

Weekly announcements for October 19, 2009

❖ **IMPORTANT REGISTRATION INFORMATION**

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- ❖ Psi Chi announcement, general body meeting and upcoming colloquium
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- ❖ Scholarship announcement
- ❖ NEW: Campus Spotlight: The University Counseling Center

IMPORTANT REGISTRATION INFORMATION

Student online self registration for Spring 2010 (2104 semester) will begin in October. University policy states that all students must meet with an academic advisor for a pre-registration appointment* **prior** to being able to self-register online for the upcoming semester. The registrar's office will place a registration hold on all student accounts (ADV advisement hold), which will be lifted, enabling a student to register, after the student has met with his/her advisor for a pre-registration appointment. You must see an academic advisor for a pre-registration appointment in order to be able to self-register for the upcoming semester.

As a psychology major, you have the option of an individual appointment (approx. 30 minutes) or a group appointment with up to 5 other students. Group pre-registration appointments are scheduled for a 1.5 hour block of time and students who sign up for a group pre-registration appointment should be prepared to be present for 1.5 hours. New majors are STRONGLY encouraged to set an individual appointment for their first term in the PSY major. **IF YOU HAVE NOT SCHEDULED YOUR PRE REGISTRATION APPOINTMENT YET, PLEASE CALL THE ADVISING OFFICE, 412-624-4540 ASAP TO DO SO.**

Also, all student enrollment appointments are listed in the Student Services tab through the my.pitt.edu portal. Make sure to log in to find out when you will be able to begin registering!

*If you are a dual or double major, you may, but are not required to meet with both departmental advisors.

Study abroad pre-registration information:

For those of you studying abroad, please contact your advisor via email individually.

Students planning to study abroad next term will still need to make a pre-registration appointment with their assigned advisor to review course requirements and for their advisor to sign off on the study abroad contract.

May graduation application deadline

Students planning to graduate in May 2010 will need to apply for graduation in 140 Thackeray Hall. Spring graduation applications will be available beginning this Thursday, October 22nd and are due by November 9th.

Clinical Program Brown Bag Seminar

Friday, October 23rd

12:00 p.m. in the Martin Room

4127 Sennott Square

Speaker: Kristin Long, graduate student

Siblings of Pediatric Cancer Patients: Stress, Coping, & Distress

ATTENTION PSI CHI MEMBERS

EXISTING MEMBERS:

Dues will be due OCTOBER 23, 2009

Check payable to: The University of Pittsburgh

Amount: \$20

*Please make sure that your billing address is printed or hand written on the top left of your check, and please remember to sign it!

**This year we are only accepting checks!! If you have problems with this email the business manager, Annie, at acr12@pitt.edu

*You can turn in a check in person in the Psychology Main Office on the 3rd floor of Sennott Square OR mail them to:

Psi Chi National Honor Society in Psychology

University of Pittsburgh

Dept. of Psychology, 3137 Sennott Square

210 S. Bouquet Street

Pittsburgh, PA 15260

**If you have any questions or feel that you have extenuating

circumstances please email the business manager, Annie Ries, at acr12@pitt.edu

General Body meeting

Psi Chi's October General Body Meeting will be held this Wednesday, October 21 at 8:30PM in the Martin Room, 4th floor Sennott Square. There will be information from Kaplan, as well as a discussion about graduate school with Pitt faculty member Dr. Sayette! Please attend to ensure that you stay in good standing!

****ATTENTION UNDERGRADUATE STUDENTS INCLUDING PSI CHI MEMBERS****

Psychology Department Annual Colloquium

Psi Chi will be hosting the Psychology Department's Annual Colloquium on Friday, October 30. This year's speaker will be Dr. Howard Garb from San Antonio, TX. Dr. Garb is the author of "Studying the Clinician: Judgment Research and Psychological Assessment" and "What's Wrong with the Rorschach?"

On October 30, Dr. Garb will meet with Psi Chi members and undergraduate students from 2-3PM in the Martin Room, 4th floor Sennott Square for an informal talk. The formal Colloquium will begin at 3:30PM, when Dr. Garb will give his talk on "The Validity of Psychological Tests." Undergraduates are encouraged to attend this as well! Psi Chi members will receive event credit for attending one of Dr. Garb's talks.

Counseling Center Stress Free Zone

Attached is the October calendar of events for the Counseling Center's Stress Free Zone. Check out the upcoming events! This is a great way to reduce those midterm stressors!

Graduate School of Public Health Open House

GSPH will host an Open House for Prospective Students on Monday, October 26, 2009.

This program will include overviews of GSPH's departments and programs, student organizations, research centers, and admissions and financial aid.

Prospective students, undergraduate advisors, and family members can now register for the program online. For more information, please contact Caitlin McCullough at 412-624-3646 or cem62@pitt.edu. We look forward to seeing you soon!

The Graduate School of Public Health is located at 130 DeSoto Street, Pittsburgh PA, 15261.

Registration will take place in the GSPH Community Commons, room 118 Parran Hall. Locations for other portions of the event will be announced during registration.

Graduate School of Public Health Open House for prospective students, advisors and career services staff

TENTATIVE AGENDA

- 8:30 Registration and Refreshments
(Prospective Students, Advisors, Career Services Staff)
- 9:00 Welcome & Overview of School
Donald Burke, MD, Dean
Sandra Crouse Quinn, PhD, Associate Dean for Student Affairs and Education
- Application Process & Financial Aid
Karrie Presutti, Admissions Coordinator
Mary M. Derkach, JD, Assistant Dean for Student Affairs
Joan Anson, MEd, Director of Career Services
(Prospective Students, Advisors, Career Services Staff)
- 10:20 GSPH Information Marketplace:
Departments, Centers and Student Organizations, Certificate Programs
(Prospective Students)
- More information on GSPH:
Career opportunities, admissions, financial aid, departments, programs and certificates
(Advisors and Career Services Staff)
- 11:30 – 1:00 Departmental Meetings with GSPH Faculty and Students and Pizza Lunch
(Prospective Students)
- 1:00 Prospective Student Meet and Greet sponsored by the Student Government Association
(Prospective Students)

Program will be over about 2:30 pm. For more information, visit their website:
<http://www.publichealth.pitt.edu/openhouse>.

School of Health and Rehabilitation Sciences Open House
Saturday, November 7, 2009

10:00 a.m.—1:00 p.m.

Forbes Tower

Atwood Street

(Directly behind Starbucks on Atwood Street)

Register online: www.shrs.pitt.edu/openhouse

Take this opportunity to meet with our faculty, staff and students. Tour our facilities and learn firsthand about our programs and the career opportunities they offer.

Undergraduate and Graduate programs available in:

- Athletic Training (BS)
- Clinical Dietetics and Nutrition (BS, CMD)
- Communication Science & Disorders (BA, MA/MS, AuD, CScD, PhD)
- Emergency Medicine (BS)
- Health Information Management (BS)
- Master of Occupational Therapy (MOT)
- Doctor of Physical Therapy (DPT)
- Physician Assistant Studies (MS)
- Prosthetics and Orthotics (MS)
- Rehabilitation Science (BS)
- MS in Health & Rehabilitation Sciences with concentrations in:
 - Clinical Dietetics and Nutrition
 - Health Information Systems
 - Health Care Supervision and Management
 - Occupational Therapy
 - Physical Therapy
 - Rehabilitation Counseling
 - Rehabilitation Science and Technology
 - Sports Medicine
 - Wellness and Human Performance

For more information, contact:

SHRS Office of Recruitment

4022 Forbes Tower

Pittsburgh, PA 15260

Phone: (412) 383-6556

Web: www.shrs.pitt.edu

University of Pittsburgh

Scholarship announcement

SOPHOMORES AND JUNIORS! Please consider applying for The Barry M. Goldwater Scholarship - <http://www.act.org/goldwater>.

This nationally competitive award is for students with excellent academic records and demonstrated interest in and potential for careers in mathematics, the natural sciences, or engineering. Information session and award details are below.

INFORMATION SESSION on GOLDWATER SCHOLARSHIP:

When: Thursday, October 22, 2009

Where: CL 35th floor classroom, Honors College

Time: 4pm

G. Alec Stewart, Dean of the Honors College and Professor of Physics is the Goldwater campus representative. At the info session Dean Stewart will describe this award and the profile of a competitive candidate.

Judy Zang, Director of National Scholarships, will give you details of the campus process, application components, timeline and campus deadline.

GOLDWATER SCHOLARSHIP DETAILS

The scholarship covers eligible expenses for tuition, fees, books, and room and board to a maximum of \$7,500 per academic year. Sophomore scholarship recipients can expect to receive a maximum of two years of scholarship support. Junior scholarship recipients are eligible for a maximum of one year of scholarship support.

Eligibility:

- * Sophomore or Junior
- * Preferably not less than an A in major
- * US citizen, US national or permanent resident
- * Demonstrated an interest in a career in mathematics, natural sciences, or engineering

To Apply:

- * Begin online application: <http://www.act.org/goldwater>
- * Students must participate in the campus selection process by submitting a hardcopy of ALL materials (as described on the website--including recommendation letters, high school and college transcripts, application, research essay, etc) to Judy Zang by 5:00 PM on the campus deadline: December 12th, 2008. Well before the campus deadline, however, students are expected to meet with Judy Zang and work with their faculty for advice and guidance on the application and research essays.
- * University of Pittsburgh may nominate up to four students for this award. After the selection process, the 4 nominees will have until mid-January to finalize their applications.
- * If interested in applying, contact Judy Zang right away jaz36@pitt.edu; 4x6881.

Campus Spotlight: The University Counseling Center

The University Counseling Center

What they offer: The Center's staff is dedicated to assisting students in their pursuit of personal and academic growth, to helping students gain a better understanding and appreciation of themselves, and to supporting students as they make important decisions about their lives.

Can counseling be helpful to me?

Yes! The following list contains some of the most common concerns voiced by students who go to the Counseling Center for help. Keep in mind that, at times, all of us will have experiences like those described in the items. Normally, these problems are relatively temporary, and we recover fairly quickly. But if you see yourself in a number of the items, or if even one problem is significant enough to disrupt your life, it might be a good idea to call or drop by the Counseling Center and make an appointment for personal or group counseling:

- Difficulty adjusting to life at Pitt
- Anxiety related to academic work
- Concerns over whether or not you're in the right major
- Change in sleeping or eating patterns
- Having panic attacks or experiencing intense anxiety for no apparent reason
- Having suicidal thoughts
- Use of alcohol or drugs causing personal and/or academic problems for you
- Sexual abuse or concerns about sexuality issues
- Difficulty coping with death
- Click [here](#) for a more complete list

Each year, the Counseling Center provides personal and academic counseling to nearly 2,000 undergraduate and graduate students at the University of Pittsburgh. The Center is staffed by psychologists, counselors, social workers, a psychiatrist, and pre-doctoral interns, and the services rendered to students are *free and confidential*.

Office Location: 334 William Pitt Union

Hours: Appointments and Walk-in available

Fall and Spring Terms: Mon, Weds 8:30am-9pm; Tues, Thurs, Friday 8:30am-5pm

Summer: Monday-Friday 8:30am-5:00pm

Phone: 412-648--7930

Other information: One should not feel ashamed or embarrassed by utilizing the Counseling Center. The fact that so many students seek out their services reflects just how common these issues are. Counseling sessions are normally scheduled on a weekly, biweekly, or monthly basis depending upon the nature of the problem, with sessions normally lasting about 50 minutes.

Click [here](#) to visit the Counseling Center's website and find out more information about what the Counseling Center can do for you.

Psychology Advising Office

3117 Sennott Square

412-624-4540

Office Hours: Monday-Thursday 9-4, Friday 9-12

Walk-in Hours: Monday-Thursday 10-2, Friday 9-12