**BIOGRAPHICAL**

**Name:** Patricia Wong  **Birthdate:** December 12, 1986

**Citizenship:** United States **Birthplace:** Boston, MA

**Business Address:** Behavioral Physiology Laboratory **E-mail Address:** paw43@pitt.edu

Department of Psychology

506 Old Engineer Hall

University of Pittsburgh

4015 O’ Hara Street

Pittsburgh, PA 15213

**EDUCATION**

**Ph.D., anticipated May 2017**

University of Pittsburgh, Pittsburgh, PA

Joint Clinical & Biological-Health Psychology Program

Supervisor: Stephen B. Manuck, Ph.D.

**B.A., May 2008**

Mount Holyoke College, South Hadley, MA

Neuroscience and Behavior

**HONORS & AWARDS**

Pineal Cell Biology Poster Award February 2012

Gordon Research Conference: Pineal Cell Biology

David Lazovik Award November 2011

Department of Psychology

University of Pittsburgh

Lois Smedley Simpson Medical Scholarship March 2008

Mount Holyoke College

Elaine N. Marieb Science Award May 2007

Mount Holyoke College

**PUBLICATIONS**

**Peer-Reviewed Articles:**

1. **Wong, P.M.**, Manuck, S.B. (in progress) Social Jetlag, Morningness-Eveningness, and Risk for the Metabolic Syndrome.
2. **Wong, P.M.**, Manuck, S.B., DiNardo, M., Kortyowksi, M., Muldoon, M.M. (submitted) Short Sleep Duration is Associated with Lower Insulin Sensitivity in White Males.
3. Roecklein, K. A., **Wong, P. M**., Ernecoff, N. C., Miller, M. A., Donofry, S. D., Kamarck, M. L., Wood-Vasey, W. M., Franzen, P. L. (2013, in press). The post illumination pupil response is reduced in seasonal affective disorder. Psychiatry Research.
4. Roecklein, K. A., Carney, C. E., **Wong, P. M**., Steiner, J. L., Hasler, B. P., Franzen, P. L. (2013, in press). Role of beliefs and attitudes about sleep in seasonal and nonseasonal mood disorder, and nondepressed controls. Journal of Affective Disorders.
5. Roecklein, K. A., **Wong, P. M**., Miller, M. A., Donofry, S. D., Kamarck, M. L., & Brainard, G. C. (2013). Melanopsin, photosensitive ganglion cells, and seasonal affective disorder. [Review]. Neuroscience and Biobehavioral Reviews, 37, p229-239
6. Roecklein, K.A., **Wong, P.M**., Franzen, P.L., Hasler, B.P., Wood-Vasey, W.M., Nimgaonkar, V.L., Miller, M.A., Kepreos, K.M., Ferrell, R.E, & Manuck, S.B (2012) Melanopsin Gene Variations Interact With Season to Predict Sleep Onset and Chronotype. Chronobiology International, October; 29(8), 1036-1047.
7. Hua, L.L., Wilens, T.E., Martelon, M., **Wong, P**., Woznkiak, J., & Biederman, J. (2011) Psychosocial Functioning, Familiality, and Psychiatric Comorbidity Between Bipolar Youth With and Without Psychotic Features. Journal of Clinical Psychiatry. March; 72(3): 397-405
8. Lorberg, B., Wilens, T.E., Martelon, M., **Wong, P**., & Parcell, T. (2010) Reasons for Substance Use among Adolescents with Bipolar Disorder. The American Journal of Addictions. November; 19(6): 474–480
9. Wilens, T.E., Hammerness, P., Martelon, M., Brodziak, K., Utzinger, L. & **Wong, P.** (2010) A Controlled Trial of the Methylphenidate Transdermal System on Before-School Functioning in Children with ADHD. Journal of Clinical Psychiatry. May; 71(5):548-556
10. Doyle, A.E., Biederman, J., Ferreira, M., **Wong, P**., Smoller, J., & Faraone, S.V. (2010) Suggestive linkage of the CBCL Juvenile Bipolar Disorder Scale to 1p21, 6p21 and 8q21. Journal of American Academy of Child and Adolescent Psychiatry. April; 49(4):378-387
11. Biederman, J., Carter, P., Byrne, D., **Wong, P**., Wozniak, J. & Faraone, S.V. (2009) Risk for Switch from Unipolar to Bipolar Disorder in Youth with ADHD: A long term prospective longitudinal controlled study. Journal of Affective Disorders. Dec;119(1-3):16-21

**Book Chapters:**

1. Roecklein, R.A. & **Wong, P.** (2013) Seasonal Affective Disorder. In Gellman, M.D. & Turner, J.R., Encyclopedia of Behavioral Medicine.

**PRESENTATIONS**

**Oral Presentations:**

**Wong, P.M.,** Manuck, S.B., DiNardo, M., Kortyowksi, M., Muldoon, M.M. (March 2013) Short Sleep Duration is Associated with Lower Insulin Sensitivity in White Males. Presented in the Sleep & Fatigue paper session, Annual meeting of American Psychosomatic Medicine, Miami, FL.

**Poster Presentations**:

**Wong, P.M.**, Kamarck, T.W., Muldoon, M.F., Roecklein, K.A., & Manuck, S.B. (2013, June) Morningness-Eveningness, Social Jetlag, and Risk for the Metabolic Syndrome. Poster presented at the annual meeting of Sleep, Blatimore, MD.

Joseph, N. T., Kamarck, T.W., Manuck, S.B., Matthews, K.A., Hall, M., Muldoon, M.F., Sutton-Tyrrell, K.C., **Wong, P.M.**, Wood, A., & Bender, J. (2013, March) Sleep Efficiency by Actigraphy Associated with Carotid Intima-Media Thickness in Late Middle Adulthood. Poster presented at the annual meeting of American Psychosomatic Medicine, Miami, FL.

**Wong, P.M**., Roecklein, K.A., Miller, M.A., Donofry, S.D. (2012, February) Melanopsin Gene Variations Interact with Day Length to Predict Sleep Onset. Poster presented at the biennial meeting of the Pineal Cell Biology Gordon Research Conference, Galveston, TX.

Miller, M. A, **Wong, P. M.**, Donofry, S. D., & Roecklein, K. A. (2012, January). Melanopsin Gene Variations Interact With Day Length to Predict Chronotype. Poster presented at the biennial meeting of the Pineal Cell Biology Gordon Research Conference, Galveston, TX.

**Wong, P**., Roecklein, K.A., Nimgaonkar, V.L., Franzen, P., Ferrell, R.E., Manuck, S.B. (2011, June) Melanopsin Gene Variations are Associated with Sleep Timing and Chronotype. Poster presented at the meeting of the Behavior Genetics Association, Newport, RI.

Donofry, S. D., Roecklein, K. A., Miller, M. A., & **Wong, P**. (2011, June) Dopamine related polymorphisms and binge eating in seasonal affective disorder. Poster presented at the annual meeting of the Behavior Genetics Association, Newport, RI.

Hua, L.L., Wilens, T.E., Martelon, M., **Wong, P**., Woznkiak, J. (2009, October) Do Differences Exist in Psychosocial Functioning and Psychiatric Comorbidity between BPD Youth with and without Psychotic Features? Poster presented at the AACAP 55th Annual Meeting, Honolulu, HI.

Wilens, T.E., Hammerness, P., Martelon, M., Brodziak, K., Utzinger, L. & **Wong, P**. (2009, October) Before School ADHD Symptoms and Functioning in Youth Treated with Transdermal Methylphenidate. Poster presented at the AACAP 55th Annual Meeting, Honolulu, HI.

Doyle, A.E., Biederman, J., Ferreira, M., **Wong, P.,** & Faraone, S.V. (2009, March) Genomewide linkage scan of the CBCL-Juvenile Bipolar Disorder Scale in ADHD sibling pairs: suggestive linkage to 1p21, 6p21, and 8q21. Poster presented at the Pediatric Bipolar Conference, Cambridge, MA.

Biederman, J., Carter, P., Byrne, D., **Wong, P.,** Wozniak, J. & Faraone, S.V. (2009, March) Risk for Switch from Unipolar to Bipolar Disorder in Youth with ADHD: A long term prospective longitudinal controlled study. Poster presented at the Pediatric Bipolar Conference, Cambridge, MA.

**TEACHING/MENTORSHIP**

Peer Clinical Supervisor. Clinical Psychology Center, University of Pittsburgh. (Summer 2012-current)

Teaching Fellow for Research Methods Laboratory (Spring 2012)

Undergraduate Department of Psychology, University of Pittsburgh

* Led a 24-student class in designing basic psychology research experiments, manuscript writing, and statistical analysis

Graduate Teaching Assistant. Sensation & Perception, Introduction to Personality Psychology (Fall 2011)

Undergraduate Department of Psychology, University of Pittsburgh

* Aided students during weekly office hours, held exam reviews, and provided help with exam preparation

Graduate Teaching Assistant. Introductory Psychology (Fall 2010- Spring 2011)

Undergraduate Department of Psychology, University of Pittsburgh

Senior Rater. Pediatric Psychopharmacology Unit, Massachusetts General Hospital (July 2009-June 2010)

* Helped train incoming research assistants by observing the execution of structured diagnostic interviews and cognitive assessments & provided performance feedback
* Checked coding and data entry for rater inter-reliability and quality control

Mentor. Speaking, Arguing and Writing Program, Weissman Center for Leadership, Mount Holyoke College (September 2006-May 2007)

* Assisted undergraduate students with developing skills in all stages of paper writing, group projects, presentations, and mastering course materials in 2 undergraduate psychology seminars

**CLINICAL TRAINING**

Clinic Assistant. Clinical Psychology Center, Department of Psychology, University of Pittsburgh (May 2012-present)

* Peer supervision of clinicians and their cases
* Serve as liaison between clinicians, clinical supervisors, and community resources
* Conduct therapy and neuropsychological phone intakes
* Coordinate client care and administrative tasks for daily activities

Supervisor: Andrew Koffmann, Ph.D.

Clinical Extern. The Bipolar Institute, University of Pittsburgh Medical Center (May 2013-present)

* Interpersonal and Social Rhythm Therapy (IPSRT) & Brief Interpersonal Therapy (B-IPT)
* Administer diagnostic evaluations and follow-up assessments
* Provide weekly individual therapy for adult outpatients with Bipolar I and II disorder
* Participate in weekly supervision to coordinate treatment with multidisciplinary team

Supervisors: Ellen Frank, Ph.D. & Holly Schartz, M.D.

Clinician. Clinical Psychology Center, Department of Psychology, University of Pittsburgh (May 2011- present)

* Conduct neuropsychological testing & prepare testing reports for outpatient clients.

Supervisor: Andrew Koffmann, Ph.D.

Clinician. Chronic Pain Management & Behavioral Medicine, Clinical Psychology Center, Department of Psychology, University of Pittsburgh (Spring 2013-Present)

* Provide weekly individual therapy for 3 on-going adolescent and child cases with chronic pain and co-occurring Axis 1 disorders

Supervisor: Linda Ewing, R.N., Ph.D., Anna Marsland, R.N., Ph.D.

Clinician. Adult Cognitive Behavioral Therapy, Clinical Psychology Center, Department of Psychology, University of Pittsburgh (May 2011-Present)

* Provide weekly individual therapy for individuals with co-occurring ADHD, mood, anxiety, and Axis II disorders

Supervisors: Andrew Koffmann, Ph.D. & Sandy Kornblith, Ph.D.

Clinician. Adult Group Therapy Treatment, Clinical Psychology Center, Department of Psychology, University of Pittsburgh (Summer 2012-Fall 2013)

* Facilitated weekly group sessions for individuals with anxiety and depressive disorders (Summer 2012-Fall 2013)

Supervisor: Andrew Koffmann, Ph.D.

Clinic Patient Coordinator. Pediatric Psychopharmacology Unit, Massachusetts General Hospital (June 2009-June 2010)

* Conducted interview and cognitive testing with children, adolescent, and adult clinic & private patients
* Prepared diagnostic report summaries for clinicians after receiving reviewed results
* Responsible for overseeing assessments and coordinating colleague interviewers and psychometricians

Supervisors: Ronna Fried, Ed.D., Joseph Biederman, M.D.

Senior Research Interviewer & Psychometrician. Pediatric Psychopharmacology Unit, Massachusetts General Hospital (June 2008-June 2010)

* Completed extensive training with close, ongoing supervision in the administration and coding of the following assessments to child, adolescent, and adult participants and parents of participants with mood disorders, ADHD, autism and pervasive developmental disorders, disruptive behavior disorders, generalized anxiety disorder, panic disorder, specific and social phobias, PTSD, OCD, substance abuse disorders, eating disorders, and healthy control participants:

Structured Diagnostic Interviews:

* (SCID-IV) Structured Clinical Interview for the DSM-IV
* (K-SADS-E) Kiddie Schedule for Affective Disorders and Schizophrenia for School-Aged Children- Epidemiological Version
* (ADIS-IV, C/P) Anxiety Disorders Interview Schedule for the DSM-IV, Child & Parent versions

Child and Adult Cognitive and Neuropsychological Batteries (ages 7+):

* WISC-IV and WAIS-III subtests (Symbol Search, Oral Arithmetic, Letter-Number Sequencing, Digit Span, and Digit-Symbol Coding); WRAT-III subtest (Arithmetic); WASI subtests (Matrix Reasoning and Vocabulary); D-KEFS (Trail Making, Tower, and Color-Word Interference); Multi-Source Interference Task (MSIT); Attentional Network Test (ANT); Stop Signal Test (Stop Task); Test of Word Reading Efficacy (TOWRE); Cambridge Neuropsychological Test Automated Battery (CANTAB)
* Reviewed algorithm-generated research diagnoses on a weekly basis with a committee of board-certified psychiatrists and licensed clinical psychologists in order to verify or rule out clinical diagnoses

Supervisors: Aude Henin, Ph.D., Ronna Fried, Ed.D., Alysa Doyle, Ph.D

Lead Counselor. Camp Starfish, Rindge, NH (Summers, June 2006-August 2007)

* Trained to work one-on-one with children (6-17 years old) with emotional, behavioral, developmental, and learning difficulties
* Led nightly meetings with team of 3-4 counselors to evaluate progress of children

Supervisors: Emily Golinsky, RN., Michelle Cyr, LCSW

**TRAINING SEMINARS ATTENDED**

SPM8 for Basic and Clinical Investigators, Neurometrika, Neuroimaging analysis (October 2012) Boston, MA.

**COMMUNITY SERVICES**

Volunteer Fundraiser, Women & Children’s Shelter of Greater Pittsburgh, Pittsburgh, PA (Summer 2012)

Diversity Grant Committee Member, Psychology Department, University of Pittsburgh (Spring 2012)

Graduate Mentor, Hot Metal Bridge Fellowship Program, University of Pittsburgh (Fall 2011-Spring 2012)

Graduate Student Representative, Clinical Psychology Department, University of Pittsburgh (Fall 2011-Spring 2012)

Member, Applicant Weekend Planning Committee, Department of Psychology, University of Pittsburgh (Spring 2011)

Member, Students of Color, Psychology Department, University of Pittsburgh (Fall 2010-present)

**PROFESSIONAL MEMBERSHIP**

(2012- current) Sleep Research Society, Student Member

(2012-current) American Psychosomatic Society, Student Member

(2011) Behavior Genetics Association, Associate Member

(2011) Society for Light Treatment and Biological Rhythms, Student Member