

UNIVERSITY OF PITTSBURGH
DEPARTMENT OF PSYCHOLOGY
CLINICAL PSYCHOLOGY PROGRAM

Postpartum Depression: A 30-year Odyssey

FIRST A. DAVID LAZOVIK MEMORIAL LECTURE

Michael W. O'Hara
The University of Iowa

Wednesday, September 24, 2008
3:00 PM
Martin Colloquium Center
4127 Sennott Square

The past 30 years has witnessed an explosion of research on postpartum depression. Researchers at the University of Pittsburgh, particularly from its Departments of Psychology and Psychiatry, have made significant contributions to growth in knowledge regarding the epidemiology, etiology, consequences, and treatment of postpartum depression. The field has evolved from a preoccupation with depression in the postpartum period to a broader consideration of maternal mental health from conception through the first year postpartum. Major issues that have dominated the field include the prevalence of postpartum depression, risk factors, particularly biological ones unique to pregnant and postpartum women, the consequence of depression during pregnancy and the postpartum period on the developing child, and the efficacy of psychological and pharmacological treatments for postpartum depression women. Work done at the University of Pittsburgh and the University of Iowa will illustrate the advances in research that have answered some of the important questions facing the field of maternal mental health.

Reception to follow in Room 4125 Sennott Square