Defended: September, 2018

Dissertation committee member, Marlissa Amole

Department of Psychology, University of Pittsburgh

Defended: October, 2018

Dissertation committee chair, Tina Stephenson

PsyD Program in Counseling Psychology, Chatham University

Defended: April, 2019

Dissertation committee member, Molly Kelly

PsyD Program in Counseling Psychology, Chatham University

Defended: TBD

Comprehensive Exams (Specialty Paper) committee member, Kirsten McKone

Department of Psychology, University of Pittsburgh

Defended: TBD

Comprehensive Exams (Specialty Paper) committee member, Luci Dolcini-Catania

Department of Psychology, University of Pittsburgh

Defended: TBD

Dissertation committee member, Kirsten McKone

Department of Psychology, University of Pittsburgh

Defended: TBD

RESEARCH

***Cumulative Grant Support - Principal Investigator Funded***

Role Years Source

Grant Number Grant Title on Project Inclusive and Amount

Investigator-Initiated Depression, SSRI treatment, PI 1998-2002 Eli Lilly

and sexual function in women $68,500

Seed Award Plasma oxytocin and depression PI 1999-2001 Mental Health in women Intervention Research

Center (MHIRC)

$10,000

K01 MH64144 Biobehavioral mechanisms of PI 2001-2006 NIMH

depression in women $657,903

Seed Award Stress outcomes among PI 2003-2005 PMBC-II

depressed mothers of NHLBI

psychiatrically-ill children $20,510

Seed Award Metabolic, neuroendocrine PI 2005-2006 PMBC-II

and immune function in NHLBI

depression $25,043

M2006-0080 Metabolic, neuroendocrine PI 2006-2010 The Pittsburgh

and immune function in (in NCE) Foundation

depression $194,171

R01 MH085874 Personalizing first-line treatment PI 2009-2011 NIMH

for depression complicated by $886,708

panic features

***Past Grant Support - Co-Principal Investigator Funded***

Role Years Source

Grant Number Grant Title on Project Inclusive and Amount

MH61948 A novel therapy for depression Co-PI 2001-2005 NIMH

with co-occurring panic $375,000

***Past Grant Support as Co-Investigator***

Role Years Source

Grant Number Grant Title on Project Inclusive and Amount

MH49115 Maintenance psychotherapy in Co-I 1998-2001 NIMH

recurrent depression

(E. Frank, PI)

MH30915 MHIRC for mood and anxiety Co-I 2001-2005 NIMH

disorders - treatment indications

and optimization core

(D. Kupfer, PI)

Seed award Plasma oxytocin, immune function Co-I 2003-2005 PMBC-II

and depression in women NHLBI

(A. Marsland, PI)

MH37896 Geriatric depression: Getting Co-I 2004-2009 NIMH

better, getting well

(C. Reynolds, PI)

HL076852 Pittsburgh Mind-Body Center-II Co-I 2004-2009 NHLBI

Psychosocial assessment core

(K. Matthews, PI)

AR52155 Psychiatric symptoms and social Co-I 2004-2009 NIAMS

functioning: IRT and DIF

(PROMIS; P. Pilkonis, PI)

NIA contract NIH Toolbox for computerized Co-I 2006-2011 NIA assessment of cognitive and 15% $364,284

behavioral function

(R. Gershon, PI)

MH086637 Peripheral biomarkers in Co-I 2010-2011 NIMH

depression 10% $125,000

(E. Sibille, PI)

U01 AG012546 Study of Women’s Health Across Co-I 2009-2013 NIA

Across The Nation (SWAN) 10% $4,332,019

(K. Matthews, PI)

U01 AR052186 Validating and extending the Co-I 2009-2013 NIAMS

PROMIS sexual functioning 5% $511,478

measure for clinical research

(K. Weinfurt, PI)

R01 MH083647 Interpersonal psychotherapy for Co-I 2009-2014 NIMH

depressed mothers of 15% $3,237,629

psychiatrically ill children

(H. Swartz, PI)

Behavioral Health Supporting Wellness: Expanding Co-I 2017-2021 HRSA  
Workforce Psychology Training in Integrated

Education & Care (WELL)

Training Program (J.Q. Morse, PI)

***Seminars and Invited Lectureships (selected)***

1. *Oxytocin and Depression in Women: Potential Links*, Topics in Neuroscience, Department of Pharmaceutical Science, University of Pittsburgh Medical Center, Pittsburgh, PA, February 2001.

2. *Impact of Panic-Agoraphobic Spectrum Features on Treatment Outcome for Unipolar Depression and Bipolar Disorder*, WPIC Mental Health Intervention Research Center meeting, University of Pittsburgh Medical Center, Pittsburgh, PA, April 2001.

3. *Interpersonal Psychotherapy for Depression with Co-Occurring Panic Features (IPT-PS*), Depression and Manic-Depression Prevention Program, University of Pittsburgh Medical Center, Pittsburgh, PA, May 2001.

4. *Plasma Oxytocin and Depression in Women*, WPIC Research Day, University of Pittsburgh Medical Center, Pittsburgh, PA, June 2001.

5. *Depression, Depression Treatments and Women’s Sexual Function*, Invited Lecture, Department of Psychology, University of Pittsburgh, Pittsburgh, PA, November 22, 2002.

6. *Stress, Depression and Plasma Oxytocin in Women: Preliminary Results*, Invited Lecture, Mental Health Intervention Research Center, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA, February 26, 2003.

7. *Models of Stress and Depression in Humans,* Invited Lecture, Topics in Neuroscience, Department of Pharmaceutical Sciences, University of Pittsburgh Medical Center, Pittsburgh, PA, February 2003.

8. *Stress Reactivity and Depression Vulnerability in Women: A Biobehavioral Model*, Invited Lecture, Health Psychology Program, Department of Psychology, University of Pittsburgh, Pittsburgh, PA, April 4, 2003.

9. *Exploring the Etiologic Basis of the Gender Gap in Lifetime Rates of Major Depressive Disorder*, Grand Rounds Lecture, Department of Psychiatry and Human Behavior, Brown University, Providence, Rhode Island, September 3, 2003.

10. *Exploring Mechanisms Linking Depression and Medical Burden: Health Behaviors, The Metabolic Syndrome and Allostatic Load*, Invited Lecture, WPIC Mental Health Intervention Research Center, Department of Psychiatry, University of Pittsburgh, February 16, 2005.

11. *Depressive Symptoms and Immune Competence in Midlife Women,* Invited talk, 5th Annual WPIC Research Day, Department of Psychiatry, University of Pittsburgh, June 13, 2005.

12. *Exploring Mechanisms Linking Depression and Health Outcomes: Depressive Symptoms and Immune Competence in Midlife Women.* Research Seminar, Psychiatric Epidemiology and Alcohol Research Training Program, University of Pittsburgh, September 19, 2005.

13. *Depression and Chronic Medical Illness.* Grand rounds presentation, Department of Physical Therapy, Center for Health and Rehabilitation Sciences, University of Pittsburgh, January 19, 2005.

14. *Stress, Depression and Interpersonal Function in Women.* Part of Gender and Mental Health lecture series. Department of Mental Health, Johns Hopkins Bloomberg School of Public Health, Baltimore MD, December 5, 2007.

15. *Academic Workplace Culture: Maximizing Productivity.* Panel presentation for the 2012 Women in Medicine & Science Forum. University of Pittsburgh, Pittsburgh, PA. March 23, 2012.

16. *Women, Anxious Depression, and the Social Modulation of Stress.* Invited lecture, Department of Psychology, University of Arizona, Tucson, AZ. April 26, 2013.

17. *Women, Anxious Depression, and the Social Modulation of Stress.*  Meet the PI lecture, Department of Psychiatry Lecture Series, University of Pittsburgh School of Medicine, Pittsburgh, PA. May 10, 2013.

18. *IPT and Evidence-Supported Treatments for Depression.* Clinical Psychology Invited Lecture, Department of Psychology, Duquesne University. April 8, 2016.

19. *Professional and ethical considerations for PTs when caring for clients with mental health issues.* Invited lecture provided to Chatham University PT students. Recurring, 2015-17.

20. *Role of anxious depression on interpersonal function.* Invited speaker, Clincial Psychology Program, the Ohio State University, Columbus, OH. January 12, 2018.

21. *Impacts of psychosocial interventions for maternal depression on school-aged children.* Invited speaker, Perinatal Behavioral Health Conference, Pittsburgh, PA. March 16, 2018.

22. *Interpersonal risk factors and anxious depression.* Keynote speaker, 21st Annual Laurel Highlands Undergraduate Psychology Conference, University of Pittsburgh at Johnstown, Johnstown, PA, April 14, 2018.

23*. Impacts of early emotional abuse and lifetime anxious depression on interpersonal function and stress regulation.* Invited lecture, Queens University Belfast, Belfast, Northern Ireland, May 3, 2022.

***Other Research Related Activities***

Journal Reviewing*.* Ad hoc reviewer (selected),1998 to present.

American Journal of Psychiatry Biological Psychiatry

Journal of Consulting and Clinical Psychology Annals of Medicine

Psychophysiology Psychoneuroendocrinology

Psychology of Women Quarterly Journal of Abnormal Psychology

Journal of Applied Social Psychology Cognitive Therapy and Research

Personality and Social Psychology Bulletin Neuropsychopharmacology

Bipolar Disorders - An International Journal Psychosomatic Medicine

of Psychiatry and Neurosciences Stress

Psychological Medicine Cognition and Emotion

Comprehensive Psychiatry American Journal of Psychotherapy

Harvard Review of Psychiatry

Expert reviewer, 2002 American Psychological Association Dissertation Research Award Program

Reviewer, Steven Manners Faculty Development Award Program

Reviewer, conference submission for annual conference of the American Psychosomatic Society (APS),

2005-2007.

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**LIST of CURRENT RESEARCH INTERESTS**

Exploring mechanisms by which supportive social relationships modulate stress-related physical and

emotional health outcomes

Evaluating process factors underlying the effectiveness of Interpersonal Psychotherapy (IPT)

Identifying moderators impacting depression treatment outcome in adult populations

Developing enhanced treatments for adults with co-occurring anxiety and depression, with an emphasis on

targeting long-term emotional and physical health outcomes

Elucidating physiologic pathways underlying stress-depression relationships, with a special emphasis on

examining bio-behavioral mechanisms of depression in women

Improving patent-reported assessment of psychiatric symptoms and social function

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**SERVICE**

I. Community-Based Seminars

1. *Women, Depression and Diabetes*, Western Pennsylvania Association of Diabetes Educators, Workshop: “Women with diabetes – A specific look at cardiac complications, reproductive issues and depression,” Holiday Inn East, Pittsburgh, PA, December 5, 2005.

2. *Depression and Health*, Academy of Lifelong Learning (ALL), course number F5148 “Mind-Body Interactions in Health,” Carnegie Mellon University, Pittsburgh, PA, October 14, 2005.

II. Departmental Committee Service

1. 2000 – 2004 Seed Committee Review Board

WPIC Mental Health Intervention Research Center (MHIRC)

2. 2003 – 2007 Scientific Advisory Board

WPIC Clinical Neuroscience Research Center (CNRC)

3. 2004 – 2009 Academic Promotions Committee

Department of Psychiatry, Western Psychiatric Institute and Clinic

University of Pittsburgh School of Medicine

4. 2004 – 2014 Psychotherapy Training Committee

Department of Psychiatry

5. 2004 – 2014 WPIC Psychology Internship Training Program

Internship Training Committee

6. 2006 – 2014 WPIC Psychology Internship Training Program

Executive Committee

7. 2008 – 2014 WPIC Psychology Internship Training Program

Program Director

8. 2011 – 2014 Member, Standing Committee for Non-Tenured Faculty Promotions and

Appointments (NTFPA)

University of Pittsburgh School of Medicine

9. 2012 – 2014 Ad-hoc APA (American Psychological Association) Advisory Committee

Department of Psychiatry, University of Pittsburgh School of Medicine

10. 2014-2019 Director of Training, PsyD Program

Chatham University

11. 2014-2017 PsyD Training Committee

PsyD Program in Counseling Psychology, Chatham University

12. 2016-2017 Academic Integrity Committee, graduate subcommittee

Chatham University

13. 2017-2019 Graduate Program Committee (GPC),

Chatham University

14. 2018 – 2019 Co-Chair, Graduate Program Committee (GPC)

Chatham University

15. 2020-present *Diversity and Inclusion work in the Pitt Psychology Department:*

Clinical PEIC Committee member

III. National Scientific Committee Service

1. 2005 – 2007 American Psychosomatic Society

Annual Conference Planning Program Committee

2. 2009 – 2011 Academy of Psychological Clinical Science (APCS)

Executive Board Member

3. 2017 Abstract/poster reviewer, ISIPT (International Society of Interpersonal Therapy),

June, 2017 conference

4. 2020-present International Society of Interpersonal Psychotherapy (ISIPT) – Certification committee